



ON SALE 11TH SEPTEMBER 2024

\$2.50
ea



Australian Iceberg Lettuce



Hot PRICE!



Grown in Australia



\$20
kg

Australian Beef Rump Steak

Serving suggestion

IGA WHERE THE *locals* MATTER



\$3
ea
SAVE \$3

Kettle Potato Chips 150-165g Selected Varieties

1/2 PRICE



Peters Drumstick 4 Pack or Minis 6 Pack Selected Varieties

\$4.75
ea
SAVE \$4.75



Rustica by McCain Stone Baked Pizza 335-450g Selected Varieties

\$6.60
ea
SAVE \$4.40



\$20
ea
SAVE \$17.50

Pepsi, Solo or Schweppes 24x375mL Selected Varieties \$2.22 per Litre

SEE INSIDE FOR MORE SAVINGS



NEVER MISS A 1/2 PRICE SPECIAL
Scan & subscribe to save!

**50% OFF
TRESemmé[^]**
\$8 ea
SAVE \$8

TRESemmé Shampoo or Conditioner 940mL Selected Varieties
[^]excludes Travel Size & Low Prices Every Day
85¢ per 100mL



\$14.50 ea
SAVE \$14.50

Dynamo Professional Laundry Liquid 2 Litre Selected Varieties
\$7.25 per Litre

**1/2
PRICE**



\$11 ea
SAVE \$11

Huggies Nappy Pants 24-36 Pack Selected Varieties



\$2.75 ea
SAVE \$2.75

Darrell Lea 168-280g or Life Savers 150g Share Pack Selected Varieties



\$1.92 ea
SAVE \$1.93

Coca-Cola, Sprite or Fanta 1.25 Litre Selected Varieties
\$1.54 per Litre

SEE INSIDE FOR MORE SAVINGS



Cheer Cheese Slices 32 Pack Selected Varieties
\$20 per kg

\$10 ea
HOT BUY



Patties Party Pack 30 Pieces
\$1.08 per 100g

\$13.50 ea
SAVE \$5.40



Purina Fancy Feast Wet Cat Food 85g Selected Varieties
\$1.18 per 100g

MULTI-BUY
5 for \$5
HOT BUY

VISIT iga.com.au or CALL 1800 622 579 for details of your nearest store and other great offers

f LIKE US IGAAustralia

✉ SUBSCRIBE to receive the latest offers and promotions iga.com.au/newsletter

Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit iga.com.au/pricematch. Specials not available at IGA X-press. Liquor products available only at IGA Plus Liquor stores. Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors. Pricing and specials not available via 3rd party online delivery platforms.



ON SALE 11TH SEPT 2024



— ENTERTAINING *Faves* —

1/2 PRICE

WIN \$500

\$2.40 ea

SAVE \$2.40

Doritos Corn Chips
150-170g Selected Varieties

\$11.40 ea

SAVE \$7.60

Fanta, Coca-Cola, Sprite or Mount Franklin Lightly Sparkling Water
10x375mL Selected Varieties
\$3.04 per Litre

\$3.50 ea

HOT BUY

Smith's Chips 150-175g, Twisties 125-270g, Cheetos 150-190g, Burger Rings 220g or Tasty Toobs 150g Selected Varieties

\$6.40 ea

SAVE \$2.75

Coca-Cola 4x330mL Selected Varieties
\$4.85 per Litre

\$4 ea

SAVE \$2

Cadbury Sharepack
144-180g Selected Varieties

\$4.20 ea

SAVE \$1.80

M&M's 120-180g, Pods 160g, Maltesers 120-140g or Skittles 120-200g Share Pack Selected Varieties

\$4 ea

SAVE 70¢

Arnott's Gluten Free or 50% Less Sugar Crackers or Biscuits 110-232g Selected Varieties

Greening Australia **IGA**

BUY ONE GET ONE TREE

Buy any participating product, and we'll plant a native Australian tree where it's needed most. Help us to reach our goal of planting 35,000 trees.

11 SEPTEMBER - 1 OCTOBER 2024

Visit iga.com.au/treesmatter to see all participating products

Metcash Food & Grocery Pty Ltd (ABN 67 004 391 422) will purchase one plant per participating product sold at participating outlets during the period 11 September to 1 October 2024, up to a maximum of 35,000 plants across all participating products. See in-store for participating product details. Planting will be in partnership with Greening Australia Ltd (ABN 40 002 963 788) L3, 349 Collins St, Melbourne VIC 3000. Phone: 1300 886 589. Web: www.greeningaustralia.com.au

*Full T&Cs at www.scoreatyourlocal.com.au apply. Open to AU res 18+. Starts 12:00am AEST 21/08/24, ends 11:59pm AEST 09/10/24. Max 1 entry p/product, max 5 entries p/person p/day & max 5 entries p/purchase transaction. Retain receipt/s. Promoter: The Smith's Snackfood Company Pty Ltd. NSW TP/00653, ACT. TP24/ 01001, SA T24/ 781.

— ENTERTAINING *Faves* —



\$7.50
ea
SAVE \$3

Connoisseur Gourmet Ice Cream 4 Pack or Mini 6 Pack Selected Varieties



\$5
ea
SAVE \$2.50

McCains Pickers 230-350g Selected Varieties



\$5
ea
SAVE \$2.50

Chiko Original Rolls 4 Pack 77c per 100g



\$7
ea
SAVE \$3

Mrs Mac's Pies or Giant Sausage Rolls 4 Pack Selected Varieties



\$6.40
ea
SAVE \$1.60

I&J Calamari, Squid or Fish Tenders 250-360g Selected Varieties



\$4.50
ea
HOT BUY

Ingham's Chicken Breast Tenders 400g Selected Varieties \$11.25 per kg



— GREAT *Specials* —

50% OFF BRUT
\$3.75 ea
SAVE \$3.75



Brut Original
 Anti-perspirant or
 Body Spray 130g
 Selected Varieties
 \$2.88 per 100g



Dove Beauty Cream Bar
 2x90g Selected Varieties
 \$1.36 per 100g

BUY THIS PRODUCT FOR A CHANCE TO WIN a Trolley Dash!
\$2.45 ea
SAVE \$2.45



\$1.25 ea
SAVE \$1.25

Maggi Cup Noodles
 58-65g Selected Varieties

50% OFF BIC MENS
\$3.10 ea
SAVE \$3.10



BIC Comfort 3 Advance
 Shavers 4 Pack
 78c each

1/2 PRICE



Uncle Tobys Plus 410-435g or
 Nestle Milo Cereals 330-350g
 Selected Varieties



SunRice 90 Seconds
 Microwave Rice 250g
 Selected Varieties
 70c per 100g

\$1.75 ea
SAVE \$1.75



Nescafe Coffee Sachets 8-10 Pack
 Selected Varieties



\$3.80 ea
SAVE \$3.80



Powerade or Powerade Active Water 600mL
 Selected Varieties
 \$3.50 per Litre

\$2.10 ea
SAVE \$2.10



Bertolli Olive Oil 750mL
 Selected Varieties
 \$1.73 per 100mL

\$13 ea
SAVE \$13



Cadbury Medium Bars 30-50g,
 Rolls 40-55g,
 Toblerone 50g or
 Turkish Delight 50g
 Selected Varieties

\$1.25 ea
SAVE \$1.25

— PICK OF THE *Crop* —



Grown in Australia

MULTI-BUY
2 \$6 for
125G PUNNET

Single Sell \$3.50
 \$24 per kg

Australian
BLUEBERRIES 125G

Grown in Australia

Australian Pink Lady Apples

\$4 kg

Grown in Australia

Australian Navel Oranges

\$3 kg

Grown in Australia

Australian Iceberg Lettuce

\$2.50 ea

Grown in Australia

Australian Carrots

\$2 kg

Mashing, Chipping or Low Carb
 1.5kg Potatoes
 \$3 per kg

\$4.50 ea
1.5KG PACK

\$6 ea

community Co

PROUDLY GIVES BACK TO LOCAL COMMUNITIES THROUGH

Community Co Crunchy Noodle Salad Kit 450g
 \$10.67 per kg

\$4.80 ea
SAVE 50%

Community Co Creamy Ranch Kit 350g
 \$15.14 per kg

\$5.30 ea
SAVE 50%

Community Co Baby Potatoes with Herb Butter 400g
 \$12 per kg

\$4.80 ea
SAVE 50%



— WHAT'S FOR *Dinner?* —

Try our *delicious* Steak with Mushroom Sauce recipe
Visit IGA.COM.AU/RECIPES

\$24 kg

Australian
**BEEF ECONOMY
SCOTCH FILLET STEAK**

Grown in Australia

\$15 kg

Grown in Australia

Australian Lamb Forequarter Chops

\$20 kg

Grown in Australia

Australian Beef Rump Steak

\$19 kg

AUSTRALIAN PORK

Australian Pork Medallion Steaks

\$6 kg

Grown in Australia

Australian Fresh Chicken Wings

\$10⁵⁰ ea

Slape & Sons BBQ Pack 800g
\$13.13 per kg

\$19 ea

Global Seafoods Cooked Prawn Cutlets Tail On 500g (Imported Product)
\$38 per kg

SAVE \$4

— DELI & BAKERY *Delights* —



\$1.80 PER 100G
\$18 kg

Streaky Bacon*



\$2.40 PER 100G
\$24 kg

Ham Off the Bone Sliced or Shaved*



\$2 PER 100G
\$20 kg

Cabanossi*



80¢ PER 100G
\$8 kg

Devon Sliced*



\$5.50 ea
 SAVE \$1

Lemnos Fetta Traditional or Reduced Fat 180g \$30.56 per kg



MULTI-BUY
2\$5 for

Golden Crumpet Rounds 6 Pack Selected Varieties Single Sell \$4.40 \$1.47 per 100g



\$3.50 ea

Country Delight Snowballs 8 Pack 200g \$1.75 per 100g



\$5 ea
 LOW PRICE

Tip Top Café Toast 500-650g Selected Varieties



\$5.50 ea

Helga's Lawson's Bread 700-750g Selected Varieties



\$5 ea

Helga's Lower Carb or Prebiotic Bread 700-750g Selected Varieties



\$4.90 ea
 LOW PRICE

Helga's Bread 650-850g Selected Varieties

*Item available in selected stores
 View stores at www.iga.com.au/nsw-deli-stockists or scan here
 Excludes ACT Stores





— FILL UP THE *Pantry* —



Cheezels or Chickadees Box 110-125g Selected Varieties

\$2.80 ea

SAVE 70¢



Maximus Sports Drink 1 Litre Selected Varieties \$2.40 per Litre

\$2.40 ea

SAVE \$1.35



V Energy Drink 4x500mL Selected Varieties \$5.60 per Litre

\$11.20 ea

SAVE \$4.80



Arnott's Salada Crackers 250g Selected Varieties \$1.20 per 100g

\$3 ea

SAVE \$1



Schweppes Mixers or Soft Drinks 1.1 Litre Selected Varieties \$1.82 per Litre

\$2 ea

SAVE \$1



Coca-Cola 30x375mL Selected Varieties \$2.52 per Litre

\$28.30 ea

SAVE \$18.90



Oreo Mini 204g, Oreo Original 248g or In A Biskit 168g Selected Varieties

\$3.50 ea

SAVE \$1.50



Arnott's Cream Favourites Biscuits 500g \$1.10 per 100g

\$5.50 ea

HOT BUY



Mount Franklin Lightly Sparkling Water 1.25 Litre Selected Varieties \$1.48 per Litre

\$1.85 ea

SAVE \$1.25



Nestlé Chocolate Block 118-180g Selected Varieties

\$4 ea

SAVE \$2



Nestlé Fun Size 11 Pack Selected Varieties

\$4.20 ea

SAVE \$1.80



The Natural Confectionery Co. 130-230g, Pascall 180-280g or Sour Patch Kids Bag 190g Selected Varieties

\$3.50 ea

SAVE \$1.50

— FILL UP THE *Pantry* —



\$18 ea
HOT BUY

Nescafé Blend 43 Original or Espresso Instant Coffee 500g
\$3.60 per 100g



\$10 ea
SAVE \$3

Nestlé Milo Nourishing Energy Drink 700g
\$1.43 per 100g



\$8 ea
SAVE \$3.50

Nescafé Gold 90-100g or Blend 43 Instant Coffee 140-150g Selected Varieties



\$9.45 ea
SAVE \$4.05

Nescafé Gold Decaf, Green Blend or Short Black Instant Coffee 100g
\$9.45 per 100g



\$2 ea
SAVE 95¢

Sirena Tuna 95g Selected Varieties
\$21.05 per kg



\$4.30 ea
SAVE 70¢

Harvest Canned Meal 425g Selected Varieties
\$1.01 per 100g



\$11 ea
HOT BUY

Nescafé Gold Instant Coffee 180-200g Selected Varieties



\$2.80 ea
HOT BUY

Heinz Beans 555g or Spaghetti 535g Selected Varieties



\$2 ea
SAVE 80¢

Continental Cup A Soup 2 Serve Selected Varieties



\$2 ea
HOT BUY

CSR White Sugar 1kg
20¢ per 100g



— FILL UP THE *Pantry* —



\$5.50
ea
HOT BUY

Kellogg's Coco Pops 375g, Just Right 460g, Fruit Loops 265-285g or Rice Bubbles 410g Selected Varieties



\$7
ea
HOT BUY

Twinnings Tea Bags 50 Pack or Infusions 40 Pack Selected Varieties



\$4.40
ea
SAVE \$1.10

Kellogg's K-Time Baked Twists or Bakery Favourites 5 Pack Selected Varieties



\$4.80
ea
SAVE \$1.20

Old El Paso Stand 'N Stuff Tortilla Boats 8 Pack
\$2.49 per 100g



\$2.05
ea
SAVE 25¢

Pandaroo Rice Paper 150g
\$1.37 per 100g

— FRIDGE Faves —



\$4 ea
SAVE \$2.70

Primo Wood Smoked Short Cut Rindless Bacon 175g
 \$22.86 per kg



\$4 ea
HOT BUY

MeadowLea Spread 500g Selected Varieties
 80¢ per 100g



\$3.80 ea
SAVE \$1.10

Wicked Sister Desserts 2 Pack Selected Varieties



\$7.50 ea
SAVE \$2.50

Flora ProActiv Spread 450-500g Selected Varieties



\$4.40 ea
HOT BUY

Yoplait Yoghurt 1kg Selected Varieties
 44¢ per 100g



\$1.95 ea
SAVE 65¢

Dairy Farmers Thick & Creamy Yoghurt 140-150g Selected Varieties



\$1.50 ea
HOT BUY

Vaalia Kids Probiotics Yoghurt 140g Selected Varieties
 \$1.07 per 100g



— FRIDGE & FREEZER *Faves* —



Connoisseur
Gourmet
Ice Cream 1 Litre
Selected Varieties
90¢ per 100mL

\$9 ea
SAVE \$3



McCain Pizza Slices 540-600g
Selected Varieties

\$7.20 ea
SAVE \$1.80



Oreo or Nestlé Milo
Ice Cream 1.2 Litre
54¢ per 100mL

\$6.50 ea
HOT BUY



Bulla Creamy Classics
Ice Cream 2 Litre
Selected Varieties
40¢ per 100mL

\$8 ea
SAVE \$3



Birds Eye Golden
Crunch Chips 900g
Selected Varieties
\$5 per kg

\$4.50 ea
SAVE \$1.30



Weis Ice Cream Bar
4 Pack or Mini 6 Pack
Selected Varieties

\$6.50 ea
SAVE \$3



Birds Eye Australian
Snap Frozen Garden
Peas, Sliced Green
Beans or Corn
Kernels 500g
\$5.60 per kg

\$2.80 ea
SAVE 60¢



Birds Eye
Snap Frozen
Vegetables 500g
Selected Varieties
\$6 per kg

\$3 ea
SAVE \$1



Philadelphia Sweet
Chilli Pourover 250g
\$14 per kg

\$3.50 ea
SAVE \$1



Primo Stackers 45-57g
or Trios 47-54g
Selected Varieties

\$3.50 ea
SAVE \$1



Dare Iced
Coffee 750mL
Selected Varieties
\$5.73 per Litre

\$4.30 ea
SAVE \$1.05

Aus. res. 18+ only. Starts 28/8/24 12:01am AEST. Ends 24/9/24 11:59pm AEST. Keep receipt(s). Max 1 entry per transaction. Weekly Draws: 5pm AEST, 4/9/24, 11/9/24, 18/9/24, 25/9/24, Plexus, Level 4, 411 Collins Street, Melbourne VIC 3000. Prizes: 150 x opportunity to play the Trolley Dash Game (39 prizes for Weekly Draws 1-3; 33 prizes for Weekly Draw 4) (with up to \$500 in participating brand products to be won). Max 1 prize/person (excl. SA). Winners published at <https://www.trolleydash2024.com.au> by 1/10/24. Promoter: Unilever Australia Group ABN 13614413179, 219 North Rocks Rd, North Rocks NSW 2151. See <https://www.plexus.co/terms/trolley-dash-2024> for Terms and Conditions. NSW Authority No. TP/03403. Permit No. ACT TP 24/0162 & SA T24/914.

— HOUSEHOLD & *Cleaning* —



NEW



\$10⁵⁰
ea
HOT BUY

OMO 3 in 1 Capsule
17 Pack Selected Varieties
62¢ each

Bref Rim Block
Toilet Cleaner
42-50g or Gel
600-700mL
Selected Varieties



1/2
PRICE

\$3⁵⁰
ea
SAVE \$3.50

Palmolive Ultra
Dishwashing Liquid 950mL
Selected Varieties
45¢ per 100mL



\$4²⁵
ea
SAVE \$4.25

30% OFF
GLEN 20[^]



Glen 20 Disinfectant Spray
300g Selected Varieties*

*excludes Travel Size,
Twin Pack & Price Match
\$2.22 per 100g

\$6⁶⁵
ea
SAVE \$2.85



Earth Choice Dishwashing Tablets 42 Pack
32¢ each

\$13⁵⁰
ea
SAVE \$4.30



Drano Bathroom
or Kitchen Max
Gel 770mL
\$1.73 per 100mL

\$13³⁰
ea
SAVE \$3.40



White King Premium
Bleach 2.5 Litre
Selected Varieties
\$1.46 per Litre

\$3⁶⁵
ea
SAVE \$1.15



Windex Glass
Cleaner Spray 500mL
Selected Varieties
60¢ per 100mL

\$3
ea
SAVE \$2

* Always read the label and follow the directions for use.



HEALTH, BEAUTY & *Home*

BUY THIS PRODUCT FOR A CHANCE TO WIN a Trolley Dash!

OMO Laundry Liquid 2 Litre, Powder 2kg or 3 in 1 Laundry Capsule 28 Pack Selected Varieties

1/2 PRICE

Dettol Antibacterial Handwash 500mL Selected Varieties
55¢ per 100mL

\$14 ea

SAVE \$14

\$2.75 ea

SAVE \$2.75

Kleenex Complete Clean Toilet Tissue 18 Pack
31¢ per 100 sheets

\$10 ea

HOT BUY

Palmolive Dishwashing Liquid 500mL Selected Varieties
60¢ per 100mL

\$3 ea

LOW PRICE

BUY THIS PRODUCT FOR A CHANCE TO WIN a Trolley Dash!

Rexona Antiperspirant Spray 250mL Selected Varieties
\$2 per 100mL

\$5 ea

HOT BUY

VIVA Paper or Cooking Towel 3 Pack Selected Varieties

\$3.50 ea

HOT BUY

Glad Wavetop Tie Multi-Purpose 80 Litre Extra Large Bags 30 Pack
20¢ each

\$6 ea

SAVE \$3

30% OFF

CAREFREE[^]

Carefree Flexia Super Tampons 16 Pack*
^excludes Low Prices Every Day
28¢ each

\$4.55 ea

SAVE \$1.95

Sorbent Thick & Large Tissues 95 Pack Selected Varieties
\$1.84 per 100 units

\$1.75 ea

HOT BUY

Colgate Toothpaste Sensitive Pro Relief 110g or Optic White 85-125g, Toothbrush 1-6 Pack or Plax 1 Litre Selected Varieties**

\$8 ea

HOT BUY

Polident Denture Adhesive Cream Fresh or Flavour Free 60g
\$18.17 per 100g

\$10.90 ea

SAVE \$2.75

Panadol Rapid Caplets 20 Pack***
28¢ each

\$5.50 ea

SAVE \$1

NUROFEN Zavance Ibuprofen 200mg Liquid Capsules 10 Pack***
48¢ each

\$4.75 ea

LOW PRICE

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- BABY & Pet -



BabyLove Nappy Pants 22-34 Pack Selected Varieties

\$19⁵⁰ ea
LOW PRICE



Heinz Baby Food Pouches 120g Selected Varieties \$1.11 per 100g Single Sell \$1.60

MULTI-BUY
3 \$4 for
HOT BUY



Huggies Baby Wipes 70-80 Pack Selected Varieties

\$4 ea
HOT BUY



Schmackos Strapz 200g Selected Varieties \$2.80 per 100g

\$5⁶⁰ ea
SAVE \$2.40



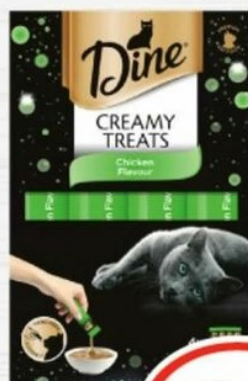
Pedigree Dentastix Daily Oral Care 7 Pack Selected Varieties

\$5⁶⁰ ea
SAVE \$1.40



Supercoat Smart Blend Dry Dog Food 6.7-7kg Selected Varieties

\$24⁵⁰ ea
SAVE \$11.50



Dine Creamy Treats 4x12g Selected Varieties \$5.83 per 100g

\$2⁸⁰ ea
SAVE \$1.20



Dine Desire Wet Cat Food 85g Selected Varieties \$1.76 per 100g

\$1⁵⁰ ea
SAVE \$1



V.I.P. Chunkers Dog Food 1kg Selected Varieties (From the Meat Dept) 48c per 100g

\$4⁸⁰ ea
SAVE \$1.20

- BABY & Pet -



BabyLove Nappy Pants 22-34 Pack Selected Varieties

\$19⁵⁰ ea
LOW PRICE



Heinz Baby Food Pouches 120g Selected Varieties \$1.11 per 100g Single Sell \$1.60

MULTI-BUY
3 \$4 for
HOT BUY



Huggies Baby Wipes 70-80 Pack Selected Varieties

\$4 ea
HOT BUY



Schmackos Strapz 200g Selected Varieties \$2.80 per 100g

\$5⁶⁰ ea
SAVE \$2.40



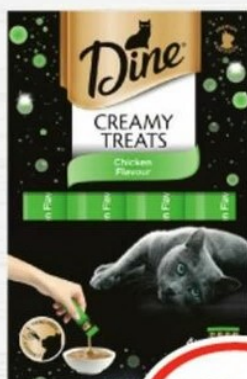
Pedigree Dentastix Daily Oral Care 7 Pack Selected Varieties

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SAVE \$1.20