

FOODLAND

On Sale 9-15 August 2023

\$28 kg

Premium



Australian Premium
Beef Porterhouse Steak



Serving suggestion

\$315 ea

SAVE \$3.15
UP TO



Red Rock
Deli Chips
150-165g

\$165 ea

SAVE \$1.65
UP TO



Arnott's Yo-Yo Biscuits 250g \$0.66 per 100g

1/2
PRICE



\$135 ea

SAVE \$1.35
UP TO

John West
Tuna Tempters
95g
\$1.42 per 100g



\$225 ea

SAVE \$2.25
UP TO

Campbell's
Country Ladle
Soup 495-505g

SEE PAGE
30 FOR
PRICES!

**ROYAL ADELAIDE SHOW GET YOUR TICKETS
PRE-PURCHASE TICKETS IN-STORE AT
AND SAVE! FOODLAND
2-10 SEP 2023**

Great Food Lives Here



ALL 1/2 PRICE

GREAT SPECIALS *Live Here*

\$5.50 ea
SAVE UP TO **\$5.50**



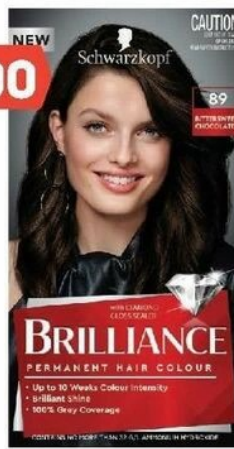
Ajax Eco
Antibacterial
Wipes 110 Pack
\$0.05 each

\$5.75 ea
SAVE UP TO **\$5.75**



Glen 20
All-In-One
Disinfectant
Spray Original
300g or Pure
Aerosol 283g

\$11 ea
SAVE UP TO **\$11.00**



Schwarzkopf
Brilliance Hair
Colour 1 Pack

\$2.25 ea
SAVE UP TO **\$2.25**



Lynx
Roll On
Deodorant
50ml
\$4.50 per 100ml

\$11 ea
SAVE UP TO **\$11.00**



Radiant
Laundry Liquid
Capsules 28s
\$0.39 each

\$10 ea
SAVE UP TO **\$10.00**



Radiant
Laundry Liquid
1.8-2 Litre or
Powder 2kg

\$6 ea
SAVE UP TO **\$6.00**



Palmolive
Naturals
Shower Gel
1 Litre
\$0.60 per 100ml

\$5.50 ea
SAVE UP TO **\$5.50**



Sukin
Body Wash
500ml \$1.10 per 100ml

\$10.50 ea
SAVE UP TO **\$10.50**



Cold Power
Laundry Liquid
or Powder
1.8-2 Litre



\$2.50
ea

SAVE \$2.50
UP TO



Cadbury
Bites or
Selected
Pascall Bags
130-185g

\$1
ea

SAVE \$1.00
UP TO



Life Savers Grab n Go \$2.50 per 100g

**NEW
PRODUCT**

ALL

1/2

PRICE

\$2.35
ea

SAVE \$2.35
UP TO



The Natural
Chip Co.
Chips 175g
\$1.34 per 100g

\$1.10
ea

SAVE \$1.10
UP TO

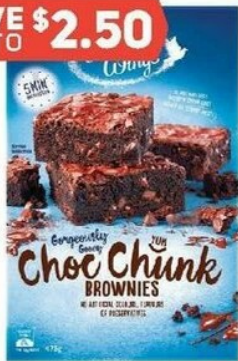


Nestlé Medium Bars,
Violet Crumble or Mars Bars 35-56g

**GREAT
SPECIALS**
Live Here

\$2.50
ea

SAVE \$2.50
UP TO



White Wings Cake Mixes 410-560g

\$5
ea

SAVE \$5.00
UP TO



Bulla Creamy Classics Ice Cream 2 Litre
\$0.25 per 100ml

\$1.25
ea

SAVE \$1.25
UP TO



Oreo Cookies 128-147g

\$1.25
ea

SAVE \$1.25
UP TO



Vaalia Kefir
Yoghurt 150g
\$0.83 per 100g

\$2.50
ea

SAVE \$2.50
UP TO



Red Rock
Deli Gourmet
Crackers
130-135g

\$7.22
ea

SAVE \$7.23
UP TO



Monster
Energy Drink
4 x 500ml
\$3.61 per litre



ADELAIDE HILLS Bravo Apples



\$4.80
ea

750G PUNNET

Adelaide Hills Baby Bravo Apples 750g Punnet \$6.40 per kg

\$1.70
ea

1KG BAG



Brown Onion 1kg Bag \$1.70 per kg

\$4
ea

2KG BAG



Kestrel Potatoes 2kg Bag \$2.00 per kg

RIVERLAND Navel Oranges



\$2.50 ea

1.5KG BAG



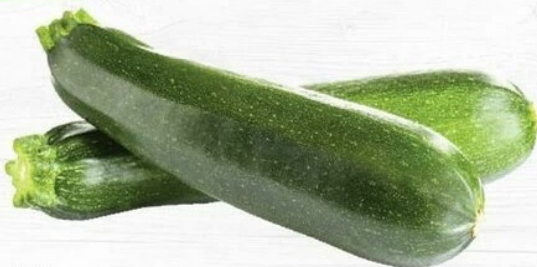
QUIRKY ON THE OUTSIDE,
DELICIOUS ON THE INSIDE!

PECULIAR PICKS

Riverland Peculiar Picks Navel Oranges 1.5kg Bag \$1.67 per kg

\$3.90 kg

LOCAL PRODUCE



Green Zucchini

\$4 ea

1KG SOUP PACK



Soup Vegetables 1kg Pack \$4.00 per kg

MEAT & SEAFOOD

\$15⁵⁰ kg

PRODUCT OF AUSTRALIA



Australian Lamb Forequarter Chops

Serving suggestion

\$12⁹⁰ kg

Australian Pork



O'Briens Boned & Rolled Loin Roast

Serving suggestion

\$25⁹⁰ kg

PRODUCT OF AUSTRALIA

FRESH



Australian Fresh Barramundi Portions Skin On (Find me in the Deli)

Serving suggestion

\$16 kg

THOMAS CAPPO SEAFOODS



Thomas Cappo Seafoods Premium Marinara Mix (Find me in the Deli. Thawed product.)

Serving suggestion

\$29⁹⁵ ea

SAVE \$8.05 UP TO



Thomas Cappo Seafoods Raw Prawn Meat 1kg \$29.95 per kg

\$11⁹⁰ ea

SAVE \$2.00 UP TO



Steve Costi Salt & Pepper Squid Frozen Pouch 320g \$37.19 per kg

\$13⁵⁰ ea

SAVE \$2.50 UP TO

SOUTH AUSTRALIA



Ferguson Coorong Mullet Fillets 200g \$6.75 per 100g

\$11⁹⁰ ea

SAVE \$2.50 UP TO



Thomas Cappo Seafoods Blue Whiting Fillets 1kg \$11.90 per kg

\$24⁹⁰ ea

SAVE \$3.10 UP TO

Global Seafoods

Australian Salmon Portions Skin On 4 Pack (4 x 125g) \$49.80 per kg



Global Seafoods

100% AUSTRALIA FAMILY-OWNED

PRODUCT OF AUSTRALIA

Serving suggestion

\$18⁵⁰ kg

PRODUCT OF AUSTRALIA



Australian Premium Gravy Beef

Serving suggestion

\$10⁹⁰ kg

PRODUCT OF AUSTRALIA



Australian Skinless Chicken Breast Fillets

Serving suggestion

\$19⁹⁵ kg

BEAK & SONS



Beak & Sons Meaty Pork Ribs Range

Serving suggestion

\$7⁹⁰ ea

BAROSSA

SOUTH AUSTRALIA



Barossa Fine Foods Gourmet Sausage 480g \$16.46 per kg

Serving suggestion

\$6⁹⁰ kg

PRODUCT OF AUSTRALIA



Ingham's Gourmet Chicken Portions

\$8⁵⁰ kg

AUSTRALIAN Pork



SunPork Smoked Bacon Hocks

\$27 kg

HEAT & EAT

SOUTH AUSTRALIA



Our Kitchen Fully Cooked Boneless Chicken Roasted Tomato & Garlic or Traditional

\$11⁹⁰ ea

SOUTH AUSTRALIA



Foodland Whole Marinated & Seasoned Chicken Size 20 (2.05kg) \$5.80 per kg

\$26⁵⁰ kg

Family Chef

PRODUCT OF AUSTRALIA

READY TO EAT



Family Chef Deli Cooked Roast Beef (Find me in Deli Dept. hot box)

\$10 ea

PRODUCT OF AUSTRALIA

READY TO EAT



Large BBQ Chicken (Find me in Deli Dept. hot box)

Serving suggestion

DELI



\$45 kg
San Marino
Australian Prosciutto



\$18⁹⁰ kg
Barossa Fine Foods
Kransky Range



\$6⁹⁰ ea
SAVE UP TO \$3.00
Mersey Valley
Cheese Range
235g \$29.36 per kg



\$29 kg
HOT OR MILD
Bertocchi Sopressa

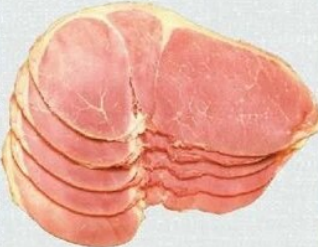


\$26 kg
AUSTRALIAN Pork
KR Castlemaine
EST 1911

KR Castlemaine
Australian Ham Off the Bone


\$12 kg
Primo


Primo Bacon Middle

\$20⁹⁰ kg
D'ORSOGNA

D'Orsogna Premium Silverside

\$9⁹⁰ ea
SAVE UP TO \$2.00
SOUTH AUSTRALIA

Woodside
Chevre Plain or Flavoured
Range 150g \$6.60 per 100g

\$13 kg
Chapman's

Chapman's Bung Fritz

\$12 kg
DON In Don's Good SINCE 1967

Don Real Diced Bacon
or Ham Shredded

\$7⁴⁵ ea
SAVE \$7.45 UP TO
1/2 PRICE
TASMANIAN HERITAGE
Camembert

Tasmanian Heritage Double Brie
or Camembert 250g \$29.80 per kg

\$3 ea
SAVE UP TO \$1.00
SOUTH AUSTRALIA

Penfield Olives Marinated, Plain
or Stuffed Olives or Ready to Eat
Tomatoes 190g \$15.79 per kg

\$3 ea

GREAT VALUE



Helga's Wraps 445-508g or Wonder Wraps 6 Pack

\$5 ea

SAVE UP TO \$1.90



Tip Top Café Toast 650g \$0.77 per 100g

\$4 ea

GREAT VALUE



Tip Top Hot Dog, Hamburger or Damper Rolls 6 Pack \$0.67 each

EVERY DAY LOW PRICES!

\$4.90 ea

EVERY DAY!

Helga's Bread Range 650-850g

\$4.90 ea

SAVE UP TO 60¢



Bagel Boys Bagels 4 Pack \$1.23 each

\$3.90 ea

SAVE UP TO 80¢



Mill Lane Turkish Rolls 3 Pack 330g \$1.30 each

\$5.30 ea

SAVE UP TO \$1.10



Toscano Brioche Buns 4pk \$1.32 each

\$5.70 ea

SAVE UP TO \$1.10



Molenberg 12 Grains & Seeds Bread 700g \$0.81 per 100g

\$6 ea

SAVE UP TO \$1.95



Riviera Bakery Swiss Natural Plus Spelt or Dark Rye 680g \$0.88 per 100g

\$4 ea

GREAT VALUE



Bake Stone Deli Pizza Base 400-500g

EVERY DAY LOW PRICES!
on slices of goodness



\$4.90 ea

EVERY DAY!

Abbott's Village Bakery Bread 680-850g



\$4.40 ea

EVERY DAY!

Wonder White Bread Range 680-700g



\$4 ea

EVERY DAY!

Sunblest Bread Range 650g \$0.62 per 100g



\$4 ea

EVERY DAY!

Country Split Bread 450g \$0.88 per 100g



\$4 ea

EVERY DAY!

Mighty Soft Bread 650-700g



\$4.40 ea

EVERY DAY!

Tip Top 9 Grain 700g Range \$0.63 per 100g



\$4.40 ea

EVERY DAY!

Tip Top The One Range 700g \$0.63 per 100g



\$4.90 ea

EVERY DAY!

Helga's Bread Range 650-850g



\$5.90 ea

EVERY DAY!

Bürgen Bread Range 700g \$0.84 per 100g



\$5.50 ea

EVERY DAY!

Helga's 50% Low Carb Bread 700g \$0.79 per 100g



\$6 ea

EVERY DAY!

Heinz Baked Beans or Spaghetti 3 x 300g \$0.67 per 100g



EVERY DAY LOW PRICES!
on pantry staples

\$7 ea

EVERY DAY!

Kraft Easy Mac Classic Cheese 8 Pack 560g \$1.25 per 100g



\$3 ea

EVERY DAY!

Hart & Soul Side Dish 150g \$2.00 per 100g



\$2 ea

EVERY DAY!

San Remo La Pasta 120g \$1.67 per 100g



\$4 ea

EVERY DAY!

Gravox Liquid Gravy 250g \$1.60 per 100g



\$3.50 ea

EVERY DAY!

KanTong Cooking Sauce 85-520g



\$2.40 ea

EVERY DAY!

SunRice Premium White Long Grain Rice 1kg \$0.24 per 100g



\$3.40 ea

EVERY DAY!

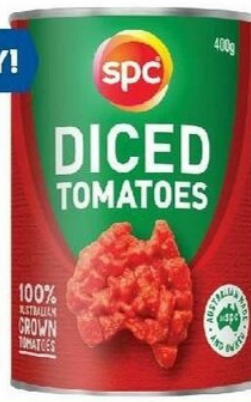
Greenseas Tuna Chunks in Brine 180g \$1.89 per 100g



\$1.30 ea

EVERY DAY!

SPC Crushed or Diced Tomatoes 400-410g



\$1.85 ea

EVERY DAY!

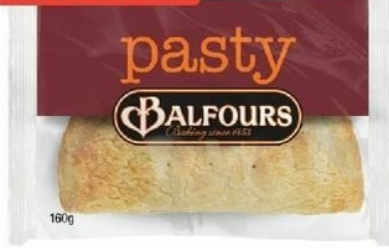
Zafarelli Pasta 500g \$0.37 per 100g



BAKERY & SNACKS

\$280
ea

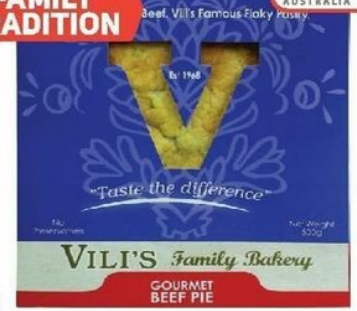
SAVE UP TO **\$1.60**



Balfours Traditional Pies,
Pasties or Sausage Rolls 150-175g

\$1150
ea

FAMILY TRADITION



Vili's Savoury Family Pie Plate 500g \$2.30 per 100g

\$540
ea

SAVE UP TO **\$3.55**



Nature's Delight
Australian
Walnuts 300g
\$1.80 per 100g

\$550
ea

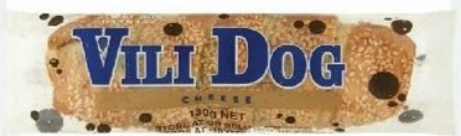
SAVE UP TO **90c**



Balfours Custard Tart Twin Pack 280g
\$1.96 per 100g

\$520
ea

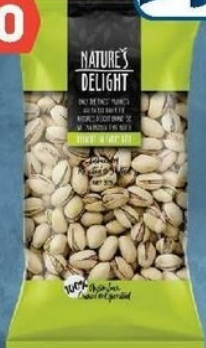
SUPPORT SA



Vili's Vili Dog Range 130g \$4.00 per 100g

\$12
ea

SAVE UP TO **\$2.10**



Nature's Delight
Australian
Pistachios 375g
\$3.20 per 100g

\$350
ea

SAVE UP TO **\$1.20**



Happy Muffin Co 4pk or Mini Muffin
8pk Range

\$350
ea

SAVE UP TO **60c**



Baker's Oven
Lamington Fingers 350g \$1.00 per 100g

\$270
ea

SAVE UP TO **\$2.00**



Nature's Delight
Pitted Dates
500g
\$0.54 per 100g

EVERY DAY LOW PRICES!

\$440
ea

EVERY DAY!

Wonder
White
Bread
Range
680-700g



\$5.50 ea
SAVE UP TO \$1.50




Kellogg's Special K 300g or Sultana Bran 420g

\$4.50 ea
SAVE UP TO \$1.50




Sanitarium Weet-Bix Blends Multi-Grain 575g or Organic 750g

\$5 ea
SAVE UP TO \$1.50



Uncle Tobys Fruity Bites Wildberry 500g \$1.00 per 100g

\$6 ea
SAVE UP TO \$1.50



Carman's Granola 450g \$1.33 per 100g

\$2.50 ea
SAVE UP TO 90c



Sanitarium So Good High Protein Almond Milk 1 Litre \$2.50 per litre

\$3.35 ea
SAVE UP TO \$3.35

1/2 PRICE



Uncle Tobys Protein Bars 175g \$1.91 per 100g

\$6 ea
SAVE UP TO \$1.45



Breaka Flavoured UHT Milk 6 x 250ml \$4.00 per litre

\$4.15 ea
SAVE UP TO 75c



Yarra Valley Juice 2 Litre \$2.08 per litre

\$5.75 ea

EVERY DAY!



Nestlé Sustagen Ready To Drink 3 x 250ml \$7.67 per litre

\$4.50 ea

EVERY DAY!



Morning Sun Muesli 650g \$0.69 per 100g

EVERY DAY LOW PRICES!

PANTRY

\$5.50
ea

SAVE \$2.00
UP TO



L'Or
Espresso
Capsules
10 Pack

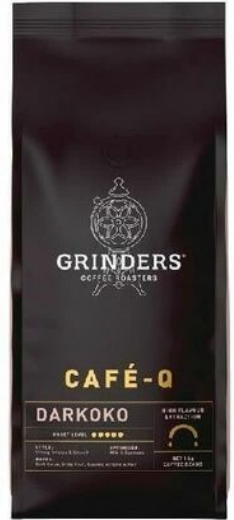


\$35
ea

SAVE \$12.00
UP TO



Grinders
Coffee
Beans 1kg
\$35.00 per kg



\$13
ea

SAVE \$2.40
UP TO



Cucina
Classica
Coffee
Beans 500g
\$2.60 per 100g

\$6.50
ea

SAVE \$2.90
UP TO



Nestlé
Milo Malted
Drinking
Chocolate
395-460g

\$2
ea

SAVE \$1.00
UP TO



Twinnings
Tea Bags
10 Pack

\$5.75
ea

SAVE \$1.45
UP TO



Capilano
Honey
Squeeze 375g
\$1.53 per 100g

\$2.90
ea

SAVE 60¢
UP TO



Sanitarium
Natural Peanut
Butter 375g
\$0.77 per 100g

\$2.75
ea

SAVE 70¢
UP TO



CSR
Coffee Sugar
Crystals 500g
\$0.55 per 100g

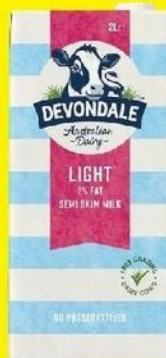
**EVERY
DAY
LOW
PRICES!**

\$3.90
ea

EVERY DAY!



Devondale
UHT Milk
2 Litre
\$1.95 per litre



\$2.80
ea

EVERY DAY!



Tetley
All Rounder
Tea Bags
50 Pack
\$0.06 each

\$2.10 ea
SAVE UP TO 30¢

Green's Pancake Shaker 190-200g

\$5 ea
SAVE UP TO \$1.20

Just Juice 6 x 200ml \$0.42 per 100ml

\$8.50 ea
SAVE UP TO \$1.00

Queen Pure Maple Syrup 250ml
 \$3.40 per 100ml

\$3.75 ea
SAVE UP TO \$1.25

Sunbeam Yoghurt Coated Sultanas 6 x 30g 6 Pack \$2.08 per 100g

\$5 ea
SAVE UP TO 80¢

Stevia Sweet Sachets 50 Pack

\$1.30 ea
SAVE UP TO 50¢

Cottee's Instant Pudding 100g
 \$1.30 per 100g

\$7.65 ea
SAVE UP TO 85¢

McKenzie's Sea Salt Grinder 410g or Whole Black Pepper Grinder 200g

\$9 ea
SAVE UP TO \$1.00

Queen Vanilla Extract 150ml
 \$6.00 per 100ml

Bake Winter Magic

White Wings **CSR**

\$3 ea
GREAT VALUE
 CSR Caster Sugar 1 kg
 \$0.30 per 100g

\$2.50 ea
SAVE UP TO \$2.50
 White Wings Cake Mix 410-560g

1/2 PRICE

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PANTRY

\$2 ea

SAVE UP TO **80c**



Continental Pasta & Sauce or Rice 85-120g

\$4.70 ea

SAVE UP TO **\$1.43**



Patak's Simmer Sauce 450g
\$1.04 per 100g

\$8.50 ea

SAVE UP TO **\$4.39**



Moro Olive Oil 500ml
\$1.70 per 100ml

\$2 ea

SAVE UP TO **50c**



Hart & Soul Curry Recipe Base 80g
\$2.50 per 100g

\$3 ea

SAVE UP TO **\$1.60**



Nandos Peri-Peri Marinade 262g
\$1.15 per 100g

\$5 ea

SAVE UP TO **80c**



Trident Sriracha Hot Chilli Sauce 480ml
\$1.04 per 100ml

\$8.90 ea

GREAT VALUE



Penfield Olives Pitted Kalamata 750g
\$1.19 per 100g

\$1.80 ea

SAVE UP TO **44c**



Mutti Tomato Paste Double Concentrate 130g
\$1.38 per 100g

EVERY DAY LOW PRICES!

\$3.50 ea

EVERY DAY!



KanTong Cooking Sauce 485-520g

\$2.50 ea

EVERY DAY!



MasterFoods Tomato or Barbecue Squeezy Sauce 250ml
\$1.00 per 100ml

PANTRY

\$4.70 ea

SAVE UP TO **\$1.23**



The Spice Tailor Curry Kit 275g
\$1.71 per 100g

\$3 ea

SAVE UP TO **\$1.00**



Dolmio Pasta Sauce 490-500g

\$2.90 ea

SAVE UP TO **\$1.10**



Massel Organic Liquid Stock 1 Litre
\$0.29 per 100ml

\$3.50 ea

SAVE UP TO **\$1.00**



San Remo Gluten Free Pasta 250-350g

95c ea

SAVE UP TO **30c**



Trident Packet Soup 50g
\$1.90 per 100g

\$3 ea

SAVE UP TO **90c**



Ocean Spray Cranberry Sauce 275g
\$1.09 per 100g

\$4.90 ea

SAVE UP TO **90c**



Alfa One Rice Bran Oil 500ml
\$0.98 per 100ml

\$4.30 ea

SAVE UP TO **70c**

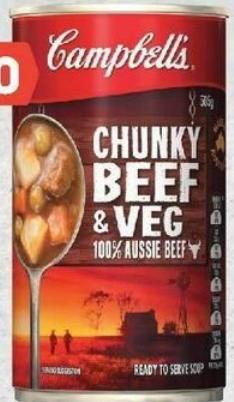


Harvest Meals 425g \$1.01 per 100g

WINTER WARMERS

\$3 ea

SAVE UP TO **\$1.50**



Campbell's Chunky Soup 500-505g

\$3 ea

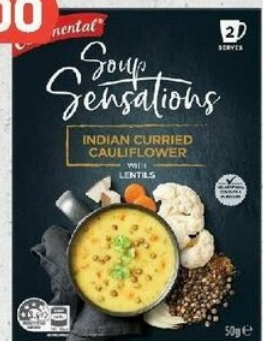
SAVE UP TO **\$1.50**



Hart & Soul Soup 400g
\$0.75 per 100g

\$2.50 ea

SAVE UP TO **\$1.00**



Continental Soup Sensations 40-70g

SNACKS

NEW PRODUCT

2 SERVE PACKS

GRAB AND GO!

1/2 PRICE

\$1 ea Life Savers Grab n Go
\$2.50 per 100g
SAVE \$1.00 UP TO

\$1.10 ea
SAVE \$1.10 UP TO

1/2 PRICE

Nestlé KitKat

Mars

Nestlé, Mars or Violet Crumble Bars 35-56g

\$3.50 ea
SAVE \$1.00 UP TO

Wrigley's Extra
67-93g or 46s

eclipse
CHEWY MINTS
Spearmint flavour

\$3.50 ea
SAVE \$1.30 UP TO

Doritos
CHEESE SUPREME

Doritos Corn Chips 150-170g or Smith's Baked 130g

\$6 ea
SAVE \$2.50 UP TO

Menz FruChocs
GIANT
MILK CHOCOLATE

Menz FruChocs 300-350g

\$3 ea
SAVE \$1.00 UP TO

Allen's Snakes Alive
NO ARTIFICIAL COLOURS

Allen's Bags 140-200g

\$3.85 ea
SAVE \$1.65 UP TO

Cadbury DAIRY MILK
MILK CHOCOLATE

Cadbury Family or Gold Blocks 165-190g

\$3 ea
SAVE \$1.30 UP TO

InfuZions
VEGGIE STRAWS
SOUP CREAM & HERB

Majans InfuZions 90g
\$3.33 per 100g

\$3.50 ea
SAVE \$1.20 UP TO

Thins
Original

Thins or Samboy Chips 150-175g

\$2.80 ea

SAVE UP TO \$1.20



Arnott's Vita-Weat 250g \$1.12 per 100g

\$3.50 ea

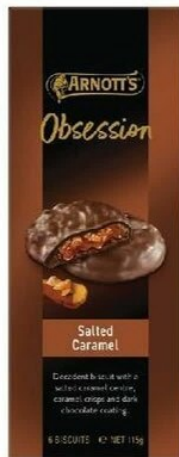
SAVE UP TO \$1.00



Arnott's Family Chocolate Biscuits 160-250g

\$4 ea

SAVE UP TO \$1.50



Arnott's Chocolate Obsession 115g \$3.48 per 100g

\$4.20 ea

SAVE UP TO \$1.80



Nutella Biscuits 193g \$2.18 per 100g

\$3 ea

SAVE UP TO \$1.50



Lotus Biscoff Biscuits 250g \$1.20 per 100g

\$1.75 ea

SAVE UP TO 55¢



Fantastic Rice Crackers 100g \$1.75 per 100g

\$3.50 ea

SAVE UP TO \$1.00



Arnott's Cracker Chips, Flatbread Dippers or Sourdough Crisps 130-150g

\$3.50 ea

SAVE UP TO \$1.00



Belvita Sandwich Biscuits 253g \$1.38 per 100g



Prices effective from Wednesday 9th August 2023 to Tuesday 15th August 2023, or while stocks last.

• Photographs for illustration purposes only. • Some products may not be available in all stores. • To cover freight some prices may be higher in some country areas. • Check with your local Foodland store for trading hours. Savings based on the Metcash competition sell price as at 03.07.23. Advertised savings may vary in some stores as some products may already be priced below the Metcash competition price. RESALE OF PRODUCTS NOT PERMITTED.

Please recycle this catalogue

SNACKS & DRINKS

EVERY DAY LOW PRICES!
on sweet treats

\$6 ea

EVERY DAY!



Cadbury
Large Blocks
343-360g

\$20 ea

EVERY DAY!



Sprite
or Fanta
Orange
24 x 375ml
\$2.22 per litre

\$5³⁵ ea

EVERY DAY!



Mount Franklin
Lightly
Sparkling
Water
4 x 450ml
\$2.97 per litre

\$6 ea

EVERY DAY!



Mars,
Milk Way
or Snickers
Funsizes
300-336g

\$3¹⁵ ea

EVERY DAY!



Mentos
Fruit 3 Pack
112.5g
\$2.80 per 100g

\$7⁸⁰ ea

EVERY DAY!



Harvest
Snaps
200-230g

\$4 ea

EVERY DAY!



Toobs 150g
\$2.67 per 100g

\$2⁹⁵ ea

EVERY DAY!



Pump
Pure Water
1.25 Litre
\$2.36 per litre

\$8⁵⁰ ea

EVERY DAY!



Rockstar
Energy Drink
4 x 500ml
\$4.25 per litre

\$3⁹⁰ ea

EVERY DAY!



Gatorade
1 Litre
\$3.90 per litre

\$5.50
ea

EVERY DAY!

Yoplait
Yoghurt 1kg
\$0.45 per 100g



**EVERY DAY
LOW PRICES!**
*on healthy
brekkies*

\$7
ea

EVERY DAY!

Meadow
Lea Spread
1kg
\$0.70 per 100g



\$6
ea

EVERY DAY!

Juice Brothers
Juice 1.5 Litre
\$4.00 per litre



\$8
ea

EVERY DAY!

Gardein
Meatless
Meat Balls
360g
\$2.22 per 100g



\$6
ea

EVERY DAY!

Bega
Cheese
Slices 250g
\$24.00 per kg



\$9.90
ea

EVERY DAY!

Dandy Bacon 1kg \$9.90 per kg



\$6
ea

EVERY DAY!

Birds Eye Corn Cobs 1kg \$6.00 per kg



\$4.95
ea

EVERY DAY!

McCain
Healthy Choice
Meals
280-350g



\$4
ea

EVERY DAY!

McCain Baby Beans 500g \$8.00 per kg



DRINKS

\$2¹⁰
ea

SAVE UP TO **\$1.45**



Coca-Cola
or Flavours
1.25 Litre
\$1.68 per litre

\$3²⁰
ea

SAVE UP TO **75¢**



Pepsi,
Schweppes,
Solo or Sunkist
2 Litre
\$1.60 per litre

\$26⁹⁰
ea

SAVE UP TO **\$22.30**



Coca-Cola, Diet Coke or Zero Sugar 30 x 375ml \$2.39 per litre

\$9⁶⁵
ea

SAVE UP TO **\$6.45**



Coca-Cola, Flavours or
Mount Franklin Sparkling Water 10 x 375ml \$2.57 per litre

\$5⁹⁰
ea

SAVE UP TO **\$1.10**



Bundaberg
Drinks
4 x 375ml
\$3.93 per litre

\$3
ea

SAVE UP TO **\$2.00**



Lipton
Ice Tea
1.5 Litre
\$2.00 per litre

\$10
ea

SAVE UP TO **\$2.50**



**0%
ZERO
ALCOHOL**

McGuigan
Zero Alcohol
Shiraz 750ml
\$13.33 per litre

\$9⁹⁰
ea

SAVE UP TO **\$6.60**



Bubly
Mineral Water 8 x 375ml \$3.30 per litre

\$24
ea

EVERY DAY!



Red Bull Energy Drink
12x250ml \$8.00 per litre

\$3
ea

SAVE UP TO **\$1.10**



Jarritos
Soda 370ml
\$8.11 per litre

MEAL IDEAS

\$8.50 ea

SAVE UP TO **\$1.50**



Community Co
Indian Meals 350g \$2.43 per 100g

\$7.80 ea

SAVE UP TO **\$2.20**



Simply Tasty
'Pub Grub' Meals 400g \$1.95 per 100g

\$5.50 ea

GREAT VALUE



Fancy That
Soup 350g
\$1.57 per 100g

\$12.75 ea

SAVE UP TO **\$3.25**



Ready Chef
Beef & Pork
Lasagne 2kg
\$6.38 per kg

\$16 ea

GREAT VALUE



Deluca's
Quiche 800g
\$2.00 per 100g

\$5.50 ea

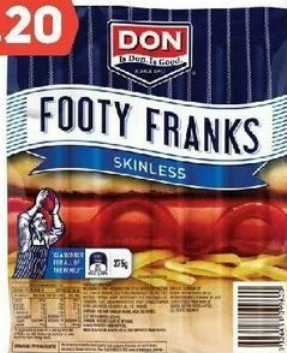
SAVE UP TO **\$1.50**



San Remo
Fresh Pasta
625g
\$0.88 per 100g

\$3.80 ea

SAVE UP TO **\$2.20**



DON
Skinless
Footy Franks
375g
\$10.13 per kg

\$7.50 ea

SAVE UP TO **\$2.49**



Love Buds Burgers 226g \$33.19 per kg

\$5.50 ea

SAVE UP TO **\$1.90**



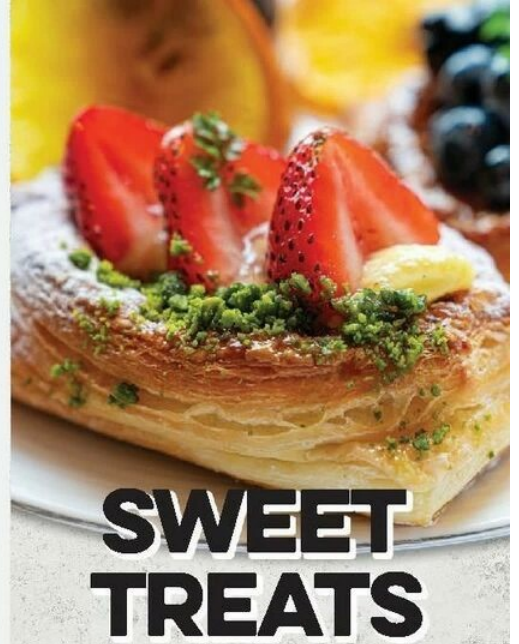
Dream
Whip 250g
\$2.20 per 100g

\$7 ea

SAVE UP TO **\$3.00**



Creative Gourmet
Mixed Berries 900g \$7.78 per kg



SWEET TREATS

\$6.50 ea

SAVE UP TO **\$2.00**



Sara Lee
Danish 400g
\$1.63 per 100g

PERFECT TOGETHER



\$6.50 ea

EVERY DAY!

Western Star
Spreadable 500g
\$1.30 per 100g



\$2.20 ea

SAVE UP TO \$2.20

Golden Bakery
Crumpets
Round 6 Pack
\$0.37 per each

1/2
PRICE



SERVING SUGGESTION

\$3.80 ea

SAVE UP TO 70¢



Ice Break
or Oak 750ml
\$5.07 per litre

\$3 ea

SAVE UP TO 80¢



Dairy Farmers
Classic 600ml
\$5.00 per litre

\$2.90 ea

SAVE UP TO 90¢



Farmers Union
Iced Coffee
500ml
\$5.80 per litre

NEW
PRODUCT

\$4.80 ea

TRY ME!



Dairy Farmers
Yoghurt 550g
\$0.87 per 100g

\$2 ea

TRY ME!



Dairy Farmers
Yoghurt 140g
\$1.43 per 100g

\$2 ea

TRY ME!



Vitasoy
Yoghurt 140g
\$1.43 per 100

\$4.50 ea

TRY ME!



Vitasoy
Yoghurt 450g
\$1.00 per 100g



\$1.20 ea
EVERY DAY!



EVERY DAY LOW PRICES!

Paulls Squeeze Yoghurt 70g
 \$1.71 per 100g

\$4.50 ea
SAVE UP TO \$2.20



Brownes Natural Yoghurt 1kg
 \$0.45 per 100g

\$6.95 ea
SAVE UP TO \$1.35



Jalna Pot Set Yoghurt 1kg (Excludes Organic)
 \$0.70 per 100g

\$4 ea
SAVE UP TO \$1.30



Vaalia Yoghurt 4 Pack \$0.67 per 100g

\$4.80 ea
SAVE UP TO 70¢



Paris Creek Farms Bio-dynamic Yoghurt 500g
 \$0.96 per 100g

\$6.50 ea
SAVE UP TO 96¢



Moo Yoghurt 720-910g

\$1.85 ea
SAVE UP TO 65¢



Chobani Yoghurt 160g \$1.16 per 100g

\$1.50 ea
SAVE UP TO 30¢



Yoplait Yop Yoghurt 130g
 \$1.15 per 100g

\$3.30 ea
SAVE UP TO \$1.00



Paulls Custard 600g
 \$0.55 per 100g

\$4.80 ea
SAVE UP TO \$1.60



Boost Juice 1 Litre
 \$4.80 per litre

DAIRY

\$12⁸⁰ ea

SAVE \$3.20
UP TO



Bega Cheese 1kg
\$12.80 per kg

\$8⁹⁵ ea

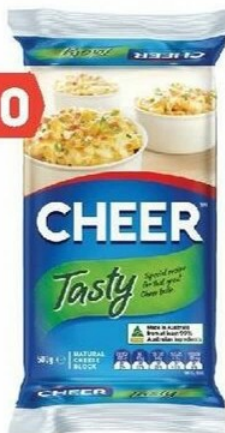
SAVE \$6.95
UP TO



Hans
Short Cut
Rindless
Bacon 750g
\$11.94 per kg

\$8 ea

SAVE \$2.90
UP TO



Cheer
Block
Cheese 500g
\$1.60 per 100g

\$4⁵⁰ ea

SAVE \$1.80
UP TO



Primo Cabanossi 300g \$15.00 per kg

\$8 ea

SAVE \$3.60
UP TO



Kraft Cheese Singles 648g
\$12.35 per kg

\$3⁴⁰ ea

SAVE \$1.20
UP TO



Black Swan
Crafted
Dips 170g
\$2.00 per 100g

\$6⁵⁰ ea

GREAT VALUE



Wintulicks Bacon 250g \$2.60 per 100g

\$2⁵⁰ ea

SAVE 50¢
UP TO



Zoösh
Dips 185g
\$1.35 per 100g

\$7⁵⁰ ea

GREAT VALUE



Wintulicks Kransky 375g \$2.00 per 100g

\$4⁹⁵ ea

SAVE \$1.01
UP TO



Hans Strassburg 375g \$13.20 per kg

\$6.80
ea

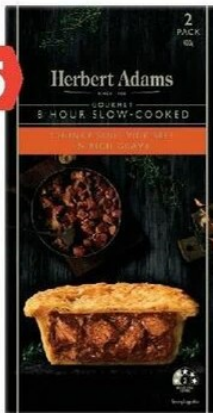
SAVE UP TO **\$1.70**



McCain
Family Pizza
490-500g

\$6.65
ea

SAVE UP TO **\$2.35**



Herbert Adams
Meat Pies 2 Pack
400-420g
\$1.66 per 100g

\$5
ea

SAVE UP TO **\$1.50**



I&J
Fish Fillets
425g
\$11.76 per kg

EVERY
DAY
LOW
PRICES!



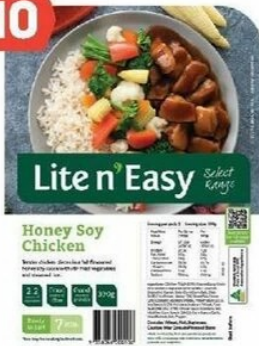
\$10.50
ea

EVERY DAY!

Bird Eye Fish Fingers 1kg
\$10.50 per kg

\$10.50
ea

SAVE UP TO **\$2.10**



Lite & Easy
Meals
390-455g

\$8
ea

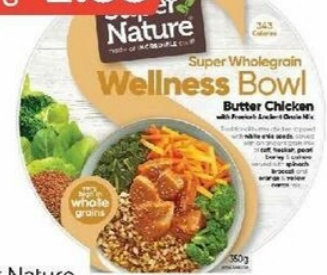
SAVE UP TO **\$1.50**



Steggles
Chicken Kiev
350g
\$22.86 per kg

\$5.50
ea

SAVE UP TO **\$2.00**



Super Nature
Bowls or Boxed Meals 350g
\$1.57 per 100g

\$5.50
ea

SAVE UP TO **\$1.50**



Birds Eye
Deli Roast
Veggies
600g
\$9.17 per kg

\$2.80
ea

SAVE UP TO **70c**



Birds Eye
Microwave
Chips 140g
\$20.00 per kg

\$4.80
ea

SAVE UP TO **70c**



On The Menu
Roast Chicken
Roll 179g
\$2.68 per 100g

FROZEN

\$7.50
ea

SAVE \$2.40
UP TO

I'M BACK!



Sanitarium So Good Ice Cream 1 Litre
\$0.75 per 100ml

\$7.50
ea

TRY ME!



Streets
Mochi Ku Frozen
Dessert 9 Pack
\$3.79 per 100ml

NEW PRODUCT



\$6.50
ea

SAVE \$3.00
UP TO



Peters
Drumstick
Multipacks
4-6s

\$6.50
ea

SAVE \$3.00
UP TO



Peters
Maxibon
Multipacks 4s
\$1.16 per 100ml

\$6.50
ea

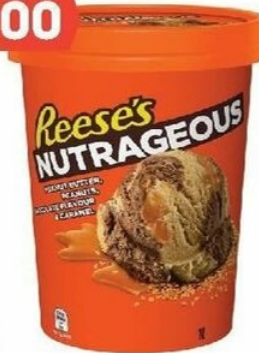
SAVE \$2.00
UP TO



Sara Lee Apple Crumble 600g \$1.08 per 100g

\$7
ea

SAVE \$2.00
UP TO



Hershey
or Reese's
Ice Cream
1 Litre
\$0.70 per 100ml

\$6.80
ea

SAVE \$3.00
UP TO



Golden North Sorbet 1.2 Litre \$0.57 per 100ml



\$7
ea

SAVE \$1.95
UP TO



Golden North No Added Sugar
Ice Cream 1.2 Litre \$0.58 per 100ml

\$18
ea

SAVE \$6.90
UP TO



Streets
Icy Treats Variety Pack 26s \$0.98 per 100ml

\$6
ea

SAVE \$2.50
UP TO



Proud & Punch
Multipack 6s

\$6.50 ea
SAVE UP TO \$4.50

Décor Tritan Banded 750ml or Tritan Hydrate 1L Bottles

\$6.20 ea
SAVE UP TO \$4.30

Décor Go Click Lunchbox 800ml or Divided Snack Box 500ml

\$9.70 ea
SAVE UP TO \$7.30

Décor Tritan Jumbo Bottle 2.2L

\$7.95 ea
SAVE UP TO \$6.05

Décor Insulated Stainless Steel Wine or Coffee Cup 350ml or Stainless Steel Junior Sip 500ml

\$4.45 ea
SAVE UP TO 55¢

Sabco Disposable Vinyl Gloves 25 Pack \$0.18 each

\$8 ea
EVERY DAY!

Redheads Original Gas Match 1 Pack \$8.00 each

\$4.50 ea
SAVE UP TO \$1.00

Redheads Firelighters 24 Pack \$0.19 each

\$10 ea
SAVE UP TO \$2.00

Redheads BBQ Briquettes 4kg \$2.50 per kg

\$13.75 ea
SAVE UP TO \$13.75

Energizer Max Batteries AAA 14 Pack or AA 16 Pack


1/2 PRICE

FOODLAND
 THE COMMUNITY-FOCUS BUSINESS

ROYAL ADELAIDE SHOW GET YOUR TICKETS IN STORE!

PRE-PURCHASE TICKETS AND SAVE!

TICKET TYPE	PRE-PURCHASE		GATE	
	Weekdays	Weekends	Weekdays	Weekends
Adult 	\$26	\$32	\$36	\$42
Child (5 years to 14 years)	\$16.50	\$20.50	\$26.50	\$30.50
Child (Under 5)	FREE	FREE	FREE	FREE
Concession (Incl. students)	\$21	\$26	\$31	\$36.00
Family 2 adults & 2 children or 1 adult & 3 children	\$62.50	\$75	\$80	\$90
Carnival Pass	\$40 value: \$35 \$100 value: \$80			

2-10 SEP 2023 BOOK TICKETS AT
THESHOW.COM.AU OR 

Pre-purchase is a saving of at least 22% compared to gate prices. Tickets can be pre-purchased anytime both pre-Show and during Show. Save up to 20% on rides with the Discount Carnival Pass, available for purchase anytime both pre-Show and during Show. The Discount Carnival Pass is redeemable any day of the Show (including weekends). Entry tickets and Discount Carnival Pass are available via Ticketek and Foodland. Terms and conditions can be obtained via theshow.com.au

Help every pet find a home



Spend \$20 on participating brands for your chance to **WIN \$5,000** and we'll **DONATE \$5,000** to RSPCA South Australia*



*The Promotion starts at 12:01 AM ACST Wednesday 2nd August 2023 and closes at 11:59 PM ACST on Tuesday 29th August 2023. Major prize is \$5,000 cash. Total prize pool is valued at \$5,000. To enter, spend a minimum of \$20 on specially marked products in 1 transaction in any Foodland store during the promotional period. Participants must enter online at www.foodlandsa.com.au and keep an original copy of their receipt as proof of purchase. One entry only accepted per eligible purchase. If you are under the age of 18 you are not permitted to enter. Prize draw will take place at Foodland Supermarkets, on 11th September 2023. The major prize winner will be notified by phone and email and published on the Foodland website. Promoter is Foodland Supermarkets, 191 Flinders Street, Adelaide SA 5000. For full terms and conditions visit www.foodlandsa.com.au.

SCAN FOR FULL DETAILS



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26th August 2023 is International Dog Day

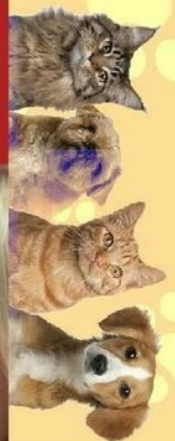


Treat your furry friend this international dog day



\$5 ea
SAVE \$2.50 UP TO

Schmackos Dog Treats 200g \$2.50 per 100g



PAMPER YOUR PETS

\$6 ea

EVERY DAY!



EVERY DAY LOW PRICES!

Trill Bird Seed Mix 1.8kg \$0.33 per 100g

\$3.75 ea

SAVE UP TO 75¢



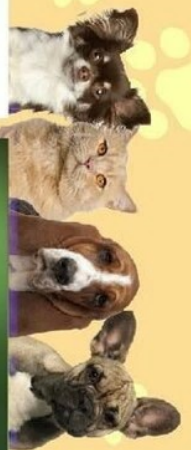
Schmackos Tasty Bites Dog Treats 130-155g

\$14 ea

SAVE UP TO \$4.00



Greenies Dental Treats 170g \$8.24 per 100g



\$7 ea

SAVE UP TO \$3.00



Harmony Meal Worms 120g \$5.83 per 100g

\$3 ea

SAVE UP TO 99¢



Trill Honey Sticks 3 Pack 105g \$2.86 per 100g





PAMPER YOUR PETS

OPTIMUM™

nutrition for life™

PETS DON'T ALWAYS KNOW WHAT'S GOOD FOR THEM



Lucky you do



\$15 ea

SAVE UP TO \$7.00

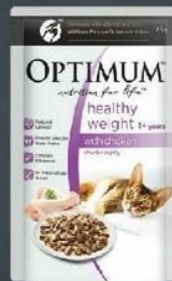
Optimum Dry Dog Food 2.5-3kg



\$9.50 ea

SAVE UP TO \$2.50

Optimum Dry Cat Food 800g \$1.19 per 100g



\$1.40 ea

SAVE UP TO 70¢

Optimum Cat Food Pouch 85g \$1.65 per 100g

© 2023 Mars or Affiliates.

\$4 ea

EVERY DAY!



Pedigree 1.2kg \$0.33 per 100g

EVERY DAY LOW PRICES!

\$10.80 ea

SAVE UP TO \$2.70



Whiskas Oh So Cat Food 12 x 85g \$1.06 per 100g

\$10 ea

SAVE UP TO \$3.50



My Dog Dry Dog Food 1.5kg \$0.67 per 100g

UP TO **20% OFF** SELECTED **PET HUB PRODUCTS**

Available at Selected Stores.



Delight them with the best of both worlds



\$5.70 ea

SAVE UP TO \$1.30

Fancy Feast
Dry Cat
Food 450g
\$1.27 per 100g

\$6.50 ea

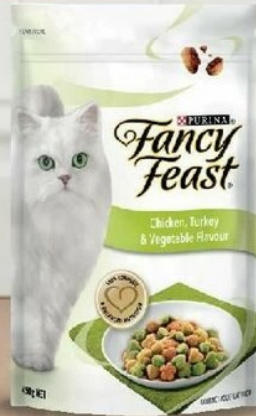
SAVE UP TO \$1.50

Friskies
Dry Cat
Food 1kg
\$0.65 per 100g

\$1.30 ea

SAVE UP TO 60¢

Fancy Feast
Cat Food
85g
\$1.53 per 100g



PURINA Your Pet, Our Passion®

\$22 ea

SAVE UP TO \$6.00



Breeder's Choice
Cat Litter 24 Litre
\$0.92 per litre

90¢ ea

SAVE UP TO 30¢



Snappy Tom
Gourmet
Delight 85g
\$1.06 per 100g

\$21.50 ea

SAVE UP TO \$9.50



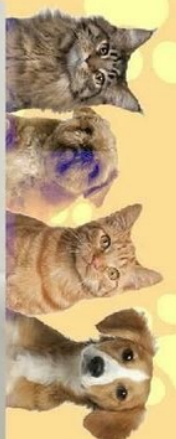
Pedigree
Meaty Bites
Dry Dog
Food 8kg
\$0.27 per 100g

\$12.50 ea

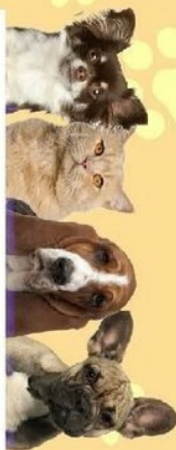
SAVE UP TO \$1.50



Bow Wow
Pigs Ears
5 Pack
\$2.50 each



PAMPER YOUR PETS





PAMPER YOUR PETS

Naturally good
Simply enjoyable.
Real tasty.



\$1.30
ea

SAVE UP TO **30¢**

Nature's Gift
Dog Food Tray
100g \$1.30 per 100g



\$4.80
ea

SAVE UP TO **\$1.20**

Nature's Gift Dog Food Roll 1.4kg
(Available in Meat Dept. fridge) \$3.43 per kg

- 1st REAL MEAT 1ST INGREDIENT
- COMPLETE & BALANCED
- NO ADDED ARTIFICIAL COLOURS, FLAVOURS OR PRESERVATIVES

\$5.95
ea

SAVE UP TO **\$3.05**

Dine
Classic
Cat Food
Multipack
7 x 85g
\$1.00 per 100g



\$5.90
ea

GREAT VALUE

Fussy Cat
Steak Range
5 x 90g 450g
(Available in
Meat Dept. fridge)
\$13.11 per kg



\$5.40
ea

EVERY DAY!

EVERY
DAY
LOW
PRICES!



Nature's Gift Meatballs 700g (Available in Meat Dept. fridge) \$7.71 per kg

\$2.20
ea

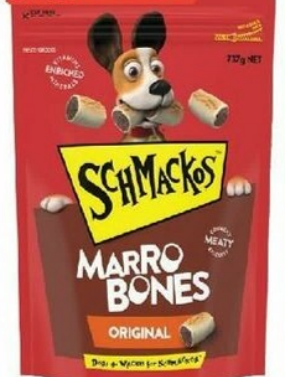
SAVE UP TO **40¢**



Purina Fancy Feast
Savory Centres Cat Food 85g
\$2.59 per 100g

\$10
ea

SAVE UP TO **\$2.50**



Schmackos
Marro Bones 737g \$1.36 per 100g



TotalCare

See in store for
our full range



100% recycled or
recyclable materials

\$25 ea
SAVE UP TO \$3.00



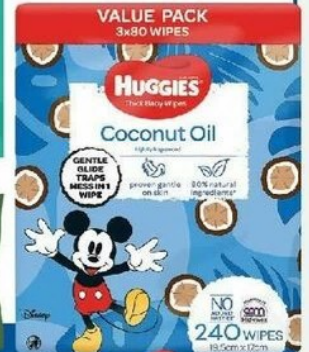
Beyond by
 BabyLove
 Nappy Pants
 26-36s

\$8.75 ea
SAVE UP TO \$3.75



Johnson's
 Baby Care
 Range 500ml
 \$1.75 per 100ml

15% SELECTED HUGGIES OFF PRODUCTS



- A. Huggies Ultimate Nappies 52-108s
\$31ea SAVE \$10.00
- B. Huggies Ultimate Baby Wipes 64 Pack
\$4ea SAVE \$2.00 \$6.25 per 100 units
- C. Huggies Baby Wipes 3x72s or 3x80s
\$10.70ea SAVE \$6.30

\$4.55 ea
SAVE UP TO \$1.45



Johnson's Baby Wipes Refill
 80s \$5.69 per 100 units

\$1.50 ea
SAVE UP TO 60c



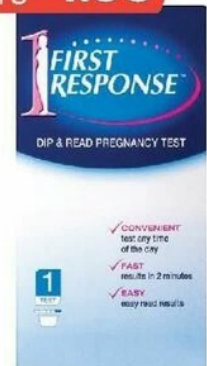
Heinz Little Kids Puffs 12g
 \$12.50 per 100g

\$4 ea
SAVE UP TO \$3.50



Jack n Jill
 Toothpaste
 50g
 \$8.00 per 100g

\$7.50 ea
SAVE UP TO \$1.90



First Response
 Dip & Read Pregnancy Test
 1 Pack* \$7.50 each

\$17.50 ea
EVERY DAY!

Nestlé
 NAN Comfort 3
 Toddler 1+ Years
 Milk Drink
 Powder 800g
 \$2.19 per 100g



\$1.80 ea
EVERY DAY!

Farex
 Baby Food
 Pouch 120g
 \$1.50 per 100g



EVERY DAY LOW PRICES!



*Always read the label and follow the directions for use.

\$6 ea
SAVE \$6.50 UP TO

1/2 PRICE

NEW PRODUCT

Nature's Own
Effervescent 20s
\$30.00 per 100 units

EFFERVESCENT + GREAT TASTE

MAGNESIUM + ENERGY

Nature's Own Magnesium + Energy 20 pack
Supports energy production & muscle health.
Always read the label and follow the directions for use.
MAT-AU-2301668 July 2023

\$18.90 ea
SAVE UP TO \$11.10

Oral B
Power
Toothbrush
Cross Action
Refills 3 Pack
\$6.30 each

\$25 ea
SAVE UP TO \$25.00

1/2 PRICE

Oral B
Vitality Power
Toothbrush
1 Pack
\$25.00 each

\$5.50 ea
SAVE UP TO \$1.00

Advil Mini Liquid Caps 20 Pack¹
\$0.28 each

\$14 ea
SAVE UP TO 50¢

Cancer Council
SPF 50+
Sunscreen
Moisturiser
75ml⁹
\$18.67 per 100ml

\$10 ea
SAVE UP TO 50¢

SKYN
ORIGINAL
Natural feeling
10
CONDOMS WITH LATEX
COATINGS

Skyn Condoms 10 Pack
or Lube 80ml*

\$4.90 ea
SAVE UP TO \$2.10

Herbal
Essence
Shampoo or
Conditioner
300ml
\$1.63 per 100ml

*Always read the label and follow the directions for use. Sunscreens are only one part of sun protection. Prolonged high-risk exposure should be avoided. Frequent re-application or use in accordance with directions is required for effective sun protection. 1 Always read the label. Follow directions for use. This medicine may not be right for you. Read the warnings on pack before purchase. Incorrect use could be harmful. If symptoms persist, talk to your health professional.

PREPARE YOUR FAMILY THIS WINTER

Always read the label and follow the directions for use.
Nurofen: Incorrect use could be harmful.
For the temporary relief of pain and inflammation.
Strepsils: For the temporary relief of sore throats.

\$7 ea
SAVE UP TO \$1.00

Strepsils Herbal
COUGH +
Herbal Immune Support
16 LOZENGES
\$0.44 each

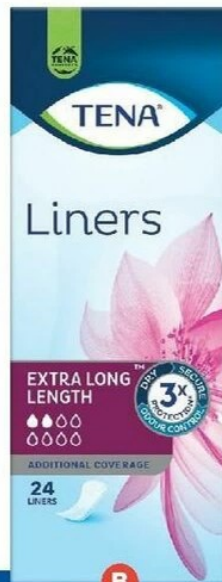
\$6 ea
SAVE UP TO \$1.15

NUROFEN
Ibuprofen 200mg
24 CAPLETS
\$0.25 each

30% OFF SELECTED TENA PRODUCTS



A



B

- A. Tena Pads 6-20s \$4.40ea SAVE \$2.30
- B. Tena Liners 22-39s \$3.85ea SAVE \$1.65



Say **YES** to supporting local. Switch to **Australian made** beauty.

1/2 PRICE



NATURAL INGREDIENTS
VEGAN PRODUCT

CARBON OFFSET
CRUELTY FREE

NO PARABENS
NO SULPHATES

20% OFF SELECTED PALMOLIVE PRODUCTS



A



B



C

- A. Palmolive Foaming Hand Wash Refill 1 Litre \$7ea SAVE \$3.00 \$0.70 per 100ml
- B. Palmolive Luminous Oil Shampoo or Conditioner 700ml \$6ea SAVE \$4.00 \$0.86 per 100ml
- C. Palmolive Soft Wash Pump 250ml \$2.50ea SAVE 70c \$1.00 per 100ml

Always read the label and follow the directions for use. Sunscreens are only one part of sun protection. Avoid prolonged high-risk sun exposure. Reapply frequently. Promotion valid from 02/08/2023 - 05/09/2023. *T&C's apply. To enter visit www.NIVEA.com.au/highlights/foodland-2023. South Australia Lottery Licence No: T23/899

1/2
PRICE

SELECTED LAUNDRY



- A. Omo Ultimate Laundry Liquid 2 Litre, Powder 2kg or Capsules 28 Pack **\$14.50ea SAVE \$14.50**
- B. Cold Power Laundry Liquid 1.8-2 Litre or Powder 1.8-2kg **\$10.50ea SAVE \$10.50**
- C. Vanish Gold Oxi Pro Stain Remover 2kg **\$16ea SAVE \$16.00** 8.00 per kg
- D. Comfort Fabric Conditioner 900ml **\$5ea SAVE \$5.00** \$5.56 per litre

\$7.50
ea

SAVE \$2.00
UP TO



Vanish Gold Pro Trigger 450ml
\$16.67 per litre

\$5.10
ea

SAVE \$2.90
UP TO



Pine O Clean Disinfectant 1.25 Litre
\$4.08 per litre

\$5.60
ea

SAVE \$2.40
UP TO



Pine O Clean 24 Hour Protection Disinfectant Spray Lemon 500ml
\$1.12 per 100ml

\$9
ea

SAVE \$6.00
UP TO



Pine O Clean 24 Hour Protection Disinfectant Wipes Lemon 126 Pack
\$0.07 each

\$4
ea

SAVE \$1.00
UP TO



Palmolive Ultra Dishwashing Liquid 500ml
\$0.80 per 100ml

\$4
ea

SAVE \$4.00
UP TO



Palmolive Ultra Dish Spray 375-500ml
\$1.07 per 100ml

1/2
PRICE

\$29.30
ea

SAVE \$18.70
UP TO



Finish Quantum Ultimate Pro Dishwashing Tablets 32s or 0% 34s

& CLEANING PRODUCTS



E



F



G



G



H

E. Ajax Professional Bathroom or Mould Remover Trigger Sprays 500ml **\$3.50ea SAVE \$3.50** \$0.70 per 100ml

F. Ajax Eco Antibacterial Wipes 110 Pack **\$5.50ea SAVE \$5.50** \$0.05 each

G. Glen 20 Disinfectant Spray 24 Hour Protection 300g or Pure Disinfectant Air Fresheners 283g **\$5.75ea SAVE \$5.75**

H. Bref Spa Moments Twin Pack 100g **\$5.50ea SAVE \$5.50** \$5.50 per 100g

\$3.50 ea

SAVE UP TO \$1.30



White King
Lemon Bleach
Spray 500ml
\$7.00 per litre

\$4 ea

SAVE UP TO 80c



White King
Bleach
2.5 Litre
\$1.60 per litre

\$1.35 ea

SAVE UP TO 26c



Who Gives A Crap 3 Ply
Toilet Paper Single Roll
\$0.34 per 100 sheets

\$2.50 ea

SAVE UP TO \$1.10



iCare Aloe Vera Facial Tissues
140s \$1.79 per 100 sheets

\$4 ea

SAVE UP TO \$1.00



Handee Ultra Paper Towel 3 Pack
\$2.22 per 100 sheets

\$5 ea

SAVE UP TO \$3.00



Sorbent Toilet Roll 8 Pack
\$0.35 per 100 sheets

\$5 ea

SAVE UP TO \$2.00



Sorbent Double Length Toilet Rolls 4 Pack
\$0.69 per 100 sheets

EVERY DAY LOW PRICES!
on baby essentials



\$1.20 ea

EVERY DAY!



Heinz Baby Food Jar 110g
\$1.09 per 100g

\$1.80 ea

EVERY DAY!



Baby Bellies Soft Corn 8g
\$22.50 per 100g

\$5.85 ea

EVERY DAY!



Nestlé Cerelac 200g
\$2.92 per 100g

\$17.50 ea

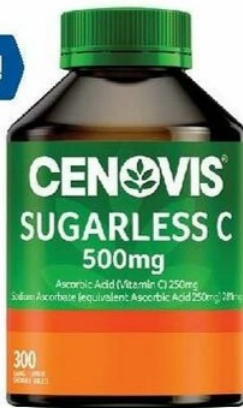
EVERY DAY!



Otrivin Nasal Spray Baby 15ml
\$5.67 per 10ml

\$17 ea

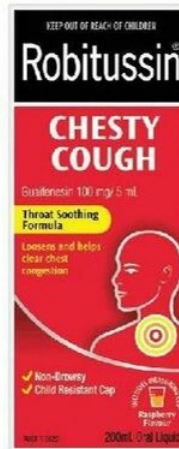
EVERY DAY!



Cenovis Sugarless C 500mg Orange Flavour 300 Tablets
\$5.67 per 100 units

\$10 ea

EVERY DAY!



Robitussin Cough Liquid 200ml
\$5.00 per 100ml

\$2.70 ea

EVERY DAY!



Natures Organics Turning Point 2-in-1 Shampoo & Conditioner 400ml
\$0.68 per 100ml

\$25.50 ea

EVERY DAY!



Metamucil Fibre Supplement 425-504g

\$13.60 ea

EVERY DAY!



Vicks Vapodrops 36 Pack \$0.38 each

\$13.90 ea

EVERY DAY!



Vicks VapoRub Decongestant Rub 100g
\$13.90 per 100g

\$3_{ea}

EVERY DAY!

Kleenex
Everyday
Facial
Tissues 200s
\$1.50 per 100 units



EVERY
DAY
LOW
PRICES!
*on everyday
essentials*

\$3.50_{ea}

EVERY DAY!



Cuddly Fabric Softener 300ml \$1.17 per 100ml

\$3_{ea}

EVERY DAY!



Glade Solid Air Freshener 180g \$1.67 per 100g

\$6.75_{ea}

EVERY DAY!



Glade Candles 1 Pack \$6.75 each

\$9_{ea}

EVERY DAY!



Earth Choice
Laundry Liquid 1 Litre
\$9.00 per litre

\$4.95_{ea}

EVERY DAY!



Multix Greener
Ocean Plastic
Kitchen Tidy
Bags – S, M, L

\$3_{ea}

EVERY DAY!



Multix Greener Plant Based
Cling Wrap 20 Metre \$0.15 per metre

\$6_{ea}

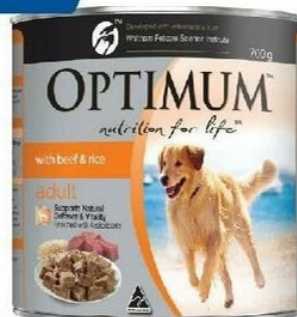
EVERY DAY!



Trill
Bird Seed
Mix 1.8kg
\$0.33 per 100g

\$4.20_{ea}

EVERY DAY!



Optimum
Dog Food
680-700g

\$9_{ea}

EVERY DAY!



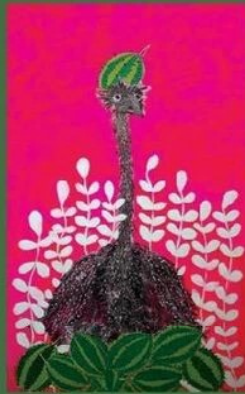
The Paw Grocer
Bikkie Dog
Treats 150g
\$6.00 per 100g

FOODLAND

Food for
the Soul

EXHIBITION

1 - 31 August 2023



Artwork: Lou Clarke, 'Mad About Melons - Parrotou Emu', 2023

Supporting Mighty
South Aussie
Artists across 35+
Foodland stores!



SALA

SALA
programs
available
in-store!

*While stocks last.
More info at foodlandsa.com.au



\$3.80
ea

SAVE \$3.80
UP TO



Nescafé
Coffee Sachets
6-10 Pack



\$2
ea

SAVE \$2.00
UP TO



Continental
Liquid Stock
1 Litre
\$0.20 per 100ml

\$6
ea

SAVE \$6.00
UP TO



Connoisseur
Ice Cream
1 Litre
\$0.60 per 100ml

\$14.50
ea

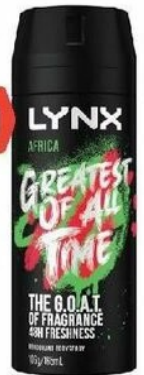
SAVE \$14.50
UP TO



OMO
Ultimate Laundry
Liquid 2 Litre,
Powder 2kg
or Capsules 28 Pack

\$4
ea

SAVE \$4.00
UP TO



Lynx
Body Spray
or Antiperspirant
Deodorant 165ml
\$2.42 per 100ml

\$24
ea

GREAT VALUE

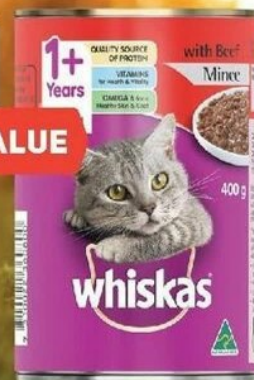
My Dog
Multipack
24 x 100g
\$1.00 per 100g



\$2
ea

GREAT VALUE

Whiskas
Cat Food
400g
\$0.50 per 100g



FOODLAND P32
2023 P42



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catalogue straight to your inbox.



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Foodland stores!

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