

# FOODLAND

On Sale 6-12 September 2023

**\$19<sup>90</sup>** kg

Spring Lamb



New Season Australian Spring Lamb Loin Chops

**NEW SEASON LAMB**



Serving suggestion



**\$2<sup>35</sup>** ea

SAVE \$2.35 UP TO



The Natural Chip Co. Chips 150-175g



**\$2<sup>75</sup>** ea

SAVE \$2.75 UP TO

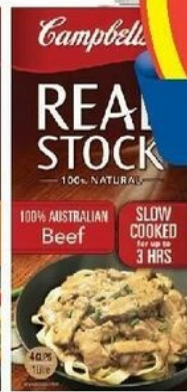
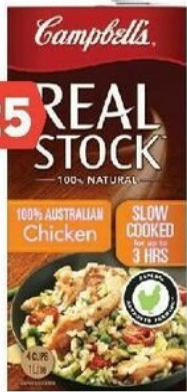
Menz FruChocs or JeliChocs 125-150g



**1/2 PRICE**

**\$2<sup>25</sup>** ea

SAVE \$2.25 UP TO



Campbell's Real Stock 1 Litre \$2.25 per litre



**\$2** ea

SAVE \$2.00 UP TO

Ben's Original Microwave Rice 240-250g

**\$18** ea

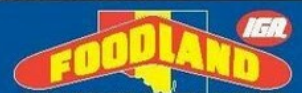
SAVE \$12.50 UP TO



Moccona Freeze Dried Coffee 400g \$4.50 per 100g



Great Food lives Here



**WIN  
A 65" TV  
& \$500  
FOODLAND  
GIFT CARD  
FOR YOUR  
GAME DAY  
SNACKS!**



**BUY ME  
TO ENTER**

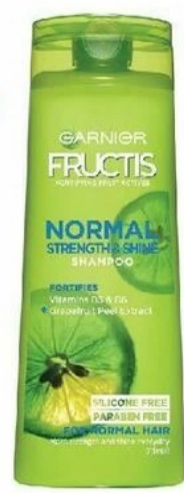
**1**  
Purchase a  
participating  
product

**2**  
Scan your  
Foodland app  
at the checkout

**3**  
Keep your  
receipt & you're  
in the draw!\*

**\$4<sup>ea</sup>**  
**SAVE \$4.00  
UP TO**

Garnier Fructis  
Shampoo  
or Conditioner  
315ml  
\$1.27 per 100ml



**\$8<sup>50</sup><sup>ea</sup>**  
**SAVE \$8.50  
UP TO**

Garnier Fructis  
Shampoo or  
Conditioner  
850ml  
\$1.00 per 100ml



**\$10<sup>ea</sup>**  
**SAVE \$10.00  
UP TO**

Garnier  
Olia Hair  
Colour 1 Pack  
\$10.00 each



**\$2<sup>25</sup><sup>ea</sup>**  
**SAVE \$2.25  
UP TO**

Lynx  
Roll On  
Deodorant 50ml  
\$4.50 per 100ml



**\$14<sup>50</sup><sup>ea</sup>**  
**SAVE \$14.50  
UP TO**

Omo  
Ultimate  
Laundry Liquid  
2 Litre or  
Powder 2kg  
\$7.25 per litre



**\$8<sup>50</sup><sup>ea</sup>**  
**SAVE \$8.50  
UP TO**

Vanish  
Gold Oxi  
Pro 1kg  
\$8.50 per kg



**ENTER  
BUY ME  
TO ENTER**

**\$2<sup>50</sup><sup>ea</sup>**  
**SAVE \$2.50  
UP TO**

Palmolive  
Ultra  
Dishwashing  
Liquid 500ml  
\$0.50 per 100ml



**\$5<sup>50</sup><sup>ea</sup>**  
**SAVE \$5.50  
UP TO**

Bref  
Toilet Cleaner  
2 x 50g  
\$5.50 per 100g



\*Promotion runs 16/8 to 12/9. For full terms

\$1.60 ea

SAVE UP TO \$1.65



Cheezels,  
Chickadee  
or Pigadees  
Box 110-125g  
\$1.28 per 100g

BUY ME TO ENTER



\$2.50 ea

SAVE UP TO \$2.50



Red Rock Deli  
Crackers  
130-135g

\$2.35 ea

SAVE UP TO \$2.35



The Natural  
Chip Co.  
Chips  
150-175g

\$8 ea

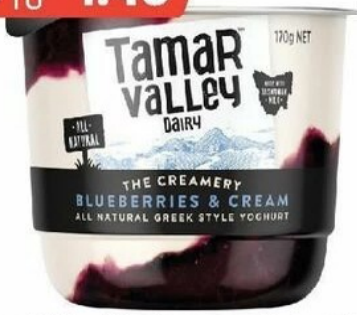
SAVE UP TO \$8.00



Cadbury  
Favourites  
or Toblerone  
Pralines  
180-352g

\$1.45 ea

SAVE UP TO \$1.45



Tamar Valley The Creamery Yoghurt 170g  
\$0.85 per 100g

\$7.25 ea

SAVE UP TO \$7.25



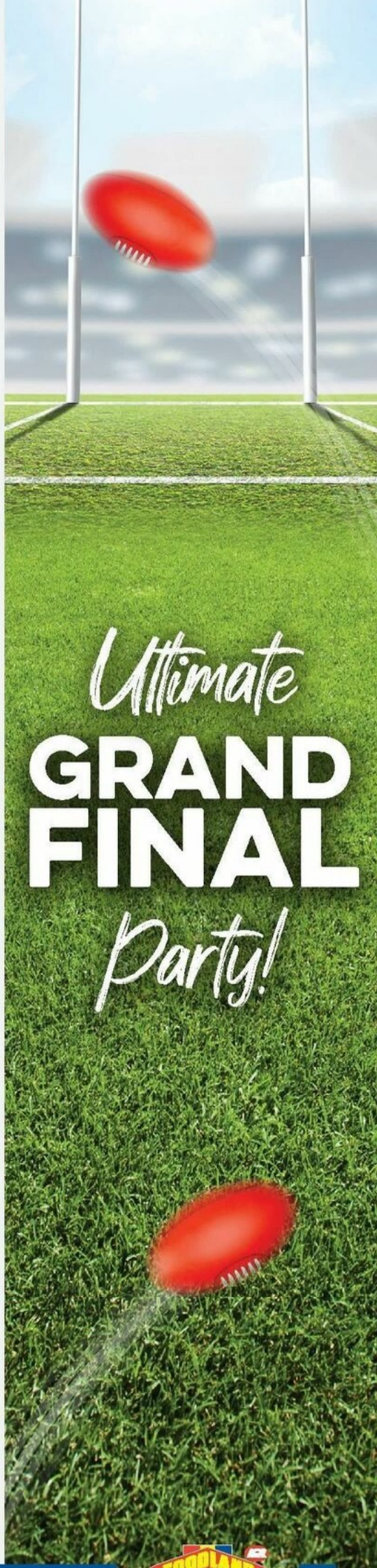
Ben & Jerry's  
Ice Cream  
427-458ml

\$6 ea

SAVE UP TO \$6.00



Cadbury  
Ice Cream  
460ml  
\$1.30 per 100ml



Ultimate  
**GRAND FINAL**  
Party!



# SOUTH AUSSIE White Mushrooms



**\$9.90**  
kg

**FARM  
FRESH**

South Australian White Mushroom Cups Loose

**\$3**  
ea

**250G PUNNET**



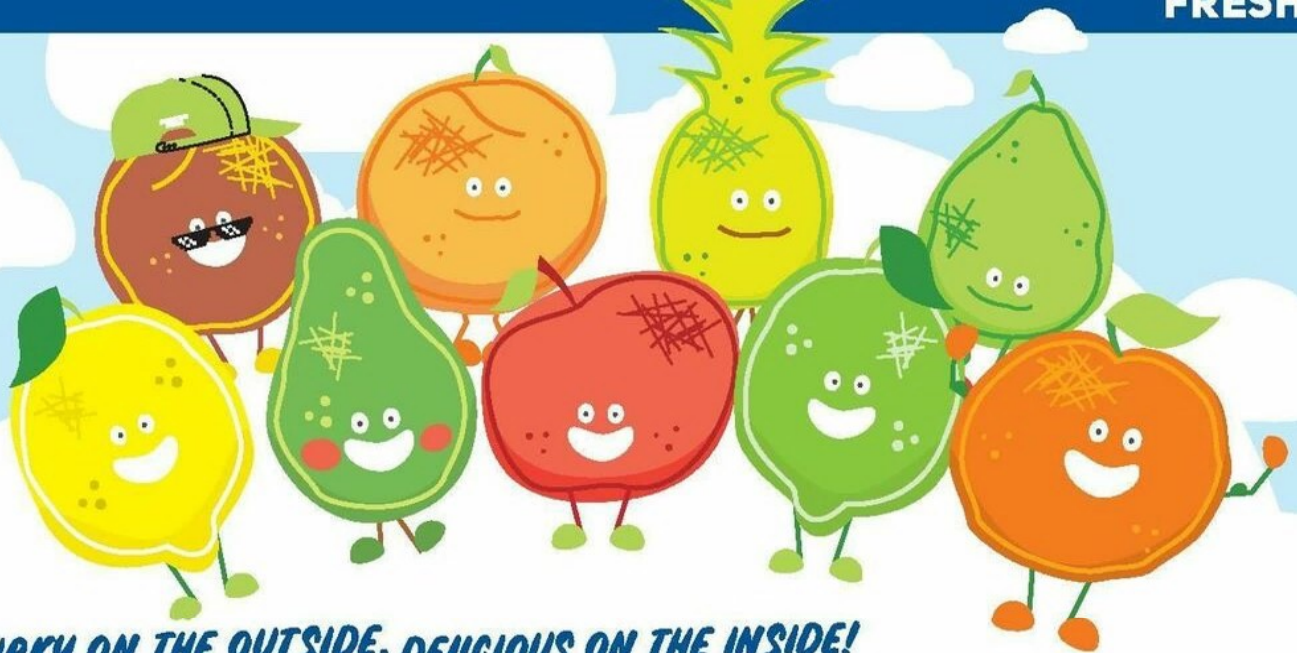
Rainbow Medley Tomatoes 250g Punnet \$12.00 per kg

**\$3.50**  
ea

**1.5KG BAG**



Mitolo Potatoes (Mashing, Low Carb, Chipping)  
1.5kg Bag \$2.33 per kg



**QUIRKY ON THE OUTSIDE, DELICIOUS ON THE INSIDE!**

# PECULIAR PICKS

**GREAT VALUE THAT DOESN'T COMPROMISE ON TASTE!**

Foodland works with local producers to reduce waste by supplying seasonal fruit & veg that doesn't meet aesthetic expectations of some consumers, offering a great value option for South Aussies all year 'round! We may look a little quirky on the outside, but we're certainly delicious on the inside!

We invite you to take a bite!

**\$7<sup>50</sup>**  
ea

**750G BAG**



Peculiar Picks Limes 750g \$10.00 per kg

**\$2<sup>90</sup>**  
ea

**1.5KG BAG**



Peculiar Picks Riverland Navel Oranges  
1.5kg \$1.93 per kg

**\$2<sup>90</sup>**  
ea

**750G BAG**



Peculiar Picks Mandarin 750g \$3.87 per kg

**\$4<sup>50</sup>**  
ea

**750G PUNNET**



Peculiar Picks Avocados 750g \$6.00 per kg

**\$3<sup>50</sup>**  
ea

**1.5KG BAG**



Peculiar Picks Adelaide Hills Red or Green  
Pears or Apples 1.5kg Bag \$2.33 per kg

**\$3<sup>50</sup>**  
ea

**750G BAG**



Peculiar Picks Lemons 750g \$4.67 per kg

**\$10** kg

Spring Lamb

**NEW SEASON LAMB**

PRODUCT OF AUSTRALIA

Serving suggestion

New Season Australian Spring Lamb Leg Whole or Half

**\$15.90** kg

Spring Lamb

**NEW SEASON LAMB**

PRODUCT OF AUSTRALIA

Serving suggestion

★  
RECIPE OUT NOW!

**FIND ME IN SPRING MIGHTY MAGAZINE!**

New Season Australian Spring Lamb Forequarter Chops

**\$7.90** ea

**SOUTH AUSTRALIA**

Slaughter & Sons Premium Burgers or Sausages Range 480g (Selected Varieties) \$16.46 per kg

**\$16** ea

BRZ Meat Lab Rub Range 190-250g

**\$19.90** ea

SAVE UP TO **\$3.50**

**KB's**

CHICKEN GYOZA

1kg

KB's Pork or Chicken Gyoza 1kg \$19.90 per kg

**\$11.90** ea

**SOUTH AUSTRALIA**

Foodland Whole Marinated & Seasoned Chicken Size 20 (2.05kg) \$5.80 per kg

**\$8.90** kg

**AUSTRALIAN PORK**

**BERTOCCHI**

Bertocchi Meaty Smoked Bacon Hocks (Find me in the deli)

**\$18.90** kg

PRODUCT OF AUSTRALIA

Australian Premium Crumbed Beef Schnitzels

**\$14** kg

**AUSTRALIAN PORK**

**SunPork** Fresh Foods

READY TO EAT

**PORK KNUCKLE**

SunPork German Style Knuckle (Find me in the deli hot box)

**\$15<sup>50</sup>** kg



AUSTRALIAN  
**Pork**



Australian Pork Loin Steaks

Serving suggestion

**\$10<sup>90</sup>** kg



PRODUCT OF  
AUSTRALIA



Fresh Skinless Chicken Breast Fillets

Serving suggestion

**\$8<sup>90</sup>** ea

SAVE \$3.10  
UP TO



Boston Bay Mussel Hot Pot  
600g \$14.83 per kg

**\$15<sup>50</sup>** ea

SAVE \$4.00  
UP TO



Thomas Cappo Seafoods  
Raw Prawn Meat 500g  
\$31.00 per kg

**\$14<sup>90</sup>** ea

SAVE \$1.50  
UP TO



Steve Costi  
Australian Cooked Tiger  
Prawns 320g \$46.56 per kg

**\$8<sup>90</sup>** ea



Thomas Cappo Seafoods  
Prawn Ring 200g  
\$44.50 per kg

**\$15<sup>50</sup>** ea

SAVE \$8.50  
UP TO

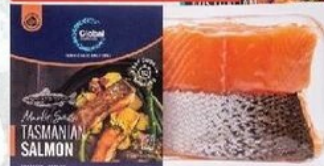


Ferguson  
Tasmanian  
Roe On Scallop  
Meat 200g  
\$7.75 per 100g



**\$14<sup>90</sup>** ea

SAVE \$2.00  
UP TO



Global Seafoods Barramundi or Salmon  
Skin On Fillets 2 Pieces 250-280g



**\$28<sup>90</sup>** kg

FRESH



Fresh Tasmanian Atlantic  
Salmon Portion Skin On  
(Find me in the Deli)





# DELICIOUS ENTERTAINING



**\$19<sup>90</sup>** kg

KR Castlemaine  
Virginian Ham



**\$14** kg

Don  
Continental Kabana



**\$13** kg

Chapman's  
Bung Fritz



Serving Suggestion

DELI

**\$28** kg

BAROSSA FINE FOODS

AUSTRALIAN Pork



Barossa Fine Foods Fior Di Cotto Ham

**\$16<sup>90</sup>** kg

AUSTRALIAN Pork



D'Orsogna  
Australian Middle Bacon Rashers

**\$26<sup>90</sup>** kg

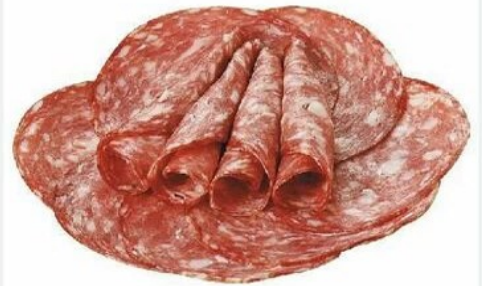
OUR KITCHEN  
PURVEYORS OF FINE MEAT



Our Kitchen Shredded Chicken Breast

**\$28<sup>90</sup>** kg

Primo



Primo Danish Salami

**\$15** kg

Primo



Primo Chorizos

**\$12** kg

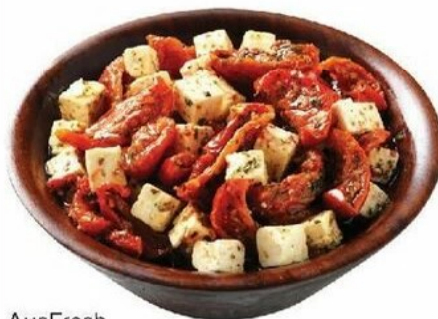
DON  
In Don Is Good  
SINCE 1947



Don Real Diced Bacon or Ham Shredded

**\$24** kg

AusFresh  
LOVE ANTIPASTO



AusFresh  
Semi Dried Tomatoes with Fetta

**\$8<sup>25</sup>** kg

**1/2**  
PRICE



Blue Heaven Danish Fetta





**\$1.50** ea

SAVE UP TO **52¢**

Mutti Polpa  
Finely Chopped  
Tomatoes 400g  
\$0.38 per 100g



**\$4** ea

**GREAT VALUE**

Mutti Gourmet  
Pasta Sauce 400g  
\$1.00 per 100g



**\$1.80** ea

SAVE UP TO **44¢**

Mutti Tomato Paste  
Double Concentrate  
130g \$1.38 per 100g



**\$1.80** ea

SAVE UP TO **62¢**

Mutti Cherry  
Tomatoes 400g  
\$0.45 per 100g



**\$3.80** ea

SAVE UP TO **69¢**

Mutti Tomato  
Passata With  
Basil 700g  
\$0.54 per 100g



# HELLMANN'S BRING OUT THE BEST



**1/2**  
PRICE

**\$3** ea

SAVE UP TO **\$3.00**

Hellmann's  
Real Mayonnaise 235g  
or Peri Peri Mayonnaise 252g



**NEW PRODUCT**

**VIL'S Family Bakery** 

**BIGGER & BETTER**



**\$5 ea**

**FAMILY TRADITION**

**BUY ME TO ENTER**

Vil's Beef & Potato Pie 240g \$2.08 per 100g

*From South Australia's favourite family owned bakery*

**\$3.30 ea**

**BUY LOCAL**

**BUY ME TO ENTER** 



Vil's Custard Tart 150g \$2.20 per 100g

**\$3 ea**

**SAVE UP TO \$1.00**



Wonder Wraps Hi Fibre 6 Pack \$0.50 each

**\$4.90 ea**

**SAVE \$1.95 UP TO** 



Riviera Bakery Continental Round Sliced 900g \$0.54 per 100g

**\$3.90 ea**

**SAVE UP TO \$1.20**



Fresh Bake Apricot Lattice Rounds 6 Pack \$0.65 each

**\$3.60 ea**

**SAVE UP TO 90c**



Balfours Vanilla Slice 180g \$2.00 per 100g

**\$6.50 ea**

**SAVE UP TO \$1.10**



Happy Cake Co. Slice 5 Pack 500g Range \$1.30 per 100g

**EVERY DAY LOW PRICES!**

**\$4.90 ea**

**EVERY DAY!**



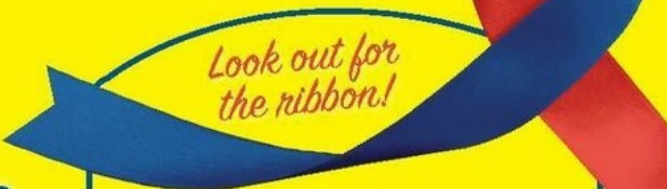
Helga's Bread Range 650-850g

**\$4.40 ea**

**EVERY DAY!**



Tip Top The One Bread Range 700g \$0.63 per 100g



# WORKING TOGETHER TO RAISE FUNDS FOR CANCER.

CANCER AWARENESS MONTH SEPTEMBER 2023

When you buy any of these bakery products during September, partial proceeds from every purchase will help raise vital funds for Cancer Council SA and Flinders Foundation. When you shop at a Foodland store, not only are you supporting local business, you're also supporting fellow South Aussies.

**BUY ME** and support South Aussies with cancer

Part proceeds support



Proudly supported by



**\$3.50** ea  
**SAVE UP TO \$2.50**

Tip Top  
English Muffins  
400g 6 Pack  
\$0.58 each

**\$2.45** ea  
**SAVE UP TO \$2.45**

**1/2 PRICE**

Golden Bakery  
Crumpet Squares 6 Pack  
\$0.41 each

**\$3** ea  
**SAVE UP TO 65c**

**GLUTEN FREE**

LifeStyle Bakery  
Gluten Free  
Brioche, Rolls or English Muffins  
2 Pack 140g  
\$2.14 per 100g

**\$3** ea  
**SAVE UP TO \$1.50**

Mission  
Bread  
Souvlaki Plain 320g  
\$0.94 per 100g

**\$6.75** ea  
**BUY LOCAL**

Dulwich  
Bar Cakes 550g  
\$1.23 per 100g

**\$4.40** ea  
**LOCAL PRODUCE**

Hi Fresh  
Crunchy Asian Salad 370g  
\$1.19 per 100g

**\$3.90** ea  
**SAVE UP TO \$3.10**

**BUY ME TO ENTER**

Nature's Delight  
Peanuts 500g  
\$0.78 per 100g

**\$6.50** ea  
**SUPPORT SA**

Sunfresh  
Classic Salad Range 800g \$8.13 per kg

Prices effective from Wednesday 6th September 2023 to Tuesday 12th September 2023, or while stocks last.

• Photographs for illustration purposes only. • Some products may not be available in all stores. • To cover freight some prices may be higher in some country areas. • Check with your local Foodland store for trading hours. Savings based on the Metcash competition sell price as at 31.07.23. Advertisements savings may vary in some stores as some products may already be priced below the Metcash competition price. RESALE OF PRODUCTS NOT PERMITTED.



**EVERY DAY LOW PRICES!**  
on your favourite bread



**\$4.90** ea  
**EVERY DAY!**

Helga's Bread Range  
650-850g



**\$4.40** ea

**EVERY DAY!**



Wonder White Bread Range  
680-700g

**\$4.40** ea

**EVERY DAY!**



Tip Top 9 Grain 700g  
\$0.63 per 100g

**\$4.40** ea

**EVERY DAY!**



Tip Top The One 700g  
\$0.63 per 100g

**\$3.30** ea

**EVERY DAY!**



Foodland Bread Range 700g  
\$0.47 per 100g

**\$4** ea

**EVERY DAY!**



Mighty Soft Bread 650-700g

**\$5** ea

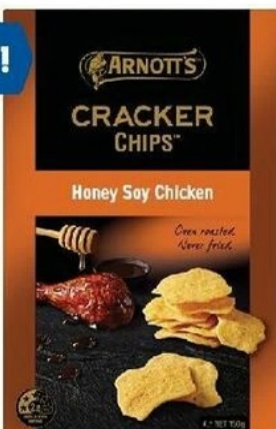
**EVERY DAY!**



New York Bagels 400g  
\$1.25 per 100g

**\$3.50** ea

**EVERY DAY!**



Arnott's Cracker Chips or Sourdough Crackers 150g  
\$2.33 per 100g

**\$4** ea

**EVERY DAY!**



Arnott's Farmbake Biscuits 310g  
\$1.29 per 100g

**\$2.30** ea

**EVERY DAY!**



Sakata Rice Crackers 90-100g

**\$7** ea

**EVERY DAY!**



Kraft  
Easy Mac  
Classic  
Cheese  
8 Pack 560g  
\$1.25 per 100g



**EVERY  
DAY  
LOW  
PRICES!**  
*on comfort  
foods*

**\$6** ea

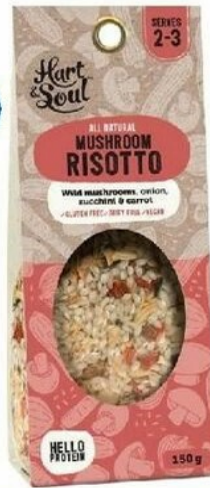
**EVERY DAY!**



Heinz Baked Beans or Spaghetti 3x300g  
\$0.67 per 100g

**\$3** ea

**EVERY DAY!**



Hart & Soul  
Side Dish 150g  
\$2.00 per 100g

**\$2** ea

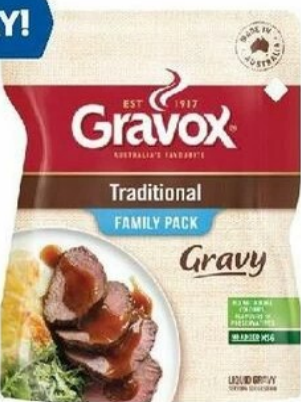
**EVERY DAY!**



San Remo  
La Pasta  
120g  
\$1.67 per 100g

**\$4** ea

**EVERY DAY!**



Gravox  
Liquid  
Gravy 250g  
\$1.60 per 100g

**\$2.40** ea

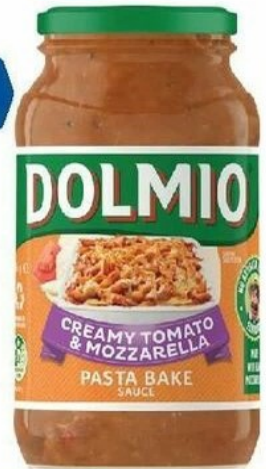
**EVERY DAY!**



SunRice  
Premium  
White Long  
Grain Rice 1kg  
\$0.24 per 100g

**\$3.50** ea

**EVERY DAY!**



Dolmio  
Pasta Bake  
490-505g

**\$4** ea

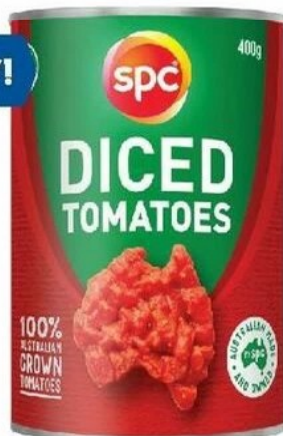
**EVERY DAY!**



Greenseas Tuna Chunks in Brine 180g  
\$1.89 per 100g

**\$1.50** ea

**EVERY DAY!**



SPC  
Crushed  
or Diced  
Tomatoes  
400-410g

**\$1.85** ea

**EVERY DAY!**



Zafarelli Pasta 500g \$0.37 per 100g

# OREO

serving suggestion



## 30% OFF OREO BISCUITS

**\$2.50** ea

SAVE UP TO **80¢**



Arnott's Yo-Yo Biscuits 250g \$1.00 per 100g

**\$4** ea

SAVE UP TO **\$1.50**



Arnott's Chocolate Obsession 115g \$3.48 per 100g

**\$3.50** ea

SAVE UP TO **\$1.00**



BelVita Breakfast Biscuits 300g \$1.17 per 100g

**\$2.95** ea

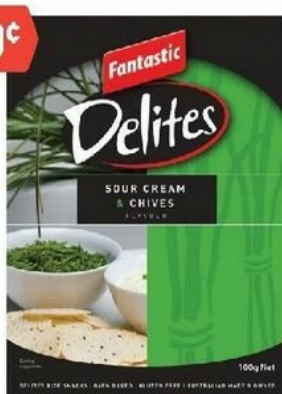
SAVE UP TO **\$1.65**



Crispbic Crisp Bread 100g \$2.95 per 100g

**\$1.50** ea

SAVE UP TO **80¢**



Fantastic Delites 100g \$1.50 per 100g

**\$2.80** ea

SAVE UP TO **70¢**



Ritz Crackers 227g \$1.23 per 100g



**\$3.50** ea

SAVE UP TO **\$1.00**



Arnott's Tim Tam Biscuits 165-200g (Excludes Deluxe Range)

**\$3.75** ea

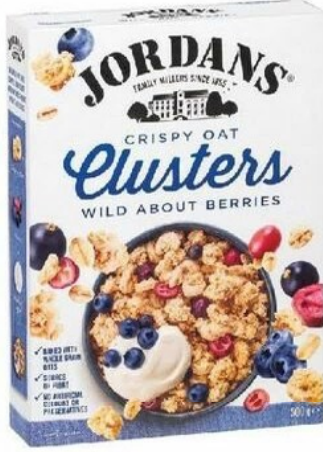
SAVE UP TO **\$1.00**



Arnott's Tim Tam Deluxe Range 175g \$2.14 per 100g

**\$6.80**  
ea

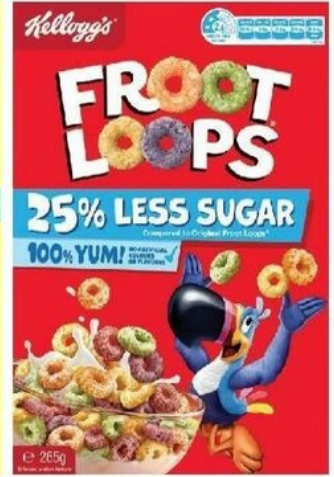
SAVE UP TO **\$1.70**



Jordans Granola or Oat Clusters 500-750g

**\$5.50**  
ea

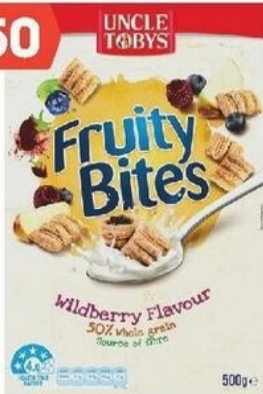
SAVE UP TO **\$1.50**



Kellogg's Coco Pops 375g or Froot Loops 25% Less Sugar 265g

**\$5**  
ea

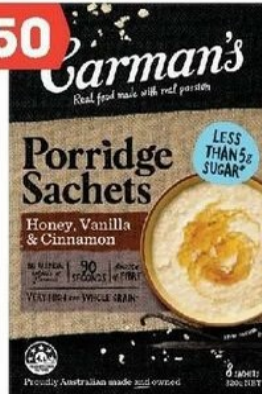
SAVE UP TO **\$1.50**



Uncle Tobys  
Fruity Bites  
Wildberry  
500g  
\$1.00 per 100g

**\$5**  
ea

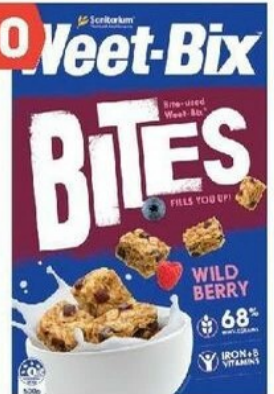
SAVE UP TO **\$1.50**



Carman's  
Porridge  
Sachets  
200-320g

**\$3.50**  
ea

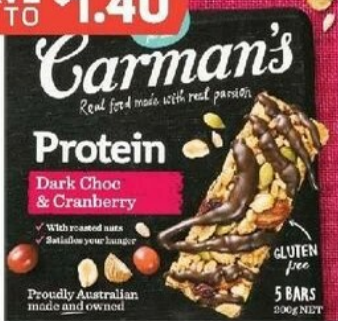
SAVE UP TO **\$1.50**



Sanitarium  
Weet-Bix  
Bites  
500-510g

**\$5.50**  
ea

SAVE UP TO **\$1.40**



Carman's Protein Bars 175-200g

**\$4**  
ea

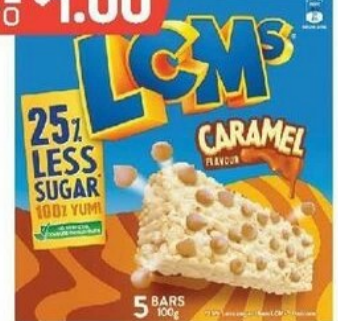
SAVE UP TO **\$1.50**



Campbell's  
V8 Juice  
1.25 Litre  
\$3.20 per litre

**\$3.50**  
ea

SAVE UP TO **\$1.00**



Kellogg's LCMs 100g \$3.50 per 100g

**\$5.50**  
ea

EVERY DAY!



Fibre One  
Bars 92-120g

**\$4.75**  
ea

EVERY DAY!



Uncle Tobys  
LeSnak 132g  
\$3.60 per 100g

EVERY  
DAY  
LOW  
PRICES!



**\$2.50**  
ea

**SAVE UP TO \$1.00**



Nestlé  
Nesquik  
250g  
\$1.00 per 100g

**\$5.60**  
ea

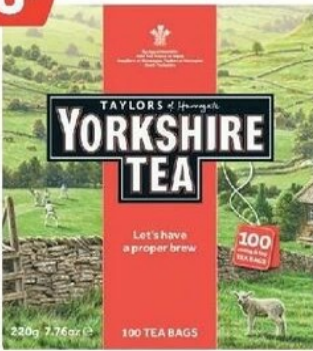
**SAVE UP TO \$2.40**



Grinders  
Capsules  
10 Pack

**\$5.60**  
ea

**SAVE UP TO 70¢**



Taylors  
of Harrogate  
Yorkshire  
Tea Bags  
100 Pack

**\$1.70**  
ea

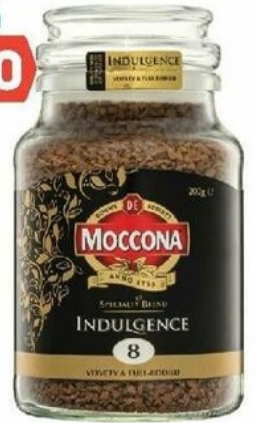
**SAVE UP TO 70¢**



Sanitarium  
So Good  
Soy Milk  
1 Litre  
\$1.70 per litre

**\$13.50**  
ea

**SAVE UP TO \$7.00**



Moccona  
Specialty Blend  
Instant Coffee  
200g  
\$6.75 per 100g

**\$5**  
ea

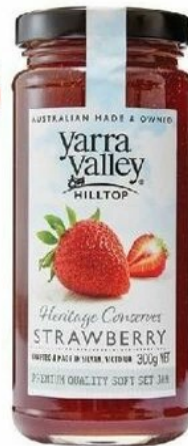
**SAVE UP TO \$1.50**



B Honey  
Squeeze 300g  
\$1.67 per 100g

**\$4**  
ea

**SAVE UP TO \$1.00**



Yarra Valley  
Jam 300g  
\$1.33 per 100g

**\$6**  
ea

**SAVE UP TO \$2.00**



Kraft  
Cheestik  
12 Pack 240g  
\$2.50 per 100g



**\$10**  
ea

**SAVE UP TO \$1.50**

Dilmah  
Premium or  
Extra Strength  
Tea Bags 200 Pack





**\$2.70**  
ea

**GREAT VALUE**



Dole Pineapple in Juice 432g \$0.63 per 100g

**\$3.60**  
ea

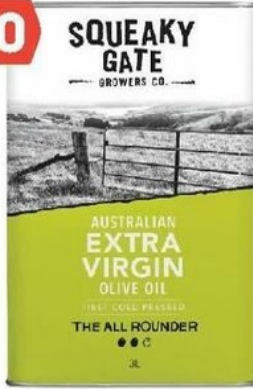
**GREAT VALUE**



Bundaberg White Sugar 2kg \$1.80 per kg

**\$39**  
ea

**SAVE UP TO \$9.00**



Squeaky Gate All Rounder Australian Extra Virgin Olive Oil 3 Litre \$13.00 per litre

**\$2**  
ea

**SAVE UP TO 50¢**



CSR Soft Icing Mixture 500g \$0.40 per 100g

**\$12**  
ea

**SAVE UP TO \$2.00**



Laucke Wallaby Bakers Flour 5kg \$2.40 per kg

**\$3.75**  
ea

**SAVE UP TO 85¢**



Noshu 95% Sugar Free Choc Baking Chips 150g \$2.50 per 100g

**\$2.80**  
ea

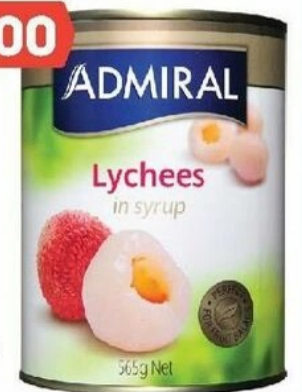
**SAVE UP TO 70¢**



Green's Maple Flavoured Syrup 375g \$0.75 per 100g

**\$4**  
ea

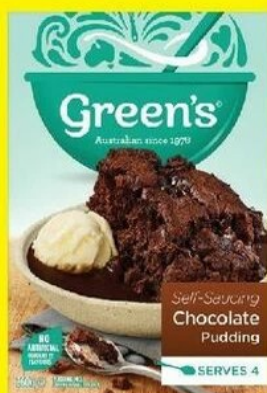
**SAVE UP TO \$1.00**



Admiral Lychees in Syrup 565g \$7.08 per kg

**\$2.80**  
ea

**EVERY DAY!**



Green's Self Saucing Pudding 260g \$1.08 per 100g

**\$2.20**  
ea

**EVERY DAY!**



Devondale UHT Milk 1 Litre \$2.20 per litre

**EVERY DAY LOW PRICES!**



**\$6** ea

SAVE \$2.50 UP TO



Old El Paso Standard Kits 290-520g

**\$2.80** ea

SAVE \$1.45 UP TO



Heinz Baked Beans or Spaghetti 535-555g

**\$2.75** ea

SAVE \$2.75 UP TO

**1/2 PRICE**

BUY ME TO ENTER



Heinz Seriously Good Mayonnaise 295ml \$0.93 per 100ml

**\$4** ea

SAVE \$1.00 UP TO



Maggi 2 Minute Noodles 5 Pack

**\$1.40** ea

SAVE UP TO 70¢

BUY ME TO ENTER



Golden Circle Green Peas 410g \$0.34 per 100g

**\$3.30** ea

SAVE UP TO 45¢



Massel Stock Powder 140-168g

**\$19** ea

SAVE UP TO \$4.00



Cobram Estate Ultra Premium Extra Virgin Olive Oil 500ml \$3.80 per 100ml

**EVERY DAY LOW PRICES!**

**\$3.50** ea

EVERY DAY!



Chicken Tonight 475-520g

**\$5.50** ea

EVERY DAY!



John West Tuna 425g \$12.94 per kg

**\$3.20** ea

SAVE UP TO **\$1.30**



Heinz  
Soup  
of the Day  
Pouches  
430g  
\$0.74 per 100g



**\$2** ea

SAVE UP TO **53¢**



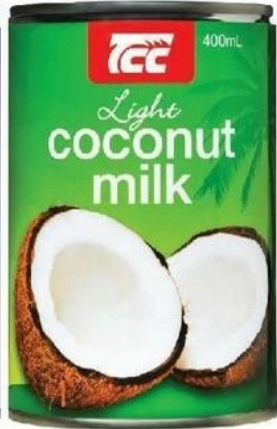
Romanella  
Pasta 500g  
\$0.40 per 100g

**\$1.45** ea

SAVE UP TO **85¢**



TCC  
Coconut  
Milk 400ml  
\$0.36 per 100ml



**\$3** ea

SAVE UP TO **\$1.50**



Hart & Soul  
Soup 400g  
\$0.75 per 100g



**\$3.90** ea

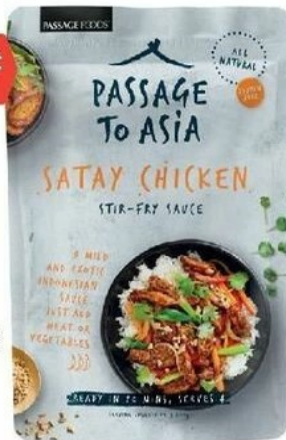
SAVE UP TO **\$1.10**



La Bella  
Pasta  
Sauce 520g  
\$0.75 per 100g

**\$3** ea

SAVE UP TO **50¢**



Passage to India  
Stir Fry Sauce  
200g  
\$1.50 per 100g

**\$2.75** ea

SAVE UP TO **49¢**



True Thai  
Rice Noodles  
400g  
\$0.69 per 100g

**\$2.95** ea

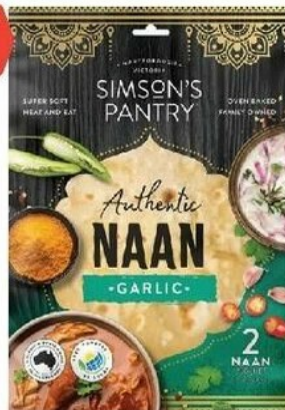
SAVE UP TO **58¢**



True Thai  
Asian Sauces  
300ml  
\$0.98 per 100ml

**\$3.50** ea

SAVE UP TO **50¢**



Simson's Pantry  
Naan Bread  
250g  
\$1.40 per 100g

**\$3** ea

SAVE UP TO **\$1.00**



Edgell  
Nourish  
Bowl  
180-200g



**KEEP IT REAL**

**Real Ingredients | Real Tasty | Real Flavours**

A. Sakata Rice Crackers 90-100g  
**\$2.30ea EVERYDAY!**

B. Sunbites Grain Waves 170g  
**\$3.50ea EVERYDAY!** \$2.06 per 100g

C. Sunbites Crackers 105-110g  
**\$2.75ea EVERYDAY!**

**\$4.50**  
ea

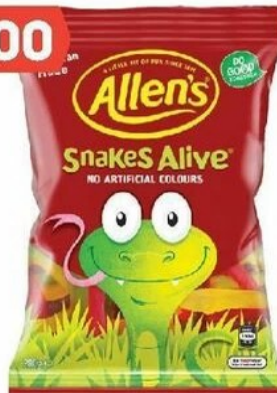
**GREAT VALUE**



Wrigley's  
 Extra 40s  
 \$7.03 per 100g

**\$3**  
ea

**SAVE \$1.00**  
UP TO



Allen's  
 Bags  
 120-200g

**\$3**  
ea

**SAVE \$1.00**  
UP TO



Life Saver  
 Bags  
 160-220g

**\$1.10**  
ea

**SAVE \$1.10**  
UP TO



Mars, Nestlé Medium Bars  
 or Violet Crumble 35-56g

**\$3.85**  
ea

**SAVE \$1.65**  
UP TO



Cadbury  
 Family or  
 Gold Blocks  
 165-190g

**\$2.90**  
ea

**SAVE \$1.90**  
UP TO



Doritos  
 Corn Chips  
 150-170g  
 or Smith's  
 Baked 130g

**\$20<sup>90</sup>** ea

SAVE UP TO **\$13.95**



Pepsi, Schweppes, Solo or Sunkist 24 x 375ml \$2.33 per litre

**\$9<sup>65</sup>** ea

SAVE UP TO **\$6.45**



Coca-Cola or Flavours or Mount Franklin Sparkling Water 10 x 375ml \$2.57 per litre

BUY ME TO ENTER

**\$2** ea

SAVE UP TO **80c**



Schweppes Mixers or Mineral Water 1.1 Litre \$1.82 per litre

**\$2** ea

SAVE UP TO **\$1.70**



Maximus Drink 1 Litre \$2.00 per litre

**\$2<sup>10</sup>** ea

SAVE UP TO **\$1.45**



Coca-Cola or Flavours 1.25 Litre \$1.68 per litre

BUY ME TO ENTER

**\$11** ea

SAVE UP TO **\$7.40**



Frantelle Spring Water 24 x 600ml \$0.76 per litre

**\$4<sup>50</sup>** ea

SAVE UP TO **\$1.40**



Cottee's Cordial 1 Litre \$4.50 per litre

**\$26<sup>90</sup>** ea

SAVE UP TO **\$22.30**



Coca-Cola, Zero Sugar or Diet Coke 30 x 375ml \$2.39 per litre

BUY ME TO ENTER

**\$14<sup>50</sup>** ea

SAVE UP TO **\$3.50**

Red Bull Energy Drink 4 x 473ml \$7.66 per litre



**TURN YOUR CHEER UP A GEAR.**

**RED BULL GIVES YOU WIINGS.** 



**EVERY DAY LOW PRICES!**

*on treats for the family*



**\$6** ea

**EVERY DAY!**

Pascall Marshmallows  
Vanilla and Raspberry  
Jumbo 520g  
\$1.15 per 100g



**\$3.15** ea

**EVERY DAY!**



Fanta,  
Sprite  
or Sprite  
No Sugar  
2 Litre  
\$1.57 per litre

**\$6** ea

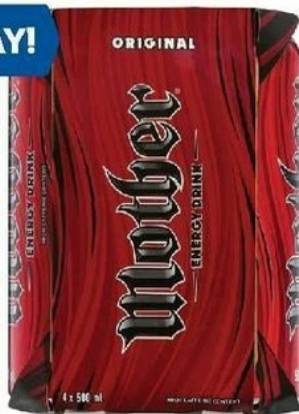
**EVERY DAY!**

Mars,  
Milky Way  
or Snickers  
Funsized  
300-336g



**\$8** ea

**EVERY DAY!**



Mother  
4 x 500ml  
\$4.00 per litre

**\$24** ea

**EVERY DAY!**



Red Bull  
12 x 250ml Energy Drink \$8.00 per litre

**\$3.20** ea

**EVERY DAY!**

Tic Tac 49g  
\$6.53 per 100g



**\$11** ea

**EVERY DAY!**



Perrier  
Sparkling  
Water 4 x  
330ml  
\$8.33 per litre

**\$3.50** ea

**EVERY DAY!**

Smith's,  
Toobs, Cheetos  
or Twisties  
Multipack 65-114g



**\$3.60** ea

**EVERY DAY!**

Pringles  
Chips 5 x 19g  
\$3.79 per 100g



**\$5<sup>30</sup>** ea

**EVERY DAY!**



Daily Juice  
2 Litre  
\$2.65 per litre



**EVERY DAY LOW PRICES!**  
*on healthy brekkies*

**\$3<sup>50</sup>** ea

**EVERY DAY!**



Bulla  
Thickened  
Cream 300ml  
\$1.17 per 100ml

**\$6<sup>50</sup>** ea

**EVERY DAY!**



Farmers Union  
Greek Style Yogurt 1kg \$0.65 per 100g

**\$3<sup>80</sup>** ea

**EVERY DAY!**



Bulla Cottage Cheese 200g \$1.90 per 100g

**\$14** ea

**EVERY DAY!**



Cheer Cheese Slices 750g \$18.67 per kg

**\$7<sup>40</sup>** ea

**EVERY DAY!**



Jacobs Fritz 1kg \$7.40 per kg

**\$6** ea

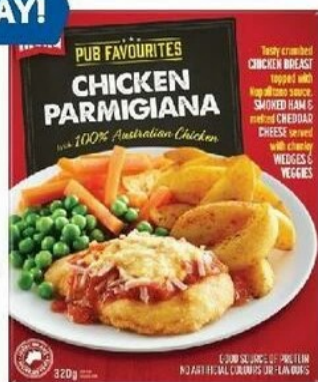
**EVERY DAY!**



Dairy Farmers  
Flavoured  
Milk 2 Litre  
\$3.00 per litre

**\$6<sup>75</sup>** ea

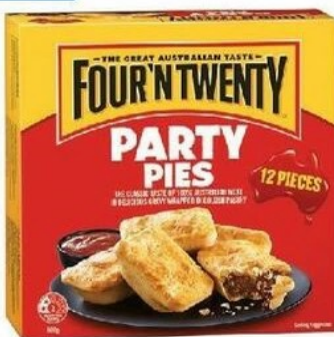
**EVERY DAY!**



On The Menu  
Frozen  
Meals 320g  
\$2.11 per 100g

**\$7** ea

**EVERY DAY!**



Four 'N  
Twenty  
Party Pies  
or Sausage  
Rolls  
500-600g

**\$13** ea

**EVERY DAY!**



I&J  
Beer  
Battered  
Fish 1.03kg  
\$12.62 per kg

**Stir up  
your break**



**\$1.40**  
ea

**SAVE UP TO \$1.10**

Chobani Greek  
Yoghurt 160g  
\$0.88 per 100g

**\$6.95**  
ea

**SAVE UP TO \$1.35**

Jalna  
Pot Set  
Yoghurt  
1kg  
(Excludes  
Organic)  
\$0.70 per 100g



**\$4.50**  
ea

**SAVE UP TO \$1.00**

Dairy Farmers Thick & Creamy Yoghurt 550-600g



**\$6.50**  
ea

**EVERYDAY!**



Yoplait  
Yoghurt 6x160g  
\$0.68 per 100g

**\$7**  
ea

**SAVE UP TO \$1.45**

The Yoghurt Shop  
Greek Yoghurt 500g \$1.40 per 100g



**95c**  
ea

**SAVE UP TO 15c**

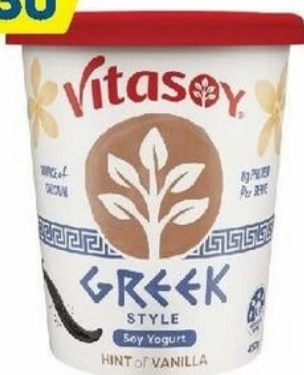
Brownes  
Wiggles Pouch  
Yoghurt 90g  
\$1.06 per 100g



**\$4.50**  
ea

**SAVE UP TO \$1.30**

Vitasoy  
Soy Greek  
Style Yoghurt  
450g  
\$1.00 per 100g



**NEW  
PRODUCT**

**\$4**  
ea

**SAVE UP TO \$1.00**

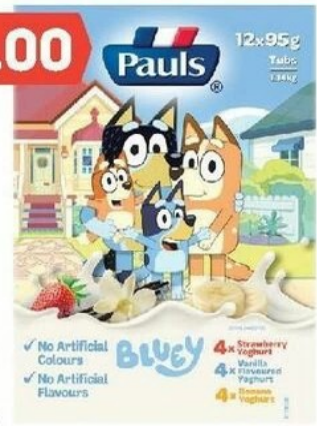
Dare Coffee 750ml  
\$5.33 per litre



**\$7**  
ea

**SAVE UP TO \$1.00**

Pauls  
Kids Yoghurt  
12 Pack  
\$0.61 per 100g





**\$8.95**  
ea

SAVE UP TO **\$6.95**



Hans Short Cut Rindless Bacon 750g \$11.93 per kg

**\$5.80**  
ea

SAVE UP TO **\$1.70**



Devondale Dairy Soft 500g \$1.16 per 100g

**\$4**  
ea

SAVE UP TO **\$1.25**



Kraft Cheese Singles 216g \$18.52 per kg

**\$9.50**  
ea

SAVE UP TO **\$2.20**



Bega Cheese Block or Shredded 500g \$19.00 per kg

**\$2.50**  
ea

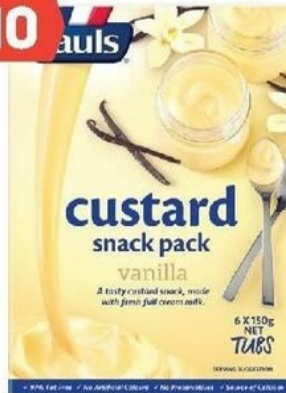
SAVE UP TO **50c**



ZoöSh Dips 185g \$1.35 per 100g

**\$6.80**  
ea

SAVE UP TO **\$1.10**



Pauls Custard 6 x 150g \$0.76 per 100g

**\$5.50**  
ea

SAVE UP TO **\$3.30**



Don Pan Size Bacon 250g \$22.00 per kg

**\$4**  
ea

SAVE UP TO **\$1.65**



Olive Grove Spread 500g \$0.80 per 100g

**\$4.50**  
ea

SAVE UP TO **\$1.00**



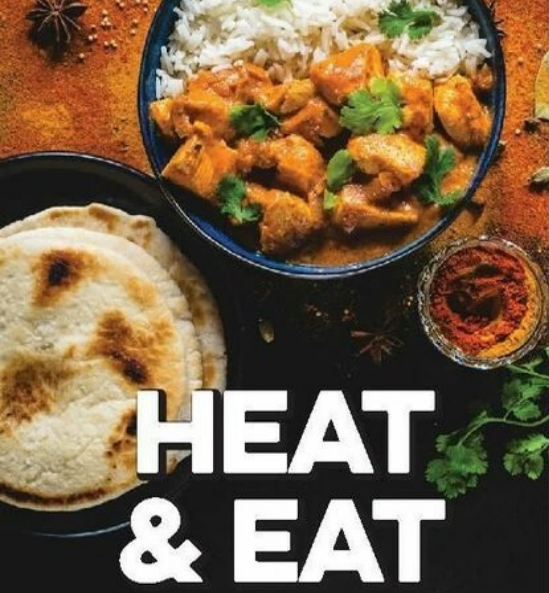
Mainland On the Go Lunch 110g \$4.09 per 100g

**\$6.50**  
ea

SAVE UP TO **\$1.50**



Don Footy Franks 600-750g



# HEAT & EAT

**\$7.80** ea

SAVE UP TO **\$1.70**



Simply Tasty 'Classic Curries' Meals 400g  
\$1.95 per 100g

**\$8.95** ea

SAVE UP TO **\$1.05**



Macros Meals 300-350g

**\$8.75** ea

SAVE UP TO **\$1.15**



Cucina Classica Meals 300-350g

**\$4** ea

SAVE UP TO **\$4.00**



Latina Fresh Pasta 375g  
\$1.07 per 100g



**1/2** PRICE

**\$4.80** ea

SAVE UP TO **\$2.70**



Latina Fresh Pasta Sauce 425g \$1.13 per 100g

**\$5.80** ea

SAVE UP TO **\$1.10**



Mil Lel Parmesan Cheese 170g  
\$34.12 per kg

**\$4** ea

SAVE UP TO **50c**



La Famiglia Traditional Garlic Bread 400g  
\$1.00 per 100g

**\$12.50** ea

SAVE UP TO **\$3.50**



Ready Chef Beef & Pork Lasagne 2kg  
\$6.25 per kg

**EVERY DAY LOW PRICES!**

**\$3** ea

EVERYDAY!

Fantastic Fresh Noodles 350-450g



**\$2.75** ea

SAVE UP TO **\$1.05**



Heinz Mixed Vegetables, Baby Peas or Broad Beans 500g \$5.50 per kg

**\$6** ea

SAVE UP TO **\$2.50**



McCain Family Pizza 490-500g

FREE BUY ME TO ENTER

**\$4.20** ea

GREAT VALUE

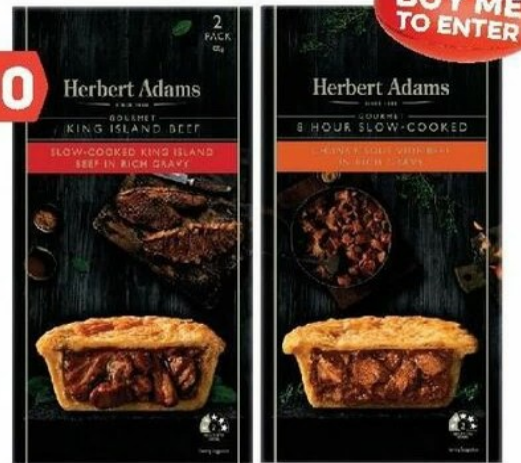


McCain Superfries Chips 900g \$4.67 per kg

FREE BUY ME TO ENTER

**\$6** ea

SAVE UP TO **\$3.00**



Herbert Adams Pies 2 Pack 400-420g

FREE BUY ME TO ENTER

**\$8** ea

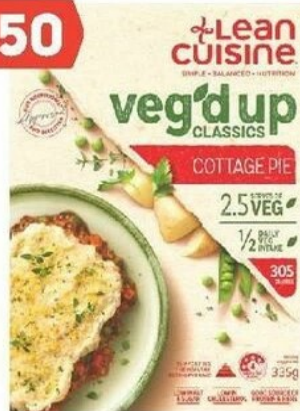
SAVE UP TO **\$3.00**



Birds Eye Southern Blue Whiting 425g \$18.82 per kg

**\$5.50** ea

SAVE UP TO **\$1.50**



Lean Cuisine Veg'd Up Classics Meals 310-350g

**\$4.20** ea

SAVE UP TO **\$1.10**

NEW PRODUCT



McCain Quick Cook Crinkle Cut Chips 750g \$0.56 per 100g

FREE BUY ME TO ENTER

**\$5.50** ea

SAVE UP TO **\$1.50**



Birds Eye Deli Sweet Potato Chips 600g \$9.17 per kg

**\$8** ea

SAVE UP TO **\$2.00**



McCain Pub Size Large Meals 480-500g

FREE BUY ME TO ENTER

**\$8** ea

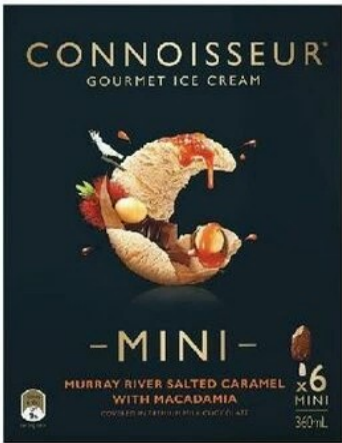
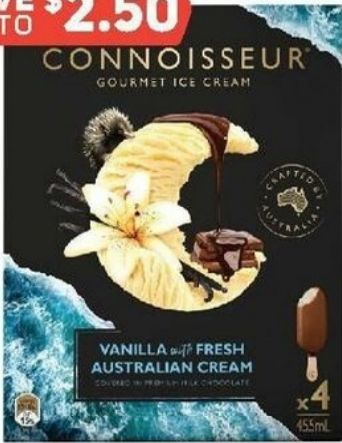
SAVE UP TO **\$2.00**



Birds Eye Deli Fish Whiting 225-250g (Selected Varieties Only)

\$7 ea

SAVE UP TO \$2.50



Connoisseur Multipacks 4-6s

\$3.25 ea

SAVE UP TO \$1.75



Nanna's Fruit Pies 450-600g



FREE BUY ME TO ENTER

\$22 ea

SAVE UP TO \$10.30



Peters Drumstick 24 Pack \$0.77 per 100ml

\$6 ea

SAVE UP TO \$4.00



Golden North Simply Indulge Me Ice Cream 1 Litre \$0.60 per 100ml

\$6.80 ea

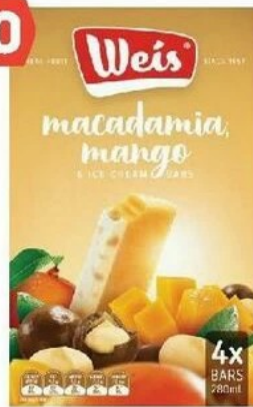
SAVE UP TO \$3.00



Golden North Sorbet 1.2 Litre \$0.57 per 100ml

\$6.50 ea

SAVE UP TO \$3.00



Weis Bars Multipack 4-6s

\$8 ea

SAVE UP TO \$4.00



Sara Lee Ice Cream 1 Litre \$0.80 per 100ml

\$8.50 ea

SAVE UP TO \$2.00



Dumpling 100 Dumplings 240g \$3.54 per 100g

\$13.50 ea

SAVE UP TO \$4.50

FREE BUY ME TO ENTER



Patties Party Pack 1.25kg \$1.08 per 100g

\$3.50 ea

SAVE UP TO \$2.00



Papa Giuseppe's Pannini 250g \$1.40 per 100g

# 20% OFF SELECTED OATES PRODUCTS



- A. Oates Ezy Spray Mop  
**\$24.95ea SAVE \$7.15**
- B. Oates Ezy Spray Mop Refill  
**\$9.95ea SAVE \$4.50**
- C. Oates Supreme Garden Broom  
**\$15.95ea SAVE \$4.05**

# UP TO 20% OFF SELECTED SABCO PRODUCTS



- A. Sabco Big Job Brush 1 Pack  
**\$5.95ea SAVE \$0.95**
- B. Sabco Super Swish Duo Wet & Dry Mop  
**\$24.95ea SAVE \$5.05**
- C. Sabco Domed Cobweb Broom  
**\$11.95ea SAVE \$3.05**

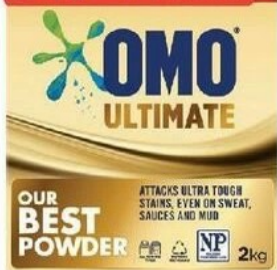
# UP TO 25% OFF SELECTED JACK HAMMER & YATES GARDENING PRODUCTS



- A. Jack Hammer Garden Gloves Heavy Duty 1 Pack  
**\$6.70ea SAVE \$2.00**
- B. Jack Hammer Gardening Bag 272 Litre  
**\$11.95ea SAVE \$2.00**
- C. Jack Hammer Leaf Scoops 2 Piece  
**\$5.95ea SAVE \$2.00**
- D. Jack Hammer Gardening Gloves Multi Purpose 1 Pack  
**\$5.50ea SAVE \$1.10**
- E. Yates Blood & Bone Fertiliser 5kg  
**\$19.90ea SAVE \$5.10**
- F. Yates Thrive Indoor Plants Liquid Food or Yates Lawn Bind & Weed Killer 500ml  
**\$9.90ea SAVE UP TO \$2.10**
- G. Yates Ant Flea & Tick Killer Fast Action 600g  
**\$9.90ea SAVE \$2.10**
- H. Yates Tomato & Vegetable Dust 500g  
**\$9.90ea SAVE \$1.00**

**\$14<sup>50</sup>** ea

SAVE UP TO **\$14.50**



Omo Ultimate Laundry  
Liquid 2 Litre or Powder 2kg \$7.25 per litre

**ALL**

**1/2**  
**PRICE**

**\$14** ea

SAVE UP TO **\$14.00**



Cold Power Triple Capsules 30 Pack \$0.47 each

**\$8<sup>50</sup>** ea

SAVE UP TO **\$8.50**



Vanish  
Gold Oxi  
Pro 1kg  
\$8.50 per kg

BUY ME  
TO ENTER

**\$2<sup>50</sup>** ea

SAVE UP TO **\$2.50**



Palmolive  
Ultra Dishwashing  
Liquid 500ml  
\$0.50 per 100ml

**\$9** ea

SAVE UP TO **\$9.00**



Comfort  
In Wash  
Scent Booster  
Beads 200g  
\$4.50 per 100g

**\$4** ea

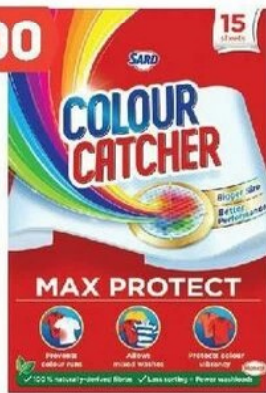
SAVE UP TO **50¢**



White King  
Fabric Stain  
Lift 500ml  
\$0.80 per 100ml

**\$5** ea

SAVE UP TO **\$1.00**



Sard  
Colour  
Catcher  
15 Pack  
\$0.33 each

**\$5<sup>95</sup>** ea

SAVE UP TO **\$1.05**



Fluffy  
Fabric  
Softener  
2 Litre  
\$2.98 per litre

**ALL**

**1/2**  
**PRICE**



Dirty Dishes? So What!

**Somat**

Efficient cleaning even in  
low temperature eco cycles

A. Somat Intensive Machine Cleaner 250ml  
\$4.00ea SAVE \$4.00 \$1.60 per 100ml

B. Somat Gold Dishwashing Tablets 51 Pack  
\$17.50ea SAVE \$17.50 \$0.34 each

C. Somat Excellence Dishwashing Tablets 30 Pack  
\$15.00ea SAVE \$15.00 \$0.50 each

D. Somat Rinser & Drying Booster Dishwasher Rinse Aid 500ml  
\$4ea SAVE \$4.00 \$0.80 per 100ml

**\$3.50** ea  
**SAVE UP TO \$3.50**  
**1/2 PRICE**



Duck  
 Active Foaming  
 Rim 38.6g  
 \$8.97 per 100g

**\$13** ea  
**SAVE UP TO \$5.00**



Sorbent Toilet Rolls 24 Pack or  
 Double Length 12 Pack \$0.30 per 100 sheets

**\$1.95** ea  
**SAVE UP TO 35¢**



Sorbent Facial Tissue  
 Thick & Large 95 Pack \$2.05 per 100 units

**\$4.50** ea  
**SAVE UP TO \$2.00**



Handee Ultra Double Length Paper Towel  
 2 Pack or Ultra 4 Pack \$1.87 per 100 sheets

**\$5.50** ea  
**SAVE UP TO \$2.00**



Ambi Pur  
 Air Effects  
 Aerosol 275g  
 \$2.00 per 100g

**\$4.20** ea  
**SAVE UP TO \$2.30**



Febreze  
 with Ambi Pur  
 Fabric Spray  
 370ml  
 \$1.14 per 100ml

**\$5** ea  
**GREAT VALUE**



Dishmatic  
 Dish Brush  
 Pro Handle  
 \$5.00 each

**\$3** ea  
**GREAT VALUE**



Dishmatic  
 Scrubbee  
 Handle Each  
 \$3.00 each

**\$4.20** ea  
**GREAT VALUE**



Dishmatic Dishbrush  
 \$4.20 each

**\$3.80** ea  
**SAVE UP TO \$2.55**



Glad Wrap 60 Metre,  
 Bake 18 Metre or Foil 20 Metre

**\$3.50** ea  
**SAVE UP TO \$1.35**



Glad  
 Tuff Stuff  
 Drawstring  
 Garbage  
 Bags 10 Pack  
 \$0.35 each

**\$3.50** ea  
**SAVE UP TO 90¢**



Glad Kitchen Tidy Wavetop  
 Tie Bags M&L sizes

Love the skin you're in

**MAYBELLINE**  
NEW YORK

**GARNIER**



**1/2**  
**PRICE**

**HOTTEST BEAUTY DEALS**

**OLAY** AUSTRALIA'S #1 FACIAL SKINCARE BRAND\*

\*Based on Australia Grocery & Pharmacy Dollar Sales MAT May 2020



**UP TO 50% OFF**  
**SELECTED OLAY PRODUCTS**



**Gillette**  
**Venus**

**NEW**  
up to **100%**  
**SMOOTH SKIN**

**1/2**  
**PRICE**

**\$11.50**  
ea

**SAVE \$11.50**  
UP TO



Gillette Venus Pubic Hair & Skin Razor 1 Pack or Blades 3 pack





Glow up for spring

# 20% OFF SELECTED NATURES ORGANIC PRODUCTS



- A. Natures Organics Fruits Shampoo or Conditioner 500ml  
**\$2ea SAVE 50c** \$0.40 per 100ml
- B. Natures Organics Body Wash 400ml  
**\$2.50ea SAVE 75c** \$0.63 per 100ml
- C. Natures Organic Mens Shower Gel 400ml  
**\$2.50ea SAVE 75c** \$0.63 per 100ml

Colgate

Buy any 2 Colgate products for your chance to win!

Win 1 of 10 Colgate Prize Packs

Prize worth over **\$240**



The Promotion starts at 12:01 AM ACST 16th August 2023 and closes at 11:59 PM ACST on 12th September 2023. There are ten prizes valued at \$249.98 each (Oral Care Pack). To enter, participants must purchase at least 2 Colgate branded products from their local Foodland store during the promotional period. Participants must enter online at [foodland.com.au](http://foodland.com.au) and keep a copy of their original receipt. Major Prize Winner will be drawn at Foodland Supermarkets, 191 Flinders Street, Adelaide SA 5000, at 2pm on 18th September 2023. Major Prize Winner will be notified by phone and email and will be published on the Foodland website.

# 30% OFF SELECTED SKIN REPUBLIC PRODUCTS



- A. Skin Republic Charcoal Peel Off Face Mask 25ml  
**\$8.50ea SAVE \$4.00** \$3.40 per 10ml
- B. Skin Republic Foot Peel 1 Pack  
**\$13.50ea SAVE \$6.00** \$13.50 each
- C. Skin Republic Collagen Face Mask 25ml  
**\$6.70ea SAVE \$3.20** \$2.68 per 10ml

SMALL CHOICE. BIG IMPACT.



**\$360** ea  
**SAVE UP TO \$2.40**

Tom Organic Ultra Thin Liners 26 Pack, Ultra Thin Pads Regular 10 Pack or Tampons Regular 16 Pack

**\$12** ea

SAVE \$4.00 UP TO



Huggies Ultra Dry Nappies 14-24 Pack

**\$5.50** ea

SAVE \$3.10 UP TO



Natalus Australia Natural Paw Paw Balm 25g \$2.20 per 10g

**\$13.20** ea

SAVE \$8.80 UP TO



Huggies Nappy Pants 24-36s

**\$4.25** ea

SAVE 65¢ UP TO



Velvet Pure Soap 4 x 100g \$1.06 per 100g

**\$2.70** ea

SAVE \$1.30 UP TO



BabyLove Everyday Baby Wipes 80 Pack \$3.38 per 100 units

**\$7.50** ea

SAVE \$7.50 UP TO



Bull Dog Face Scrub 125ml or Face Wash 150ml

**\$2.50** ea

SAVE 45¢ UP TO

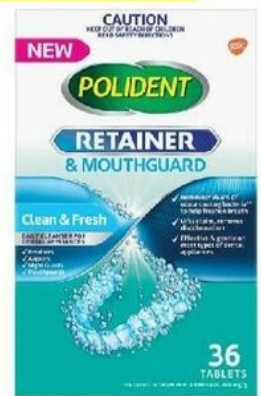


Cedel Spearmint Toothpaste 110g \$2.27 per 100g

**\$4.80** ea

NEW PRODUCT

SAVE UP TO \$1.60



Polident Retainer & Mouthguard Cleanser 36 Pack \$0.13 each

**EVERY DAY LOW PRICES!**

**\$39** ea

EVERY DAY!

Huggies Jumbo Nappies 60-90s



**\$7**  
ea

SAVE UP TO **\$2.50**



My Dog Multipack 6 x 100g \$1.17 per 100g

**\$29**  
ea

SAVE UP TO **\$13.00**



Optimum Dry Dog Food 7kg \$0.41 per 100g

**\$9.40**  
ea

SAVE UP TO **\$4.10**



Whiskas Oh So Cat Food 12 x 85g \$0.92 per 100g

**\$16.50**  
ea

SAVE UP TO **\$7.50**



Optimum Dry Cat Food 1.8-2kg

**\$5.50**  
ea

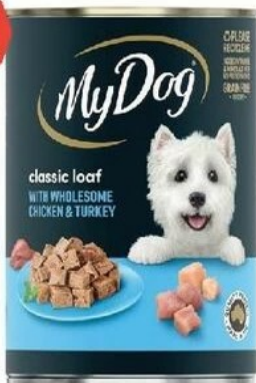
GREAT VALUE



Trill Bird Seed Mix 1.8kg \$0.31 per 100g

**\$2.40**  
ea

SAVE UP TO **60¢**



My Dog 400g \$0.60 per 100g

**\$5**  
ea

SAVE UP TO **\$2.50**



Schmackos Dog Treats 200g \$2.50 per 100g

**\$4.80**  
ea

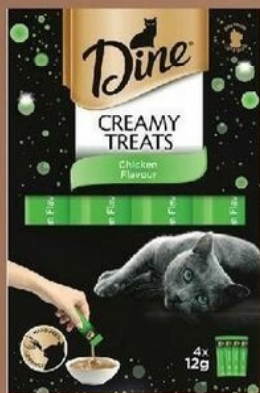
SAVE UP TO **\$1.20**



Nature's Gift Dog Roll 1.4kg (Available in Meat Dept. fridge) \$3.43 per kg

**\$2.80**  
ea

SAVE UP TO **40¢**



Dine Creamy Treats 4 x 12g \$5.83 per 100g

**\$3**  
ea

SAVE UP TO **80¢**



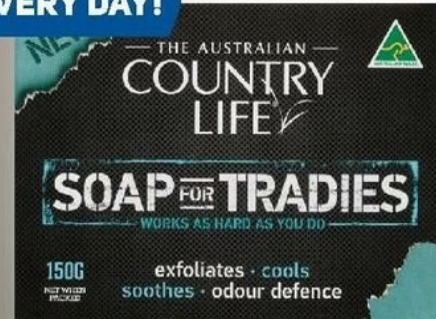
Fussycat Grain Free Cruncher Cat Treats 100g \$3.00 per 100g



**EVERY DAY LOW PRICES!**  
on personal care

**\$4.60** ea

**EVERY DAY!**



Country Life Soap For Tradies 150g \$3.07 per 100g

**\$4** ea

**EVERY DAY!**



Rafferty's Garden Fruit Snack Bars 128g \$3.13 per 100g

**\$4.50** ea

**EVERY DAY!**



Baby Bellies Rice Crackers 100g \$4.50 per 100g

**\$5.85** ea

**EVERY DAY!**



Nestlé Cerelac 200g \$2.93 per 100g

**\$2.50** ea

**EVERY DAY!**



Rafferty's Garden Smoothie 120g \$2.08 per 100g

**\$15** ea

**EVERY DAY!**



Schwarzkopf Extra Care Shampoo or Conditioner 950ml \$1.58 per 100ml

**\$20** ea

**EVERY DAY!**



Colgate Total Advanced Clean Antibacterial Toothpaste Value Pack 3 x 200g \$3.33 per 100g

**\$14** ea

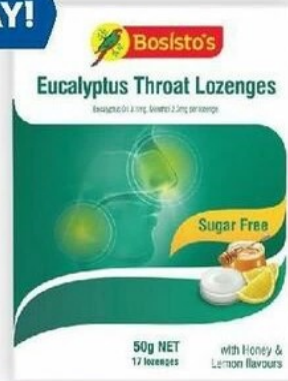
**EVERY DAY!**



Johnson's Daily Essentials Face Wipes 3 x 25 Pack \$4.67 each

**\$3** ea

**EVERY DAY!**



Bosisto's Eucalyptus Drops Sugar Free 50g \$6.00 per 100g

**\$4** ea

**EVERY DAY!**



Blistex Lip Balm 4.25g \$9.42 per 10g

**\$6<sup>50</sup>** ea

**EVERY DAY!**



Fab  
Laundry  
Liquid  
900ml-1 Litre  
or Powder 1kg

**\$16<sup>50</sup>** ea

**EVERY DAY!**



Fab  
Laundry  
Powder  
3.8-4kg

**EVERY  
DAY  
LOW  
PRICES!**  
*on laundry  
essentials*

**\$6** ea

**EVERY DAY!**



Chux  
Superwipes  
On Roll 25s  
\$0.24 each

**\$2<sup>80</sup>** ea

**EVERY DAY!**



Chux Heavy Duty  
or Non-Scratch Scourer 3 Pack \$0.93 each

**\$33** ea

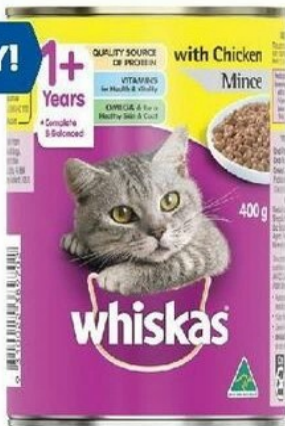
**EVERY DAY!**



Somat  
Excellence  
Dishwashing  
Tablets 74s  
\$4.50 each

**\$2<sup>10</sup>** ea

**EVERY DAY!**



Whiskas  
Cat Food  
400g  
\$0.53 per 100g

**\$4** ea

**EVERY DAY!**



Pedigree  
Wet Dog  
Food  
Can 1.2kg  
\$0.33 per 100g

**\$6<sup>50</sup>** ea

**EVERY DAY!**



Eveready  
Gold  
Batteries  
AA or AAA  
4 Pack  
\$1.63 each

**\$24<sup>50</sup>** ea

**EVERY DAY!**



Schmackos  
Beef  
Strapz 1kg  
\$2.45 per 100g

**\$8** ea

**EVERY DAY!**



Lucky Dog  
Bones 800g  
\$1.00 per 100g

**\$5<sup>40</sup>** ea

**EVERY DAY!**



Nature's Gift  
Meatballs  
700g  
(Available  
in Meat  
Dept. fridge)  
\$7.71 per kg

# FOODLAND

**SCAN FOR TICKET PRICES**

**2-10 SEP 2023**  
**ROYAL ADELAIDE SHOW**  
**GET YOUR TICKETS**  
**IN-STORE AT**  
**FOODLAND**

ROYAL ADELAIDE SHOW

9

FOODLAND  
THE MIGHTY SOUTH AUSSIERS

**\$4<sup>ea</sup>**  
**SAVE \$4.00**  
**UP TO**

**LYNX**  
AFRICA  
GREATEST OF ALL TIME  
THE G.O.A.T. OF FRAGRANCE  
48H FRESHNESS

**LYNX**  
ANARCHY FOR HER  
ROSE & BERGAMOT SCENT  
48H FRESHNESS  
MEDICINAL BODYSPRAY

**1/2**  
PRICE

Lynx Body Spray or Antiperspirant Deodorant 165ml  
 \$2.42 per 100ml

**\$6<sup>ea</sup>**  
**SAVE \$6.00**  
**UP TO**

**PALMOLIVE**  
MEN  
Active with micro-bubbles  
0% PARABENS

**PALMOLIVE**  
NATURALS  
95% NATURAL OILS  
Milk & Honey

**1/2**  
PRICE

Palmolive Naturals Shower Gel 1 Litre  
 \$0.60 per 100ml

**\$13<sup>ea</sup>**  
**SAVE \$5.00**  
**UP TO**

**Sorbent**  
SILKY WHITE  
DOUBLE LENGTH

**Sorbent**  
SILKY WHITE  
ALWAYS SOFT, ALWAYS STRONG

Sorbent Toilet Rolls 24 Pack or Double Length 12 Pack \$0.30 per 100 sheets

**\$17<sup>50</sup><sup>ea</sup>**  
**SAVE \$17.50**  
**UP TO**

**Somat**  
EXCELLENCE  
4-in-1 Gel Caps  
45 CAPS

Somat Excellence Auto Dishwashing Caps 45 Pack  
 \$0.39 each

**1/2**  
PRICE

**\$1<sup>ea</sup>**  
**SAVE UP TO 90¢**

Make every day delicious with Fancy Feast®

**Purina Fancy Feast Cat Food 85g**  
 \$1.18 per 100g

**PURINA**  
Fancy Feast

LOVE IS IN THE DETAILS®

Great Food lives Here

**FOODLAND**  
THE MIGHTY SOUTH AUSSIERS

IGA

# AWARENESS MONTH SEPTEMBER 2023

*Look out for  
the ribbon!*

**BUY ME** and support South  
Aussies with cancer

Part proceeds support



**Cancer  
Council**  
SA



**Flinders  
Foundation**

Proudly supported by



When you buy any of these bakery products during September, partial proceeds from every purchase will help raise vital funds for Cancer Council SA and Flinders Foundation. When you shop at a

# FOODLAND

Great Food Lives Here



# GOURMET GOODIE BAG

SUPPORTING OUR LOCAL SA PRODUCERS



# FIND US AT STAND 5

OVER \$150 VALUE

ONLY \$20



BUY SA. FOR SA.



\*Product variances and substitutions may occur



# FOODLAND

Great Food Lives Here



# GOURMET GOODIE BAG

SUPPORTING OUR LOCAL SA PRODUCERS



FIND  
US AT  
STAND  
5

OVER \$150 VALUE

ONLY  
\$20



BUY SA. FOR SA.



\*Product variances and substitutions may occur