

NSW ON SALE Wed 18 Sep to Tue 24 Sep 2024  
See page 26 for details

Contactless collect

Contactless delivery

Shop in store

# COLES

Great value. Hands down.



**\$12**<sub>kg</sub>  
SAVE \$3<sub>kg</sub>  
WAS \$15<sub>kg</sub>

Coles Australian Lamb Whole or Half Leg Roast  
Product sold uncooked



Serving suggestion only

S M E G

## New SMEG range to collect

Spend \$20 in one transaction and scan your Flybuis to earn one Kitchen Knife credit



See page 4 for T&Cs



**\$2.40**<sub>ea</sub>  
SAVE \$2.40  
WAS \$4.80

Doritos Corn Chips  
150g-170g or XXL 150g



**\$1.75**<sub>ea</sub>  
SAVE \$1.75  
WAS \$3.50

Cheezels 110g-125g



**\$4.75**<sub>ea</sub>  
SAVE \$4.75  
WAS \$9.50

Peters Drumstick  
4 Pack-6 Pack  
475mL-490mL



**\$7.25**<sub>ea</sub>  
SAVE \$7.25  
WAS \$14.50

Kirks Soft Drink  
10x375mL  
\$1.93 per litre

# 1/2 PRICE



**\$1<sup>25</sup>**  
ea

SAVE \$1.25  
WAS \$2.50

Fantastic Noodle Cup or Bowl  
70g-85g



**\$2<sup>10</sup>**  
ea

SAVE \$2.10  
WAS \$4.20

Powerade Sports Drink or Active  
Water 600mL \$3.50 per litre



**\$2<sup>20</sup>**  
ea

SAVE \$2.20  
WAS \$4.40

McVitie's Digestives Plain or  
Chocolate Biscuits 266g-355g



**\$3<sup>80</sup>**  
ea

SAVE \$3.80  
WAS \$7.60

Nescafé Coffee Sachet  
8 Pack-10 Pack



NEW  
at coles  
Exclusive

**\$7<sup>50</sup>**  
ea

SAVE \$7.50  
WAS \$15

Huggies Ultra Dry Convenience  
Nappy Pants 12 Pack-15 Pack



**\$28<sup>50</sup>**  
ea

SAVE \$28.50  
WAS \$57

Finish Ultimate Dishwashing  
Tablets 50 Pack \$0.57 per each

## 100% Aussie Apples

**\$3<sup>90</sup>**  
kg

DOWN DOWN  
WAS \$4.90kg  
AUG 2024

Australian Granny Smith Apples



# 1/2 PRICE



**NEW  
FLAVOUR**

**\$1.25**  
ea

**SAVE \$1.25**  
WAS \$2.50

Cadbury Chocolate Bar  
30g-55g



**NEW  
FLAVOUR**

**\$1.40**  
ea

**SAVE \$1.40**  
WAS \$2.80

Oreo Cream Biscuits  
128g-135g



**\$1.40**  
ea

**SAVE \$1.40**  
WAS \$2.80

Fantastic Delites Snack  
Rice Crackers 100g  
\$1.40 per 100g



**\$2.75**  
ea

**SAVE \$2.75**  
WAS \$5.50

Jack Link's Beef Jerky 50g  
\$55.00 per kg



**\$3**  
ea

**SAVE \$3**  
WAS \$6

Arnott's Treatles Biscuit Bites 90g  
\$3.33 per 100g



**\$8**  
ea

**SAVE \$8**  
WAS \$16

Toblerone 360g  
\$2.22 per 100g.  
On sale for 2 weeks



**\$9**  
ea

**SAVE \$9**  
WAS \$18

Cadbury Roses 420g  
\$2.14 per 100g



**\$11**  
ea

**SAVE \$11**  
WAS \$22

Cadbury Favourites 520g or  
Lindt Lindor Gift Box 232g-235g



**ONLY  
at COLES**

**\$15**  
ea

**SAVE \$15**  
WAS \$30

Ferrero Rocher Diamond  
Gift Box 300g \$5.00 per 100g.  
On sale for 2 weeks

S M E G

**New**  
**SMEG range**  
**to collect**

Spend \$20 in one transaction and scan your  
Flybuys to earn one Kitchen Knife credit\*\*

Flybuys



\*\*Spend \$20 in one transaction in-store or online at Coles (after savings and discounts have been applied) and scan your Flybuys to receive one Kitchen Knife credit. Earn credits until 7/1/25 and redeem credits (excludes Coles app) by 21/1/25 or while stocks last. \$20 spend excludes the purchase of Coles Insurance products, Coles Express, Coles Best Buy Online Exclusive, DoorDash, UberEats, iTunes cards, gift cards, mobile phone and mobile phone plans, recharge, Opal top up, calling cards, charity products, liquor, tobacco, tobacco related product purchases, subscriptions, and delivery fees. Knives are unavailable in selected stores. For further information please refer to the full T&Cs - Full T&Cs apply - coles.com.au/smeg-terms

S M E G

# Collect the SMEG range sooner

- 1 Spend \$20 in one transaction
- 2 Purchase a selected product from a participating brand
- 3 Scan your Flybuys 
- 4 Earn a bonus Kitchen Knife credit\*

Get a bonus credit when you purchase a selected product from a participating brand\*



BOTANICA



Excludes items from the deli counter

Includes crackers only

\*Spend \$20 in one transaction, scan your Flybuys and receive one Bonus Kitchen Knife credit when you also purchase a selected product from a participating brand or product range. Limit of one Bonus Kitchen Knife credit applies per brand, per transaction. \$20 spend excludes the purchase of Coles Insurance products, Coles Express, Coles Best Buy Online Exclusive, DoorDash, UberEats, iTunes cards, gift cards, mobile phone and mobile phone plans, recharge, Opal top up, calling cards, charity products, liquor, tobacco and tobacco related product purchases, subscriptions, and any delivery charges. Earn credits until 7/1/25 and redeem credits (excludes Coles app) by 21/1/25 or while stocks last. Knives are unavailable in selected stores. For further information please refer to the full T&Cs - [coles.com.au/smeg-terms](https://coles.com.au/smeg-terms)

# 1/2 PRICE



**\$2.75**  
ea  
SAVE \$2.75  
WAS \$5.50

Nice & Natural Nut Bars  
180g-192g



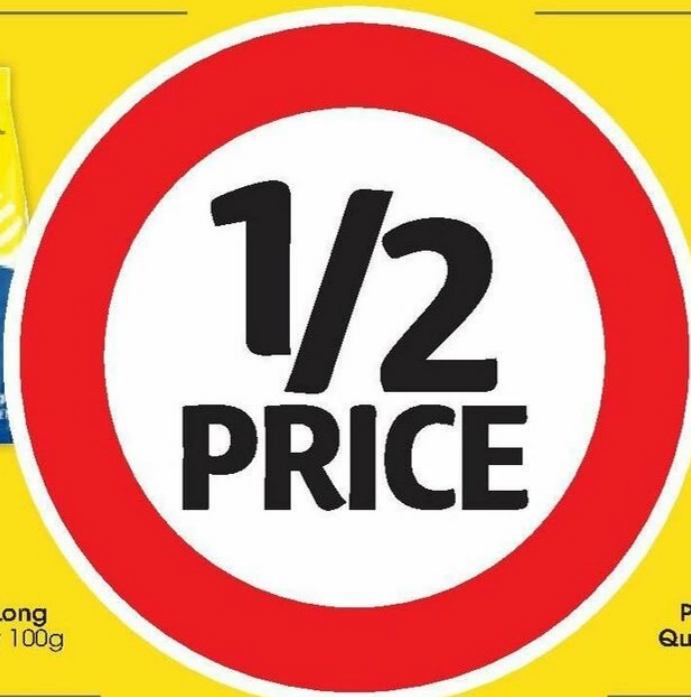
**\$2.75**  
ea  
SAVE \$2.75  
WAS \$5.50

Heinz Seriously Good Aioli or Mayonnaise  
295ml \$0.93 per 100ml



**\$1.50**  
ea  
SAVE \$1.50  
WAS \$3

Sunrice Premium White Long  
Grain Rice 1kg \$0.15 per 100g



**\$1.90**  
ea  
SAVE \$1.90  
WAS \$3.80

Pureharvest Organic Coco  
Quench Coconut Milk 1 Litre  
\$1.90 per litre



**\$3**  
ea  
SAVE \$3  
WAS \$6

Maggi Mug Noodles  
4 Pack 232g-240g



**\$11.50**  
ea  
SAVE \$11.50  
WAS \$23

Maharajah's Choice Basmati  
Rice 5kg \$0.23 per 100g



**\$2.45**  
ea  
SAVE \$2.50  
WAS \$4.95

Fantastic Instant Noodles 700g  
\$0.35 per 100g

# 1/2 PRICE



**\$2**  
ea

SAVE \$2  
WAS \$4



Four'N Twenty Traveller Microwaveable  
Classic Pie 160g \$1.25 per 100g



**\$3.50**  
ea

SAVE \$3.50  
WAS \$7

Borg's Gozleme Feta & Spinach 300g  
\$1.17 per 100g



**\$3.75**  
ea

SAVE \$3.75  
WAS \$7.50

Pasta Italia Pasta Sauce 400g  
\$0.83 per 100g



**\$4.25**  
ea

SAVE \$4.25  
WAS \$8.50

Hong Kong Dim Sim Kitchen Pork  
& Chive Dumplings 300g  
\$1.42 per 100g



**\$5.50**  
ea

SAVE \$5.50  
WAS \$11

Haldirams Cocktail Samosa  
500g \$1.10 per 100g



**\$5**  
ea

SAVE \$5  
WAS \$10

Reese's, Hershey's or Violet  
Crumble Ice Cream 4 Pack  
360mL-440mL



**\$4.75**  
ea

SAVE \$4.75  
WAS \$9.50

Hershey's or Reese's Ice Cream  
1 Litre \$0.48 per 100mL



**\$4.75**  
ea

SAVE \$4.75  
WAS \$9.50

Peters Drumstick 4 Pack-6 Pack  
475mL-490mL

# 1/2 PRICE



**\$7<sup>50</sup>**  
ea

**SAVE \$7.50**  
WAS \$15

Swisse Ultiboost Iron Tablets  
30 Pack \$25.00 per 100 each



**\$12<sup>50</sup>**  
ea

**SAVE \$12.50**  
WAS \$25

Swisse Ultiboost Liver  
Detox Tablets 60 Pack  
\$20.83 per 100 each



**\$14<sup>75</sup>**  
ea

**SAVE \$14.75**  
WAS \$29.50

Swisse Probiotic + Prebiotic  
Gummies 45 Pack or Calm +  
Sleep Gummies 60 Pack

**Bonus**  
Kitchen Knife  
credit\*

**Bonus**  
Kitchen Knife  
credit\*



**\$14<sup>75</sup>**  
ea

**SAVE \$14.75**  
WAS \$29.50

Swisse Ultiboost Zinc+ Tablets  
120 Pack \$12.29 per 100 each



**\$19<sup>75</sup>**  
ea

**SAVE \$19.75**  
WAS \$39.50

Swisse Beauty Hair Skin Nails+  
Tablets 100 Pack  
\$19.75 per 100 each



**\$19<sup>75</sup>**  
ea

**SAVE \$19.75**  
WAS \$39.50

Swisse Ultiboost Vitamin D  
Capsules 400 Pack  
\$4.94 per 100 each

\* See page 5 for T&Cs



**\$24<sup>75</sup>**  
ea

**SAVE \$24.75**  
WAS \$49.50

Swisse Ultiboost Magnesium  
Tablets 200 Pack  
\$12.38 per 100 each

**Bonus**  
Kitchen Knife  
credit\*



**\$29<sup>75</sup>**  
ea

**SAVE \$29.75**  
WAS \$59.50

Swisse Ultivite Multivitamin  
Tablets 100 Pack  
\$29.75 per 100 each



**\$17<sup>50</sup>**  
ea

**SAVE \$17.50**  
WAS \$35

Blackmores Probiotics+ Daily  
Health Capsules 30 Pack  
\$58.33 per 100 each

\* See page 5 for T&Cs



**\$18**  
ea

**SAVE \$18**  
WAS \$36

Blackmores Odourless Fish Oil  
Capsules 200 Pack  
\$9.00 per 100 each



**\$20**  
ea

**SAVE \$20**  
WAS \$40

Blackmores Bio Magnesium  
Tablets 150 Pack  
\$13.33 per 100 each



**\$20**  
ea

**SAVE \$20**  
WAS \$40

Blackmores Executive B Stress  
Formula Tablets 125 Pack  
\$16.00 per 100 each

This medicine may not be right for you. Read the label before purchase. Follow the directions for use. If symptoms persist, talk to your healthcare professional. Vitamin and mineral supplements should not replace a balanced diet.



# 1/2 PRICE



**\$4.25**  
ea  
SAVE \$4.25  
WAS \$8.50

L'Oréal Elvive Shampoo or Conditioner 300mL  
\$1.42 per 100mL



**Bonus**  
Kitchen Knife credit

**\$4.50**  
ea  
SAVE \$4.50  
WAS \$9

Colgate Sensitive Whitening or Multi Protection Toothpaste 110g \$4.09 per 100g.  
\*See page 5 for T&Cs



**\$5.50**  
ea  
SAVE \$5.50  
WAS \$11

Johnson's Baby Bedtime Bath or Shampoo 500mL  
\$1.10 per 100mL



**Bonus**  
Kitchen Knife credit

**\$6**  
ea  
SAVE \$6  
WAS \$12

Palmolive Naturals Body Wash 1 Litre \$0.60 per 100mL.  
\*See page 5 for T&Cs



**\$6**  
ea  
SAVE \$6  
WAS \$12

Dettol Pro Fresh Shower Gel 950mL \$0.63 per 100mL



**\$7.50**  
ea  
SAVE \$7.50  
WAS \$15

Hismile Cotton Candy or Barbie Toothpaste 60g \$12.50 per 100g.  
On sale for 2 weeks



**\$8.50**  
ea  
SAVE \$8.50  
WAS \$17

Hask Shampoo or Conditioner 355mL \$2.39 per 100mL



**\$10.50**  
ea  
SAVE \$10.50  
WAS \$21

L'Oréal Revitalift Vitamin C Cleanser 150mL \$7.00 per 100mL



**\$50**  
ea  
SAVE \$50  
WAS \$100

Oral B Pro 800 Electric Toothbrush 1 Pack



# 1/2 PRICE



**\$2<sup>25</sup>**  
ea  
SAVE \$2.25  
WAS \$4.50

Viva Paper Towel 2 Pack  
\$1.88 per 100 sheets



**\$3<sup>50</sup>**  
ea  
SAVE \$3.50  
WAS \$7

Harpic Colour In The Bowl 39g or  
Hygienic & Fresh Sticker 2 Pack



**\$4<sup>75</sup>**  
ea  
SAVE \$4.75  
WAS \$9.50

Morning Fresh Dishwashing  
Liquid 900mL \$0.53 per 100mL



**\$5<sup>75</sup>**  
ea  
SAVE \$5.75  
WAS \$11.50

Glen 20 Scentsations  
Disinfectant Spray 375g or  
Pine O Clean Scentsations  
Disinfectant Wipes 100 Pack



**\$5<sup>75</sup>**  
ea  
SAVE \$5.75  
WAS \$11.50

Finish Rinse & Shine Aid 500mL  
\$1.15 per 100mL



**\$8<sup>50</sup>**  
ea  
SAVE \$8.50  
WAS \$17

Botanica Plug In Fragrance  
Diffuser 19mL \$4.47 per 10mL.  
\*See page 5 for T&Cs

Bonus  
Kitchen Knife  
credit\*



**\$12**  
ea  
SAVE \$12  
WAS \$24

Cold Power Laundry Liquid  
2 Litre or Powder 2kg



**\$19**  
ea  
SAVE \$19  
WAS \$38

Tide Laundry 3 in 1 Pods  
31 Pack \$0.61 per each.  
\*See page 5 for T&Cs

Bonus  
Kitchen Knife  
credit\*



**\$25<sup>50</sup>**  
ea  
SAVE \$25.50  
WAS \$51

Finish Ultimate 0% Dishwashing  
Tablets 46 Pack \$0.55 per each

**WIN** a  
share of



- 1 Spend \$20 on cleaning products in one transaction.
- 2 Scan your Flybuys.
- 3 Receive an entry for a chance to win.



\*Competition dates 04/09/24 to 1/10/24. Entrants must be an AU res 18+ and a registered Flybuys member to participate. Excludes DoorDash, UberEats, Coles Express and all Coles Best Buys purchases. Entries drawn 8/10/24. Winners notified in writing (or via email). Full T&Cs available at [www.coles.com.au/20mflybuys-terms](http://www.coles.com.au/20mflybuys-terms) Promoter is Coles Supermarkets Australia Pty Ltd, 800 Toorak Road, Hawthorn East, Vic, 3123. Permits: ACT Permit TP24/01239, NSW Permit NTP/10129 and SA Permit T24/968

Great value. Hands down.

with Flybuys



# Want \$10 off your in-store Coles shop faster?

Activate your personalised Coles offers in the Coles or Flybuys app before you shop and collect bonus points to accelerate your way to money off your in-store shop.\*\*



Flybuys  
REDEEM  
2,000  
POINTS



\$10  
OFF

The quickest way to get to 2,000 points is to **activate your offers** in the Flybuys or Coles app and to **always scan your Flybuys**, even on the little shops!

Flybuys

\*\*Only Coles offers can be activated in the Coles app. Offers may have minimum spend thresholds and limits applied. Flybuys T&Cs apply. Flybuys Dollars may be used after savings and discounts and in-store only (excluding purchases of gift cards, iTunes cards, charitable donations, tobacco and tobacco related products). Flybuys points can be converted to Flybuys Dollars in multiples of 2,000 points only. Every 2,000 points equates to \$10 Flybuys Dollars. Flybuys Dollars may be used in-store only. Physical Flybuys card must be presented at checkout. Flybuys Standard, Rewards and Dollars T&Cs apply and can be found at flybuys.com.au.

# Great value. Hands down.



## For footy finals



Serving suggestion only



**\$12<sup>ea</sup>**  
**EVERY DAY**

Coles Beef Lasagne 1.8kg  
\$0.67 per 100g



**\$2<sup>90</sup>**  
**EVERY DAY**

Coles Kitchen Garlic Baguette  
Twin Pack 450g \$0.64 per 100g



**\$6<sup>pk</sup>**  
**DOWN DOWN**  
WAS \$7  
AUG 2024

Don Skinless Footy Franks 435g  
\$13.79 per kg

Ready to eat



**\$12<sup>ea</sup>**  
**EVERY DAY**

Coles Hot Roast RSPCA Approved  
Chicken Selected stores only\*



**\$5<sup>90</sup>**  
**SAVE \$6.05**  
WAS \$11.95

Tasmanian Heritage Double  
Cream Brie or Camembert  
200g \$29.50 per kg



**\$4<sup>20</sup>**  
**DOWN DOWN**  
WAS \$5  
AUG 2024

Black Swan Chunky Dip 150g  
\$2.80 per 100g

\*For locations of Deli counter stores visit [coles.com.au/range-availability](https://coles.com.au/range-availability)

**Great value. Hands down.**



**For footy finals**



**\$2<sup>50</sup>**  
ea  
**SAVE \$2.50**  
WAS \$5

Life Savers Candy  
150g-200g

**1/2  
PRICE**



**\$3**  
ea  
**SAVE \$3**  
WAS \$6

Kettle Potato Chips or  
Crafted Collection 150g-165g



**\$3<sup>50</sup>**  
ea  
**SAVE \$1.50**  
WAS \$5

Allen's Lollies 140g-200g



**\$4<sup>20</sup>**  
ea  
**SAVE \$1.80**  
WAS \$6

Skittles 120g-200g



**\$4**  
ea  
**SAVE \$2**  
WAS \$6

Nestlé Block Chocolate  
118g-180g



**\$11<sup>40</sup>**  
ea  
**SAVE \$7.60**  
WAS \$19

Coca-Cola, Fanta  
or Sprite Soft Drink  
12x300mL \$3.17 per litre



**\$23<sup>10</sup>**  
ea  
**SAVE \$15.40**  
WAS \$38.50

Coca-Cola Soft Drink  
24x375mL \$2.57 per litre



**\$8**  
ea  
**SAVE \$3**  
WAS \$11

V Energy Drink 4x250mL  
\$8.00 per litre



**\$9<sup>10</sup>**  
ea  
**SAVE \$6.10**  
WAS \$15.20

Monster Energy Drink  
4x500mL \$4.55 per litre

# Great value. Hands down.



## For footy finals



**\$4** ea  
SAVE \$1  
WAS \$5

Coles Bakery  
Tear & Share  
Selected stores only

Serving suggestion only



2 for  
**\$10**  
SAVE \$1.80

Coles Classic Burgers or Sausages  
400g-550g



**1/2**  
PRICE

**\$5.90** ea  
SAVE \$5.90  
WAS \$11.80

Charlottes Bakery Beef Pies  
2 Pack 400g \$1.48 per 100g



2 for  
**\$4**  
SAVE \$2

Schweppes Mixers, Soft Drink  
or Mineral Water 1.1 Litre  
\$1.82 per litre



**\$24** kg  
SAVE \$4/kg  
WAS \$28/kg

Coles Australian No Added  
Hormones Beef Rump Steak



**\$7** pk  
SAVE \$1  
WAS \$8

Coles RSPCA Approved Chicken  
Kebabs Honey & Soy 375g  
\$18.67 per kg. On sale for 2 weeks



# Great value. Hands down.



## For footy finals



**\$6<sup>70</sup>**  
ea  
**SAVE \$3**  
WAS \$9.70

Patties Party Pies 12 Pack  
560g \$1.20 per 100g

Serving suggestion only

**NEW FLAVOURS**

**\$3<sup>35</sup>**  
ea

**SAVE \$1.45**  
WAS \$4.80

Smith's Crinkle Cut or Double Crunch Potato Chips 150g-170g

**\$3**  
ea

**SAVE \$1.50**  
WAS \$4.50

Always Fresh Grissini or Crustini Crackers 120g-125g  
On sale for 2 weeks

**\$13**  
pk

**SAVE \$2.50**  
WAS \$15.50

**AUSTRALIAN MADE**

Coles RSPCA Approved Chicken Southern Fried Portions 1.2kg  
\$10.83 per kg

**2 for \$11**

**SAVE \$3.90**

Bundaberg Brewed Soft Drink  
4x375mL \$3.67 per litre

**2 for \$7**

**SAVE \$1**

Black Swan Favourites Dip 200g  
\$1.75 per 100g. 2nd week on sale

**\$6<sup>90</sup>**  
ea

**SAVE \$3**  
WAS \$9.90

Mersey Valley Cheese 235g  
\$29.36 per kg. On sale for 2 weeks

# Simply Footy



**\$2<sup>50</sup>**  
ea

**DOWN DOWN**  
WAS \$2.75 AUG 2024



Coles Simply Hamburger Rolls  
6 Pack 540g or Hot Dog Rolls  
6 Pack 450g



**\$4<sup>80</sup>**  
pk

**DOWN DOWN**  
WAS \$5.40  
AUG 2024



Coles Simply Thin BBQ  
Sausages 8 Pack 560g  
\$8.57 per kg



**\$11**  
pk

**DOWN DOWN**  
WAS \$12  
AUG 2024



Coles Simply Thin BBQ  
Sausages 24 Pack 1.8kg  
\$6.11 per kg



**\$4<sup>80</sup>**  
pk

**DOWN DOWN**  
WAS \$5.40  
AUG 2024



Coles Simply Thin BBQ Honey  
Sausages 8 Pack 560g  
\$8.57 per kg



**\$10<sup>50</sup>**  
pk

**DOWN DOWN**  
WAS \$11  
AUG 2024



Coles Simply BBQ Beef Burgers  
10 Pack 1kg \$10.50 per kg



**\$12**  
pk

**DOWN DOWN**  
WAS \$13  
AUG 2024



Coles Simply RSPCA Approved  
Chicken Burgers Plain Crumb  
1.2kg \$10.00 per kg



**\$3<sup>30</sup>**  
ea

**DOWN DOWN**  
WAS \$3.60  
AUG 2024

Coles Simply Garlic Bread  
Slices 270g \$1.22 per 100g



# Simply Savvy



**\$9**  
ea

**DOWN DOWN**  
WAS \$9.90 JUL 2024



Coles Simply Cheddar  
Cheese Block 1kg  
\$9.00 per kg



**\$3.50**  
ea

**EVERY DAY**

Coles Simply Food Containers  
300mL 4 Pack \$0.88 per each



**\$4.50**  
ea

**EVERY DAY**

Coles Simply Vanilla Flavoured  
Frozen Dessert 2 Litre  
\$0.23 per 100mL



**\$2.80**  
ea

**EVERY DAY**

Coles Simply Frozen Cut Beans  
1kg \$2.80 per kg



**95¢**  
ea

**EVERY DAY**

Coles Simply Tomato Paste  
170g \$0.56 per 100g



**\$4.60**  
ea

**EVERY DAY**

Coles Simply Sandwich Slices  
24 Pack 500g \$9.20 per kg



**\$2.80**  
ea

**DOWN DOWN**  
WAS \$3.65  
JUL 2024

Coles Simply Beef Lasagne  
375g \$0.75 per 100g

Serving suggestion only

\$2<sup>50</sup>  
ea

**DOWN DOWN**

WAS \$3.25 AUG 2024

Coles Bakery Stone Baked by Laurent Mini Pane di Casa  
Selected stores only

\$4  
ea

**SAVE 50¢**

WAS \$4.50

Tip Top Rolls 6 Pack  
450g-520g

\$4<sup>40</sup>  
ea

**SAVE \$1.10**

WAS \$5.50

Mission Wraps 8 Pack 567g  
\$0.77 per 100g

\$6  
ea

**DOWN DOWN**

WAS \$6.50  
AUG 2024

Coles Bakery Mixed Cookies  
24 Pack \$0.25 per each.  
Selected stores only

\$3<sup>25</sup>  
pk

**SAVE 50¢**

WAS \$3.75

Coles Bakery Continental Rolls  
3 Pack or 4 Pack  
Selected stores only

\$4<sup>50</sup>  
ea

**SAVE 70¢**

WAS \$5.20

Tip Top Raisin Toast 520g-600g  
2nd week on sale

Serving suggestion only

\$5<sup>50</sup>  
ea

Only for  
Christmas

**COLES CHRISTMAS**

APRICOT & PEACH PIES

Coles Christmas Apricot & Peach Pies  
6 Pack 360g \$1.53 per 100g.  
While stocks last. No rainchecks

Great value. Hands down. 



Serving suggestion only

**\$22** kg

**SAVE \$6kg**  
WAS \$28kg

Coles Australian Lamb Loin Chops  
Product sold uncooked




**\$18** kg

**SAVE \$3kg**  
WAS \$21kg



Coles Australian Lamb  
Butterflied Leg With Rosemary  
Garlic Marinade



**\$13** pk

**SAVE \$2**  
WAS \$15



Coles Australian No Added  
Hormones Beef Chuck Casserole  
Steak 850g \$15.29 per kg



**\$9.50** pk

**SAVE \$2**  
WAS \$11.50



Coles Australian Pork Sirloin  
Steak 500g \$19.00 per kg



**\$13** kg

**DOWN DOWN**  
WAS \$15kg  
AUG 2024



Coles Australian Pork Loin  
Roast Boneless



**\$17** pk

**SAVE \$2**  
WAS \$19



Coles Australian No Added  
Hormones Beef Scotch Fillet Thin  
Cut Steak 400g \$42.50 per kg



**\$10** pk

**SAVE \$3**  
WAS \$13



Coles Made Easy Family Classic  
Slow Cooked Beef Chilli Con  
Carne 700g \$14.29 per kg

**DOWN DOWN**



**\$11** pk

**DOWN DOWN**  
WAS \$13  
AUG 2024



Coles Australian No Added  
Hormones Beef Sizzle Steak 400g  
\$27.50 per kg



**\$4.70** pk

**DOWN DOWN**  
WAS \$5.50  
AUG 2024



Coles Australian Pork 3 Star  
Regular Mince 500g  
\$9.40 per kg



# Bertocchi

A FAMILY TRADITION SINCE 1972



**\$2.95**  
PER  
100g

**\$29.50**  
kg

**SAVE \$5.50/kg**  
WAS \$35/kg

**Bertocchi Triple Smoked Leg Ham**  
Selected stores only\*



**\$8.80**  
pk

**SAVE \$2.20**  
WAS \$11

**Bertocchi Long Cut or Short Cut Bacon**  
400g  
\$22.00 per kg



**\$3**  
PER  
100g

**\$30**  
kg

**SAVE \$7/kg**  
WAS \$37/kg

**Bertocchi Soppressa Salami**  
Selected stores only\*



**\$1.15**  
PER  
100g

**\$11.50**  
kg

**SAVE \$3/kg**  
WAS \$14.50/kg

**Bertocchi Mortadella**  
Selected stores only\*



**ADVERTISER PROMOTION**

\*For locations of Deli counter stores  
visit [coles.com.au/range-availability](http://coles.com.au/range-availability)

Serving Suggestion

Great value. Hands down. 



Serving suggestion only

**\$24** kg

**SAVE \$12kg**  
WAS \$36kg

Coles Australian Fresh Barramundi Portions Skin On  
Selected stores only\*. Product sold uncooked




**\$40** kg

**SAVE \$6kg**  
WAS \$46kg



Coles Tasmanian Fresh Salmon Portions Skin Off  
On sale for 2 weeks. Selected stores only\*



**\$3** pk

**SAVE 95¢**  
WAS \$3.95

Primo Sliced Meat 80g-100g



**2 for \$6**

**SAVE \$1**

Coles Brand Pre-Packed Antipasto 110g-135g  
Selected stores only\*



**\$5.50** ea

**SAVE \$2**  
WAS \$7.50

Latina Pasta Sauce 425g  
\$1.29 per 100g. 2nd week on sale



**\$8** ea

**SAVE \$3**  
WAS \$11

Latina Filled Pasta 625g  
\$1.28 per 100g



Serving suggestion only

**\$10** ea

**SAVE \$4.50**  
WAS \$14.50

Hedy's Quiche 1.1 kg  
\$0.91 per 100g. Selected stores only\*

\*For locations of Deli counter stores visit [coles.com.au/range-availability](http://coles.com.au/range-availability)

# 100% Aussie Eureka Blueberries



**\$6<sup>50</sup>**  
pk

Australian Eureka Blueberries 200g Punnet  
\$32.50 per kg



**\$4<sup>50</sup>**  
kg



Australian Envy Apples



**\$4<sup>50</sup>**  
pk



Australian Raspberries  
125g Punnet \$36.00 per kg



**4 for \$5**

Gold Kiwifruit  
Single sell for \$1.50.  
\$1.25 per kiwifruit when you buy 4

# 100% Aussie Red Perino Tomatoes

**\$3<sup>90</sup>**  
pk

ONLY  
at coles



Coles Australian Red Perino Tomatoes  
200g Pack \$19.50 per kg



**\$2<sup>50</sup>**  
bag



Coles Australian Brown Onions  
1kg Bag \$2.50 per kg



**\$2**  
ea



Coles Australian Green  
Asparagus Bunch



**\$4<sup>80</sup>**  
bag

CERTIFIED  
Organic



Coles Australian Organic Carrots  
1kg Bag \$4.80 per kg



**\$5<sup>50</sup>**  
ea



Coles Australian Organic  
Trimmed Celery



**\$2<sup>70</sup>**  
ea



Coles Australian Baby Broccoli  
Bunch



**\$7**  
pk

SAVE \$2  
WAS \$9

Coles Dry Roasted, Natural or  
Smoked Almonds 400g Pack  
\$17.50 per kg



Serving suggestion only

**2 for**  
**\$5**  
**SAVE \$1**

Coles Australian 4 Leaf Salad Mix  
200g Pack \$12.50 per kg



Great value. Hands down.



**\$3**  
ea

SAVE \$3  
WAS \$6

Cadbury Old Gold Block Chocolate  
170g-180g

**1/2  
PRICE**



**\$3.70**  
ea

SAVE \$3.70  
WAS \$7.40

Schweppes Mixers or Soft Drink  
4x300mL \$3.08 per litre



**\$2.20**  
ea

DOWN DOWN  
WAS \$2.80  
AUG 2024

Mars Kingsize Bar 64g-72g



**\$3**  
ea

SAVE \$1  
WAS \$4

Arnott's Tina Wafer or Hundreds  
& Thousands Biscuits 200g  
\$1.50 per 100g



**\$3.50**  
ea

SAVE \$1  
WAS \$4.50

Arnott's Cheds or Country  
Cheese Crackers 250g  
\$1.40 per 100g



**\$4**  
ea

SAVE \$2  
WAS \$6

Nutella Cream Biscuits 193g  
\$2.07 per 100g



**\$4**  
ea

SAVE \$2  
WAS \$6

Cadbury Sharepacks 120g-180g



**3 for  
\$12**

SAVE \$7.50

Lindt Excellence or Lindor Block  
Chocolate 80g-100g



Great value. Hands down. 

NEW  
FLAVOUR



\$4.82  
ea

SAVE \$4.83  
WAS \$9.65

Coca-Cola, Fanta or Sprite Mini Cans  
6x250mL \$3.21 per litre

1/2  
PRICE



\$9  
ea

SAVE \$9  
WAS \$18

Pepsi, Solo or Schweppes Soft Drink or  
Schweppes Infused Sparkling Water  
10x375mL \$2.40 per litre

\$1.60  
ea

SAVE \$1.10  
WAS \$2.70



Kirks Soft Drink 1.25 Litre  
\$1.28 per litre

\$1.80  
ea

SAVE \$1.20  
WAS \$3



Pepsi, Solo or Sunkist Soft Drink  
1.25 Litre \$1.44 per litre

2 for  
\$6

SAVE \$2



Arnott's Jatz Crackers 225g  
or Vita-Weat Crispbread 250g

\$3.30  
ea

SAVE \$2.20  
WAS \$5.50



Cocobella Coconut Water 1 Litre  
\$3.30 per litre

\$5.90  
ea

DOWN DOWN  
WAS \$8  
AUG 2024



Remedy Sodaly 4x250mL  
\$5.90 per litre

2 for  
\$7

SAVE \$3.20



Golden Circle Fruit Drink Tetra  
6x250mL \$2.33 per litre

EVERY DAY

\$2.40  
ea



Viva Cordial 1 Litre  
\$2.40 per litre

\$3.50  
ea



Fruit Co + Juice 2 Litre  
\$1.75 per litre

Great value. Hands down. 



40% OFF

\$3<sup>90</sup> ea

SAVE \$2.60  
WAS \$6.50

Primo Air-Dried Salami Sticks 90g  
\$4.33 per 100g



\$7 ea

SAVE \$2  
WAS \$9

Kellogg's Nutri Grain 470g  
or Coco Pops Chex 500g



\$7 ea

SAVE \$1.80  
WAS \$8.80

Nestlé Milo Cereal 535g-620g  
or Uncle Tobys Plus Cereal  
565g-705g



\$4 ea

SAVE \$1.50  
WAS \$5.50

Uncle Tobys Muesli Bars 185g  
or Roll Ups 94g



\$6<sup>40</sup> ea

SAVE \$1.60  
WAS \$8

Kellogg's All Bran 530g  
\$1.21 per 100g



\$6<sup>90</sup> ea

SAVE \$2  
WAS \$8.90

Nōshu Low Carb Bars  
150g-160g



\$5<sup>25</sup> ea

SAVE \$2.25  
WAS \$7.50

Carman's Granola  
425g-450g



\$5<sup>50</sup> ea

SAVE \$1.40  
WAS \$6.90

Carman's Porridge Sachets  
240g-320g

Catalogue on sale Wed 18th Sep until Tue 24th Sep 2024 or until Tue 1st Oct where indicated. Selected specials commenced Wed 11th Sep. Promotional prices commence 7am Wednesday and may commence or extend beyond the advertised date. Promotional products and prices are not available on DoorDash, UberEats or at Coles Express, and may not be available at Coles online, Coles Local, Coles Broken Hill and Wynyard. Deli promotions are not available at Coles Liverpool, West Ryde, Fairfield West, Narrandera, Chipping Norton, Ropes Crossing, The Entrance, Killarney Vale, Berkeley, Helensburgh, Jewellstown, Fairfield, Illawong, Tanilba Bay, Tea Gardens, Narramine, Westmead, South West Rocks, Green Point, Alstonville, Baulkham Hills, Brighton Le Sands, Cooma, Kings Langley, Wadalba, Tenterfield, Parkes, Eden, Edensor Park, Tuggeranong, Picton, Vincentia, Moss Vale, Wingham, Old Bar, Chullora & Umina Beach. Savings and single sell prices shown are off New South Wales regular selling prices. Some advertised products may already be priced below the New South Wales selling price therefore savings and unit prices may vary. Multi Save price only available when purchased in the multiples specified. We reserve the right to limit sale quantities. Some product varieties, colours or styles may not be available at all stores and only available while stocks last.

Great value. Hands down. 



**1/2 PRICE**

**\$3.80** ea  
SAVE \$3.80  
WAS \$7.60

Nescafé Coffee Sachet  
8 Pack-10 Pack



**\$18** ea  
SAVE \$8  
WAS \$26

Nescafé Blend 43 500g  
\$3.60 per 100g



**\$5.80** ea  
SAVE \$1.50  
WAS \$7.30

Vegemite 380g  
\$1.53 per 100g



**\$9** ea  
SAVE \$2.50  
WAS \$11.50

Moccona Freeze Dried Instant  
Coffee 95g-100g



**\$17.50** ea  
SAVE \$7.50  
WAS \$25

Vittoria Coffee Beans 500g  
\$3.50 per 100g



**\$5.90** ea  
SAVE \$2  
WAS \$7.90

Starbucks Nespresso Compatible  
Coffee Capsules 10 Pack  
\$0.59 per each



**\$9.45** ea  
SAVE \$4.05  
WAS \$13.50

Robert Timms Coffee Bags  
24 Pack-28 Pack



**\$2** ea  
SAVE \$1  
WAS \$3

Sanitarium So Good Barista Milk  
1 Litre \$2.00 per litre

Helping  
Australian  
Red Cross  
help others



Nestlé Australia  
is supporting  
Australian  
Red Cross  
with \$100,000  
this September  
to help Aussies  
impacted by  
disasters.

**Great value. Hands down.**



**2 for \$6**  
SAVE \$3

Campbell's Country Ladle or Chunky Soup 495g-505g  
2nd week on sale

**\$3.50** ea  
SAVE \$1  
WAS \$4.50

Campbell's Real Stock 1 Litre  
\$0.35 per 100ml

**\$4** ea  
SAVE \$1  
WAS \$5

Cadbury Baking Chocolate Block, Chips or Melts 180g-225g

**\$4.50** ea  
SAVE \$2.50  
WAS \$7

Betty Crocker Baking Triple Chocolate Brownie Mix 500g or Choc Chunk Cookie Mix 485g

**\$3.20** ea  
SAVE 80c  
WAS \$4

Kan Tong Cooking Sauce 485g-520g On sale for 2 weeks

**\$4.50** ea  
SAVE \$1.80  
WAS \$6.30

Beerenberg Chutney or Relish 260g-280g

# Make Lunchbox Snacks a Breeze!



**1/2 PRICE**



Great PM Pick me up

**\$2.75** ea  
SAVE \$2.75  
WAS \$5.50

Nice & Natural Nut Bars 180g-192g

Looking for a Protein Boost?



**ONLY at coles**

**2 for \$9**  
SAVE \$4

Nice & Natural Active Protein Bars 125g \$3.60 per 100g

**Couldn't be nicer**

ADVERTISER PROMOTION

Great value. Hands down. 



**40% OFF**

**\$2<sup>10</sup> ea**

**SAVE \$1.40**  
WAS \$3.50

Cobs Popcorn 80g-120g



**Any 2 for \$7**

**SAVE \$2**

Twisties 6 Pack or Jumpy's or Doritos 5 Pack



**\$3 ea**

**SAVE \$1.50**  
WAS \$4.50

Old El Paso Beans 425g-435g



**\$4<sup>15</sup> ea**

**SAVE \$1.05**  
WAS \$5.20

Kewpie Japanese Dressing 210mL \$1.98 per 100mL



**\$3<sup>50</sup> ea**

**SAVE \$2**  
WAS \$5.50

Patak's Simmer Sauce 450g \$0.78 per 100g



**\$4<sup>95</sup> ea**

**SAVE \$1.25**  
WAS \$6.20

The Spice Tailor Indian Curry Kit 225g-300g



**\$3<sup>50</sup> ea**

**SAVE \$1.50**  
WAS \$5

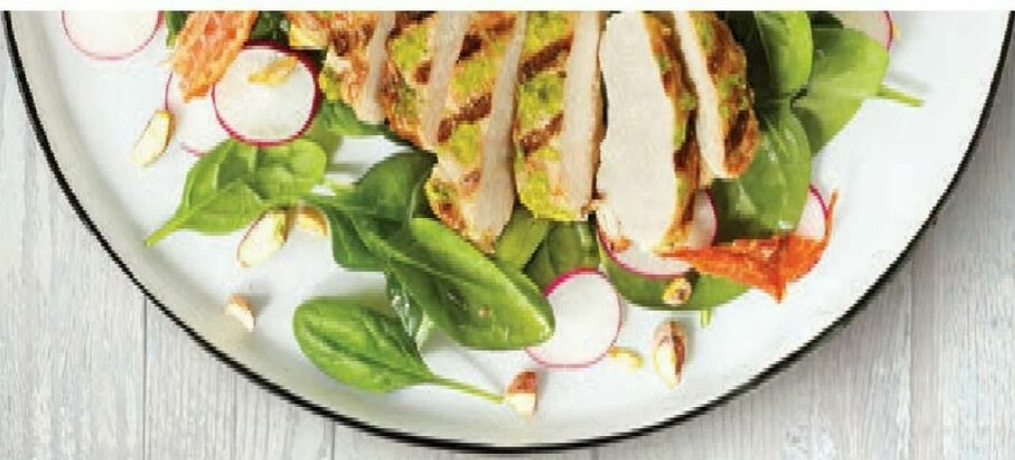
Marion's Kitchen Marinade 240mL \$1.46 per 100mL



**\$1<sup>70</sup> ea**

**SAVE 50¢**  
WAS \$2.20

Edgell Corn Kernels 420g \$4.05 per kg



# Grills & Salads are **TASTIER** with



**\$3.60**  
ea  
**SAVE \$1.70**  
WAS \$5.30

Barilla Pesto 190g-195g  
\* See page 5 for T&Cs



## FIND US IN THE PASTA SAUCE AISLE



ADVERTISER PROMOTION

Great value. Hands down.



**40% OFF**

**\$3** ea

**SAVE \$2**  
WAS \$5

Goulburn Valley Fruits in Juice 700g  
\$4.29 per kg

**\$2** ea

**SAVE 70¢**  
WAS \$2.70

John West Tuna Tempters 95g  
\$21.05 per kg

**\$1.70** ea

**SAVE 50¢**  
WAS \$2.20

Edgell Beans 400g  
\$4.25 per kg.  
Excludes Organic

**\$2.80** ea

**SAVE 70¢**  
WAS \$3.50

Heinz Baked Beans or Spaghetti 535g-555g

**\$3** ea

**SAVE \$1.50**  
WAS \$4.50

BSc Bodyscience Soft Protein Bar 55g  
\$5.45 per 100g

**\$3.50** ea

**SAVE \$1**  
WAS \$4.50

Musashi Protein Crisp Bar 60g \$5.83 per 100g

**\$3.30** ea

**SAVE 90¢**  
WAS \$4.20

Sandhurst Sandwich Stacker 500g \$6.60 per kg

**\$4.40** ea

**SAVE \$1.10**  
WAS \$5.50

Green's Premium Baking Mix 380g-630g

**\$13** ea

**SAVE \$3.50**  
WAS \$16.50

Alfa One Rice Bran Oil 3 Litre \$0.43 per 100mL

**ONLY at coles**

**\$18** ea

**SAVE \$8**  
WAS \$26

La Española Olive Oil 1 Litre \$1.80 per 100mL.  
Excludes Organic

Great value. Hands down. 



**\$7<sup>50</sup>**  
ea  
**SAVE \$2**  
WAS \$9.50

Perfect Italiano Cheese Grated 450g  
\$16.67 per kg



**\$6<sup>50</sup>**  
ea  
**SAVE \$1**  
WAS \$7.50

Perfect Italiano Cheese Parmesan  
Block 200g \$32.50 per kg



**\$10**  
ea  
**SAVE \$1**  
WAS \$11

Cheer Cheese Slices 500g  
\$20.00 per kg



**\$5<sup>60</sup>**  
ea  
**SAVE \$1.40**  
WAS \$7

Bega Cheese Stringers 8 Pack  
160g \$35.00 per kg



**\$4<sup>25</sup>**  
ea  
**SAVE \$2**  
WAS \$6.25

Babybel Mini Cheese 5 Pack  
100g \$42.50 per kg



**\$5<sup>60</sup>**  
ea  
**SAVE \$1.40**  
WAS \$7

Lemnos Haloumi 180g  
\$31.11 per kg



**\$3<sup>80</sup>**  
ea  
**SAVE 80¢**  
WAS \$4.60

Black Swan Crafted Dip 170g  
\$2.24 per 100g. 2nd week on sale



**2 for \$12**  
**SAVE \$3**

Castello Half Moon Cheese  
150g \$40.00 per kg

Shop online for even more savings

Lower the cost of your weekly shop with exclusive specials you can only get online.

**ONLINE ONLY SPECIALS**

[coles.com.au](http://coles.com.au)



# NEW

**1/2 PRICE**



**\$3.50**  
ea

**SAVE \$3.50**  
WAS \$7

Pasta Italia Italian Sausage & Pecorino Ravioli 400g  
\$0.88 per 100g



**\$7.50**  
ea

**SAVE \$2**  
WAS \$9.50

Core Powerfoods Loaded Mac N Cheese 350g  
\$2.14 per 100g

**Bonus**  
Kitchen Knife credit



**\$7.60**  
ea

**SAVE \$1.90**  
WAS \$9.50

Coles Finest Frozen Mushroom Risotto 400g \$1.90 per 100g.  
\*See page 5 for T&Cs



**\$4.40**  
ea

**SAVE \$1.10**  
WAS \$5.50

Coles Frozen Curly Fries 1kg  
\$4.40 per kg



**\$5.60**  
ea

**SAVE \$1.40**  
WAS \$7

Coles Kitchen Frozen Grilled Vegetables Mediterranean Style 750g \$7.47 per kg



**\$5.60**  
ea

**SAVE \$1.40**  
WAS \$7

Coles Kitchen Frozen Ratatouille 750g  
\$7.47 per kg



**\$2.80**  
ea

**SAVE 70¢**  
WAS \$3.50

Cheeky Brothers Pizza 130g  
\$2.15 per 100g



**\$5.60**  
ea

**SAVE \$1.40**  
WAS \$7

Cheeky Brothers Burrito 245g  
\$2.29 per 100g



**\$9.60**  
ea

**SAVE \$6.40**  
WAS \$16

Dineamic Meal Bases 500g  
\$1.92 per 100g

Great value. Hands down. 



**\$1.65**  
ea

SAVE \$1.15  
WAS \$2.80

Chobani Fit High Protein Greek Yogurt  
160g \$1.03 per 100g

**40% OFF**



**\$1.80**  
ea

SAVE \$1.20  
WAS \$3

Gippsland Dairy Twist Yogurt 160g  
\$1.13 per 100g



**\$6.50**  
ea

SAVE \$1.80  
WAS \$8.30

Jalna Greek Yoghurt 1kg  
\$0.65 per 100g



**\$6.30**  
ea

SAVE \$1.60  
WAS \$7.90

Gippsland Dairy Twist  
Yogurt 700g  
\$0.90 per 100g



**\$4.75**  
ea

DOWN DOWN  
WAS \$4.90  
SEP 2024

Yoplait Yoghurt 1kg  
\$0.48 per 100g



**\$3.30**  
ea

SAVE \$1.60  
WAS \$4.90

Wicked Sister Twin Pack  
300g-340g



**85¢**  
ea

SAVE 25¢  
WAS \$1.10

Yoplait Petit Miam Yoghurt  
Pouch 70g  
\$1.21 per 100g



**6 for \$12**

SAVE \$2.40

Tamar Valley Kids Greek  
Yoghurt Pouch 110g  
or Vaalia Kids Yoghurt  
Pouch 140g



**\$4.80**  
ea

SAVE \$1.20  
WAS \$6

Western Star  
Spreadable Blend 375g  
\$1.28 per 100g



**\$7.50**  
ea

SAVE \$2.50  
WAS \$10

Flora ProActive 500g  
\$1.50 per 100g

# DOWN DOWN



**\$6**  
ea

**DOWN DOWN**  
WAS \$12  
SEP 2024

Parle Kufi 475mL  
\$1.26 per 100mL



**\$8<sup>25</sup>**  
ea

**DOWN DOWN**  
WAS \$11  
AUG 2024

Destination Italy Pizza  
380g-411g



**\$11**  
ea

**DOWN DOWN**  
WAS \$12.50  
AUG 2024

Destination Italy Gelato 500g  
\$2.20 per 100mL



**\$3<sup>30</sup>**  
ea

**SAVE 85¢**  
WAS \$4.15

Dare Flavoured Milk 500mL  
\$6.60 per litre



**\$6<sup>30</sup>**  
ea

**SAVE 70¢**  
WAS \$7

Dare Flavoured Milk 2 Litre  
\$3.15 per litre. On sale for 2 weeks



**\$2<sup>50</sup>**  
ea

**SAVE \$1.80**  
WAS \$4.30

Remedy Kombucha 330mL  
\$7.58 per litre



**\$3<sup>65</sup>**  
ea

**SAVE \$1.50**  
WAS \$5.15

Rokeby Farms Probiotic 750g  
\$0.49 per 100g



**\$4<sup>60</sup>**  
ea

**SAVE \$1.20**  
WAS \$5.80

McCain Quick Cook Fries 750g  
\$6.13 per kg



**3 for \$15**

**SAVE \$2.40**

Coles Kitchen Frozen Entertaining 160g-330g

Coles Group acknowledges the Traditional Custodians of Country throughout Australia. We recognise their strength and pay our respect to Elders past, present and emerging. Coles Group extends that respect to all Aboriginal and Torres Strait Islanders people, and recognises their rich cultures and continuing connection to land and waters.



Great value. Hands down. 



**\$7<sup>20</sup>**  
ea  
**SAVE \$4.80**  
WAS \$12

Four N Twenty Grass Fed Angus Beef Pies  
4 Pack 700g \$1.03 per 100g

**40% OFF**



**\$16**  
ea  
**SAVE \$12.30**  
WAS \$28.30

Luv A Duck 2.1kg  
\$7.62 per kg



**2 for \$15**  
**SAVE \$4**

McCain Pub Size Meal  
480g-500g



**\$6**  
ea  
**SAVE \$1.50**  
WAS \$7.50

Super Nature Wellness Bowl 350g  
\$1.71 per 100g



**\$9<sup>95</sup>**  
ea  
**SAVE \$3**  
WAS \$12.95

FroPro Protein Pizza 325g  
\$3.06 per 100g



**\$6<sup>80</sup>**  
ea  
**SAVE \$1.70**  
WAS \$8.50

McCain Family Pizza  
490g-500g



**\$6**  
ea  
**SAVE \$2.50**  
WAS \$8.50

Golden Wok Szechuan  
Pork Dumplings 230g  
\$2.61 per 100g



**\$2<sup>80</sup>**  
ea  
**EVERY DAY**

Coles Simply Frozen  
Mixed Vegetables 1kg  
\$2.80 per kg



**\$6**  
ea  
**EVERY DAY**

Coles Frozen Sweet  
Potato Waffle Fries 500g  
\$12.00 per kg

# EVERY DAY



**\$5**  
ea

Coles Irresistible Ice Cream  
4 Pack 400mL \$1.25 per 100mL



**\$6<sup>50</sup>**  
ea

Coles Irresistible Ice Cream  
1 Litre \$0.65 per 100mL



**\$5<sup>50</sup>**  
ea

Peters Original Ice Cream  
2 Litre \$0.28 per 100mL



**\$8**  
ea

**SAVE \$3**  
WAS \$11

Streets Magnum 4 Pack-6 Pack  
330mL-428mL On sale for 2 weeks



**\$8**  
ea

**SAVE \$3**  
WAS \$11

Bulla Creamy Classic 2 Litre  
\$0.40 per 100mL



**\$9**  
ea

**SAVE \$4.50**  
WAS \$13.50

Häagen Dazs Tub  
420mL-457mL



**\$6**  
ea

**SAVE \$3.50**  
WAS \$9.50

Mars Ice Bars 6 Pack  
246mL-300mL



**\$6<sup>50</sup>**  
ea

**SAVE \$3.50**  
WAS \$10

Streets Gaytime 4 Pack 400mL  
\$1.63 per 100mL



**\$6<sup>70</sup>**  
ea

**EVERY DAY**

Coles Frozen Bake at Home  
6 Pack 360g-420g

Great value. Hands down. 



**\$2<sup>50</sup>**  
ea

SAVE \$2.50  
WAS \$5

Rascals Premium Sensitive Wipes 80 Pack  
or Water Wipes 72 Pack

**1/2  
PRICE**



**\$15**  
ea

SAVE \$15  
WAS \$30

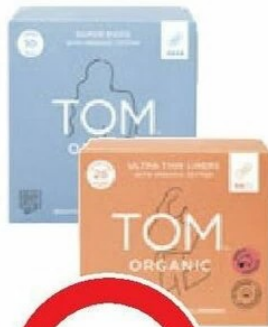
L'Oréal Paris Telescopic Liff  
Mascara 8mL \$18.75 per 10mL



**\$11**  
ea

SAVE \$1  
WAS \$12

Huggies DryNites  
Night Time Pants  
8 Pack-10 Pack



**\$4<sup>80</sup>**  
ea

SAVE \$1.20  
WAS \$6

Tom Organic Pads  
Super 10 Pack or  
Ultra Thin Liners 26 Pack



**\$5<sup>95</sup>**  
ea

SAVE \$2.55  
WAS \$8.50

Tom Continance Pads  
Regular 16 Pack or  
Super 14 Pack



**\$13<sup>20</sup>**  
ea

SAVE \$3.30  
WAS \$16.50

B.Box Sippy Cup For  
Kids Assorted Colours  
6 Months+ 1 Each



**\$1<sup>80</sup>**  
ea

SAVE 50¢  
WAS \$2.30

Only Organic 4+ Months,  
6+ Months or 8+ Months  
Baby Food Pouch 120g  
\$1.50 per 100g



**\$5**  
ea

SAVE \$1  
WAS \$6

Rafferty's Garden  
Yoghurt Buttons Mixed  
Berry or Strawberry 28g  
\$17.86 per 100g



**\$24**  
ea

SAVE \$6  
WAS \$30

Nestlé Nan Supreme Pro  
Stage 3 or Stage 4 Milk  
Drink 800g  
\$3.00 per 100g



**\$39**  
ea

SAVE \$3  
WAS \$42

Bubs Goat Milk Toddler  
Drink Stage 3 800g  
\$4.88 per 100g

Great value. Hands down. 

**\$5**  
ea  
**DOWN DOWN**  
WAS \$9.50  
AUG 2024



Nivea Antiperspirant Aerosol Deodorant 250mL \$2.00 per 100mL

2 for  
**\$24**  
**SAVE \$16**



Pantene Shampoo or Conditioner 900mL \$1.33 per 100mL

2 for  
**\$7**  
**SAVE \$3**



Libra Ultra Thin Pads With Wings Super 12 Pack or Regular 14 Pack

**\$27**  
ea  
**DOWN DOWN**  
WAS \$30  
JUL 2024



BabyLove Cosifit Jumbo Nappies 54 Pack-84 Pack

**\$15**  
ea  
**SAVE \$10**  
WAS \$25



Bonds Bloody Comfy Period Full Brief Heavy 1 Pack

2 for  
**\$9.80**  
**SAVE \$2.20**



Poise Liners Extra Light 30 Pack or Extra Long 22 Pack

**NEW**  
at coles  
Exclusive

# HUGGIES® Nappy Pants

**1/2**  
PRICE

Now available  
in convenience pack

**\$7.50**  
ea  
**SAVE \$7.50**  
WAS \$15



Wet to dry  
in  
10 seconds

Huggies Ultra Dry Convenience Nappy Pants 12 Pack-15 Pack

ADVERTISER PROMOTION

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# 1/2 PRICE

## NIVEA

Exclusions apply †



**\$2.50**  
ea

**SAVE \$2.50**  
WAS \$5

Nivea Antiperspirant Roll on Deodorant 50mL \$5.00 per 100mL



**\$17.50**  
ea

**SAVE \$17.50**  
WAS \$35

Nivea Cellular Anti Age Day or Night Cream 50mL \$35.00 per 100mL



**\$14**  
ea

**SAVE \$14**  
WAS \$28

Nivea Sun Protect & Moisture Sunscreen Lotion SPF 50+ 400mL<sup>^^</sup> \$3.50 per 100mL. On sale for 2 weeks

† Excludes Every Day, Down Down & clearance items



**1/2 PRICE**

**\$4.50**  
ea

**SAVE \$4.50**  
WAS \$9

David Beckham Deodorant Body Spray 150mL \$3.00 per 100mL



**\$6.65**  
ea

**SAVE \$2.85**  
WAS \$9.50

Rexona Advanced 72hr Antiperspirant Aerosol Deodorant 220mL \$3.02 per 100mL



**\$18.90**  
ea

**SAVE \$8.10**  
WAS \$27

Bondi Sands Technocolour 1 Hour Tan 200mL \$9.45 per 100mL



**\$11**  
ea

**SAVE \$8**  
WAS \$19

Toni & Guy Shampoo or Conditioner 250mL \$4.40 per 100mL



**\$16**  
ea

**SAVE \$11**  
WAS \$27

L'Oréal Excellence Colourant 1 Pack



**Bonus**  
Kitchen Knife credit

**\$5.60**  
ea

**SAVE \$2.40**  
WAS \$8

Colgate Max Fresh Mouthwash 500mL \$1.12 per 100mL. \*See page 5 for T&Cs



**1/2 PRICE**

**\$5**  
ea

**SAVE \$5**  
WAS \$10

Oral B 3D White Luxe Toothpaste 95g \$5.26 per 100g



**\$8**  
ea

**SAVE \$2**  
WAS \$10

Difflam Plus Anaesthetic Lozenges 16 Pack<sup>^</sup> \$0.50 per each

<sup>^</sup>This medicine may not be right for you. Read the label before purchase. Follow the directions for use. Incorrect use could be harmful after use. If symptoms persist, talk to your healthcare professional. <sup>^^</sup>This product may not be right for you. Read the warnings before purchase. Avoid prolonged exposure to the sun. Wear protective clothing, hats and eyewear when exposed to the sun. Frequent reapplication is required for effective sun protection.



**Great value. Hands down.**



**\$5<sup>60</sup>**  
ea  
**SAVE \$2.40**  
WAS \$8



Schmackos Dog Treats 200g  
\$2.80 per 100g. 2nd week on sale

**\$7**  
ea  
**SAVE \$3**  
WAS \$10



My Dog Dog Food 6x100g  
\$1.17 per 100g

**\$12**  
ea  
**SAVE \$3**  
WAS \$15



Pedigree Dry Dog Food  
2.5kg-3kg

**\$3<sup>50</sup>**  
ea  
**SAVE \$1.50**  
WAS \$5



Optimum Dog Food  
680g-700g

**\$16**  
ea  
**SAVE \$7**  
WAS \$23



Optimum Dry Dog Food  
2.5kg-3kg

**PURINA**  
**SUPERCOAT.**

**FEED THEM THE #1 DRY DOG FOOD BRAND IN AUSTRALIA\***

**SMARTBLEND.**  
EVERY INGREDIENT HAS A PURPOSE

**MADE WITH REAL MEAT**

**PURINA SUPERCOAT.**  
ADULT WITH CHICKEN

**\$24<sup>50</sup>**  
ea  
**SAVE \$11.50**  
WAS \$36

Supercoat Dry Dog Food 6.7kg-7kg

**ADVERTISER PROMOTION**

\* Circana Home Panel Data, total Supercoat, dollar sales, total AU all outlets, MAT to 21/04/2024.

Great value. Hands down. 



**\$8<sup>ea</sup>**  
SAVE \$2  
WAS \$10

Mini Barbieland Vehicle Assortment  
1 Each 2nd week on sale

BETTER THAN 1/2 PRICE



**\$25<sup>ea</sup>**  
SAVE \$30  
WAS \$55

Optus \$55 Prepaid SIM Starter Kit  
• 80GB on first 3 Flex Plus recharges, 28 day expiry

\$35



**\$14<sup>ea</sup>**  
RRP \$35

Boost \$35 SIM Pack  
• 70GB data on activations by 21/10/24, 28 day expiry

**\$179<sup>ea</sup>**  
SAVE \$61  
WAS \$240



Coles Mobile \$240 Prepaid SIM  
• 210GB data, 365 day expiry  
• New services only

**\$199<sup>ea</sup>**  
SAVE \$30  
WAS \$229



Telstra Oppo A38  
• 6.56" HD LCD display  
• 50MP camera

**\$99<sup>ea</sup>**  
RRP \$149

Free \$35  
Optus SIM Starter Kit incl.



Optus X Tap 3  
• 6.6" HD+ display  
• 50MP camera

**General Devices:** Network Locked. Unlocking fees may apply. Starter pack offers included in packaging.  
**General SIMs:** 1st recharge applied on activation. For use in AU and new services only. All recharges at standard price. Terms/Fair Go policies apply. Limit 5 per customer. **Boost:** Recharges increasing from 22/10/24

**ENERGISE LIFE NRG™**

**ONLY at coles**



**\$35<sup>ea</sup>**  
SAVE \$15  
WAS \$50

**\$17<sup>50</sup><sup>ea</sup>**  
SAVE \$7.50  
WAS \$25

**\$21<sup>ea</sup>**  
SAVE \$9  
WAS \$30

**\$11<sup>90</sup><sup>ea</sup>**  
SAVE \$5.10  
WAS \$17

NRG True Wireless Earphone 1 Each  
On sale for 2 weeks

NRG USB-C Wired Earphone with Mic 1 Each  
On sale for 2 weeks

NRG Dual USB-C Wallcharger 1 Each  
On sale for 2 weeks

NRG USB-A to Lightning Cable White 1.2 Metre 1 Each  
On sale for 2 weeks

**YOU'LL NEVER MISS A BEAT**

# 1/2 PRICE

ONLY  
at coles

**\$13.25**  
ea  
SAVE \$13.25  
WAS \$26.50



NRG Batteries AA or AAA 24 Pack  
\$0.55 per each



**\$8**  
ea  
SAVE \$8  
WAS \$16

Smash Stainless Steel Colour Change Sipper 750mL \$8.00 per each

**\$12.75**  
ea  
SAVE \$12.75  
WAS \$25.50



Décor XL Double Wall Smoothie & Coffee Tumbler 650mL  
\$12.75 per each

**\$2.50**  
ea  
SAVE \$2.50  
WAS \$5



Décor Match Ups Container 500mL \$2.50 per each

**\$5**  
ea  
SAVE \$5  
WAS \$10



Brunnings Bug & Fungus Kill Ready to Use 1 Litre

**\$3.50**  
ea  
SAVE \$1.50  
WAS \$5



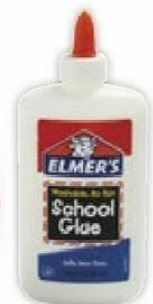
Papermate InkJoy Black 4 Pack  
2nd week on sale

**\$26.50**  
ea  
SAVE \$11.50  
WAS \$38



Brita Marella Water Jug 2.4 Litre  
\$26.50 per each

**\$4.90**  
ea  
SAVE \$2.10  
WAS \$7



Elmer's School Glue 225mL  
2nd week on sale

**20% OFF**

**\$30, \$60 and \$100  
Nintendo eShop  
Gift Cards  
In-store only**



Limit 5 Gift Cards per customer. Offer valid only in store at Coles Supermarkets (excludes Coles Online, Coles Express and purchases via giftcards.com.au or coles.scanshoppay.com.au), subject to store availability. While stocks last, no rainchecks. Excludes \$15 Nintendo eShop Gift Cards. Offer valid from 18/9/24 to 24/9/24. Gift Cards can't be used to purchase other Gift Cards at Coles. Refer to individual gift card for terms and conditions.

# Why choose us?



**Australia's largest mobile network**  
We have Australia's largest 5G network and it's rapidly growing.



**International calls**  
Capped mins from Australia to standard international numbers.



**Continuous Data Rollover**  
Just recharge before expiry on selected recharges.



**Set & forget with Auto Recharge**  
Stay in control and set up Auto Recharge, so you don't have to worry about recharging before your services expire.

**\$129<sup>ea</sup>**

**SAVE \$20**  
WAS \$149

**Motorola G04**  
• 6.6" 90Hz LCD display  
• Rear camera (16MP with flash) + 5MP front camera



**\$199<sup>ea</sup>**

**RRP \$229**

**Motorola G34 5G**  
• 6.5" 120Hz HD LCD display  
• Rear camera (50MP) + 16MP front camera



**\$229<sup>ea</sup>**

**SAVE \$20**  
WAS \$249

**Samsung Galaxy A05s**  
• 6.7" Full HD+ TFT display  
• Rear camera (50MP with flash) + 13MP front camera



**\$15<sup>ea</sup>**

**RRP \$35**

**Telstra \$35 SIM Kit**  
• 60GB on activation  
• 28 days expiry  
• For new customers only



Our recharge options are changing. From 22 October 2024, our recharge prices are increasing. Scan QR code for more info.



**\$39<sup>ea</sup>**

**SAVE \$20**  
WAS \$59

**Telstra Lite 3**  
• 2.4" display  
• 1.3MP rear camera  
• Bluetooth



**\$13<sup>ea</sup>**

**SAVE \$26**  
WAS \$39

**JB Hi-Fi Mobile SIM Kit**

**50GB**  
30 DAY RENEWAL



**BETTER THAN 1/2 PRICE**

**JB HI-FI MOBILE SIM KIT STARTER PACK\***  
(Includes 50GB on activation)

- 50GB for \$39 on first 2 recharges
- 30GB for \$39 from 3rd recharge onwards

\*SIMs must be activated by 21st October 2024. Last recharge must occur by 22 December 2024. See further details below.

Telstra 5G now reaches 85% of Australians. **THINGS YOU NEED TO KNOW.** Telstra Pre-Paid Handsets: Manufactured by Motorola & Samsung. In non-5G coverage areas, you'll automatically switch to our 3G or 4G. Check telstra.com/coverage. **Speed capping:** 4G and 5G download speeds are capped at 150Mbps on most plans. Your capped download speed is the maximum potential download speed for data included in your recharge. Factors impacting typical speed include location, distance from the base station, local conditions, concurrent users, hardware and software configuration and download/upload destination. An unlocking fee may apply for use with a non-Telstra SIM card. Limit 1 per customer and no trade sales. SIM included. The Android Robot is reproduced or modified from work created and shared by Google and used according to terms described in the Creative Commons 3.0 Attribution License. Unlimited calls/texts exclude satellite and premium numbers (e.g. 19xx numbers), operator assisted calls (e.g. most 12xx numbers) and diverted calls. **Telstra Pre-Paid Mobile:** Activate by 21 October 2024. Offer for new customers only. Your capped download speed is the maximum potential download speed for data included in your recharge. Factors impacting typical speed include location, distance from the base station, local conditions, concurrent users, hardware and software configuration and download/upload destination. Compatible device required. Roll over unused data when you recharge \$12-\$65 before expiry. Unlimited calls and text exclude satellite and premium numbers (e.g. 19xx numbers), operator assisted calls (e.g. most 12xx numbers) and diverted calls. Our FairPlay policy applies. Find out more about international destinations and minutes included at telstra.com/prepaid. **JB Hi-Fi Mobile:** \*Offer valid for SIMs activated 21st October 2024. Last recharge must occur by 22 December 2024. 30GB for \$39 from third recharge onwards. For new customers only. 30 day renewal. For data rollover, recharge before 30 days or unused data will expire. For use in Aus.

**ADVERTISER PROMOTION**

# Prepaid deals



Switch to Optus at Coles today

**\$59<sup>ea</sup>**  
RRP \$99

**Free \$35**  
Optus SIM Starter Kit incl.

**Optus X Sight 3**

- Bright 6" display
- 5MP camera with flash
- Octa-core processor

**\$139<sup>ea</sup>**  
RRP \$169

**Free \$35**  
Optus SIM Starter Kit incl.

**Optus X Pro 5G**

- 4G+5G network access
- 50MP main camera
- Google Wallet via NFC

**\$99<sup>ea</sup>**  
RRP \$129

**Free \$35**  
Optus SIM Starter Kit incl.

**Optus X Delight 2**

- 13MP AI camera
- 4,000mAh battery
- Google Wallet via NFC

**\$199<sup>ea</sup>**  
RRP \$249

**Free \$35**  
Optus SIM Starter Kit incl.

**Oppo A58**

- FHD+ Sunlight display
- 33W SUPERVOOC™
- 5,000mAh battery

**\$79<sup>ea</sup>**  
SAVE \$20  
WAS \$99

**Free 50GB data**

**Optus Portable Modem**

- 4G network ready
- Connect 30 users
- 2,000mAh battery

**\$12<sup>ea</sup>**  
SAVE \$23  
WAS \$35

**BETTER THAN 1/2 PRICE**

**Optus \$35 Prepaid SIM Starter Kit**

- On Optus FlexPlus get 40GB data on first three \$35 recharges
- Unlimited std talk & text in Australia
- Roll over up to 200GB
- 28 day expiry

**40GB \$35**

**Flybuys 500 BONUS POINTS**

Yes OPTUS

All for use in Australia. Optus Fair Go Policy applies. Activate within 30 days of purchase or by the date advertised on a promotion, whichever is earlier, to receive advertised inclusions. Optus X Delight 2 offer ends 24/9/24. Optus Portable Modem offer ends 1/10. Optus X Sight 3, OPPO A58, Optus X Pro 5G and Optus \$35 Prepaid SIM Starter Kit offers end 8/10/24. **Free Prepaid SIM:** Included \$35 SIM for activation on available \$35 plans only. See [optus.com.au/prepaidplans](https://optus.com.au/prepaidplans) for full plan details. New services only. **\$35 SIM Starter Kit:** Includes \$35 recharge. After 3rd recharge \$35 gives you 20GB. 28 day expiry. New services only. **Data Rollover:** Accrue up to 200GB when you recharge before expiry. **Optus Portable Modem speed:** Actual speeds will vary depending on a range of factors. **50GB data free:** Included when you activate included SIM. 28 day expiry. **5G network access:** 5G available in selected areas (excl. NT) and on selected plans. **Compatibility:** Devices are network locked. For unlocking fees see [optus.com.au/unlock](https://optus.com.au/unlock). To use SIM, device must be compatible with the Optus Network, see [optus.com.au/compatibility](https://optus.com.au/compatibility). **General:** Coverage varies, see [optus.com.au/coverage](https://optus.com.au/coverage). For SIM offers, ongoing recharges revert to standard price.

**Flybuys offer:** Offer valid only in store at Coles Supermarkets (excludes Coles Online, Coles Express) from 18/09/24 to 8/10/24. To qualify for this offer you must present your Flybuys card at the time of purchase. Flybuys' privacy policy applies. Standard Flybuys terms and conditions apply and are available at [Flybuys.com.au](https://Flybuys.com.au).

ADVERTISER PROMOTION

## Bedding



**\$299<sup>ea</sup>**



Queen size

### Dreamz Spring Mattress Queen

Comprehensive support, durable polyester fabric cover, hypo-allergenic and dust mite resistant.



**\$205<sup>ea</sup>**

### Oikiture Recliner Armchair with Ottoman

High back and armrest support with adjustable headrest, splay legs. Plump and high-density foam seat. Includes matching footstool.



**\$255<sup>ea</sup>**



Queen size

### Giselle Spring Foam Mattress Queen

Hypo-allergenic, luxury knitted jacquard, plush euro-top padding. 5-zoned pocket springs. Medium firm, high density foam.



**\$309<sup>ea</sup>**

*3x adjustable backrest positions*

### Levede 3-Seater Sofa Bed

PU leather upholstery, powder-coated steel legs, solid wood frame, supported by serpentine springs.

**\$165<sup>pk</sup>**



### Artiss LED Dressing Table with Stool

Makeup desk mirror, storage drawer, 12x LED bulbs with adjustable levels of brightness, USB input and cable.

**\$95<sup>ea</sup>**



### Artiss Short Pile Floor Rug

No shedding, skin friendly, fade-resistant & water-repellent. Anti-slip bottom. W2.9 x L2m.

On sale Monday 16/09/24 to Sunday 29/09/24.



Free Delivery on all orders

**WHILE STOCKS LAST!**

Offers only available through bestbuys.coles.com.au. Free delivery is available in selected postcodes and limited product quantities apply. For full participating postcodes and terms of use please see bestbuys.coles.com.au. Limit of 5 per product per transaction. No rainchecks apply.

Accessories not included



**\$319<sub>ea</sub>**

Gas lift hinged base for storage



**Artiss Gas Lift LUMI LED Bed Frame**

Premium PVC leather upholstery with plush padded bedhead. 16x LED colours & 4x flashing modes. Easy assembly.



**\$119<sub>ea</sub>**

**Oikiture Bookshelf**

Durable board frame, adjustable shelves. Includes anti-tip kit.



**\$199<sub>ea</sub>**

**Levede Buffet Sideboard**

Push-to-open spring drawers. Movable shelves. Wide interior. Metal legs, durable and sturdy.



**\$149<sub>ea</sub>**

**Oikiture Chest of Drawers**

Stylish design, sturdy 15mm particle board. 6x spacious drawers with air gap handles.



Easy to assemble

**\$155<sub>ea</sub>**



**Artiss 6 Drawer Lowboy**

6x drawers, 15mm particle board with melamine. Sleek plastic handles. Anti-rust coated runners.

**\$75<sub>pk</sub>**



**Levede Bedside Tables 2 Pack**

Industrial style, durable and solid. Open shelves storage, smooth surface. H50cm.

On sale Monday 16/09/24 to Sunday 29/09/24.



Free Delivery on all orders

WHILE STOCKS LAST!

Offers only available through bestbuys.coles.com.au. Free delivery is available in selected postcodes and limited product quantities apply. For full participating postcodes and terms of use please see bestbuys.coles.com.au. Limit of 5 per product per transaction. No rainchecks apply.

Accessories not included



**\$319<sub>ea</sub>**

Gas lift hinged base for storage



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**\$155<sub>ea</sub>**



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**\$75<sub>pk</sub>**

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Industrial style, durable and solid. Open shelves storage, smooth surface. H50cm.

On sale Monday 16/09/24 to Sunday 29/09/24.



Free Delivery on all orders

WHILE STOCKS LAST!

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