

# Woolworths

The fresh food people

On sale Wednesday 24th July 2024

## Race in for great weekly specials

**\$1.85**  
ea  
**SAVE \$1.85**

\$1.06 per 100g  
YoPRO Perform High Protein Yoghurt 175g  
- From the Fridge



**\$9.50**  
ea  
**SAVE \$9.50**

\$2.53 per litre  
Coca-Cola, Sprite or Fanta Soft Drink  
Varieties 10 x 375ml

**95¢**  
Per Can



**\$3**  
ea  
**SAVE \$3**

Cadbury Dairy Milk, Bubbly or Marvellous Creations 162-190g



**\$6**  
ea  
**SAVE \$6**

\$14.12 per kg  
Birds Eye Oven Bake Fish 425g  
- From the Freezer



**\$3.50**  
ea  
**SAVE \$3.50**

Kellogg's Nutri-Grain 290g or Kellogg's Coco Pops Pillows 310g



**\$17.50**  
ea  
**SAVE \$17.50**

\$58.33 per 100g  
Hismile Colour Corrector Serum 30ml



**\$1.20**  
ea  
**SAVE \$1.20**

\$1.71 per 100g  
Sulimin Noodle Cups 70g



**\$2.40**  
ea  
**SAVE \$2.40**

Smith's Crinkle Cut Potato Chips 150-170g



**FRESH Special**

**\$3.90**  
kg

Australian Red or Green Capsicums



**1/2 Price Vitamins\***

\*Find more details on page 5.

\*See page 37 for details.

Proud fresh food partner of our Aussie athletes.



Disney PIXAR MARVEL STAR WARS

# Disney WORLDS OF WONDER COLLECTOR CARDS



The magic arrives 14th August

Find out more >

T&Cs and exclusions apply, see woolworths.com.au/disneyworldsofwonder. While stocks last. © Disney © Disney/Pixar © 2024 MARVEL & ™ Lucasfilm Ltd.

WC240725/NSW2

Available at Woolworths  + **BIGW**

## Contents

Click to browse

**1/2 Price**

Fruit & Veg

Meat & Seafood

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Freezer

Pantry

Health & Beauty

Baby

Household & Cleaning

Pet

**BIGW**



The fresh food people 

# Drinks, Snacks & Fridge

**ADVERTISER PROMOTION**

CHANCE TO **MATCH & WIN**  
YOUR SHARE IN \$100,000 INSTANTLY

1,000 x \$100 VISA eGIFT CARD PRIZES

Purchase any participating product\* from a participating Woolworths supermarket, collect your receipt & enter [CADBURY.COM.AU/MATCHANDWIN](http://CADBURY.COM.AU/MATCHANDWIN)

\*Participating product is any from the following ranges: CADBURY blocks (excludes halos); CADBURY & FRUITS share packs; CADBURY, FRUITS & EUROPE bars & bite size bags; PASCALL, SOUR PATCH & THE NATURAL CONFECTIONARY CO. candy; CADBURY FAVOURITES, ROSES & CADBURY DAIRY MILK gifting products (boxed and jars); TOBLERONE chocolate, RITZ biscuits or CADBURY biscuits.

\*All res 18+ who can take major prize in Aug 2024 (exact dates TBC). Starts 12.01am AEST 26/6/24 & ends 11.59pm AEST 4/8/24. Buy any participating product from a participating Woolworths supermarket, Woolworths Hero store or MILKRUN store (incl. online at [www.woolworths.com.au](http://www.woolworths.com.au) and [www.milkrun.com](http://www.milkrun.com)) (excl. Everyday Market by Woolworths), visit [www.cadbury.com.au/matchandwin](http://www.cadbury.com.au/matchandwin) & fill out entry form incl. receipt upload to see (on screen) if you are a provisional \$100 Visa eGift card instant winner (instant prizes based on pre-determined times and outcome of match & win game does not impact chance of winning) & to enter major prize draw. Max 1 entry p/receipt; max 4 entries/p/household in total. Keep original receipt/s. Draw: 12pm AEST 5/8/24 at 11/87 Gladstone St, South Melb VIC 3205. Major prize: trip for 4 to Sydney NSW for Australian Olympic team Welcome Home Event in August 2024, valued up to \$8k. Must claim major prize by 12pm AEST 7/8/24. See website for full T&Cs and major winner on 7/8/24. Promoter: Mondelez Australia Pty Ltd (ABN 78 004 551 473), L10, 75 Dorcas St, South Melbourne VIC 3205. Permits: ACT T24/00487, SA T24/412, NSW TP/00437.

THE COLOUR PURPLE IS A TRADE MARK USED UNDER LICENCE.

**\$3<sup>ea</sup>**  
**SAVE \$3**

Cadbury Dairy Milk, Bubbly or Marvellous Creations 16.2-190g

**1/2 Price**



## 1/2 Price

**\$2<sup>ea</sup>**  
**SAVE \$2**

\$3.33 per litre  
Gatorade Sports Drink 600ml or G-Active Flavoured Water 600ml



**\$1<sup>05</sup>**  
**SAVE \$1.05**

Real Foods Corn Thins 125-150g



**\$2<sup>ea</sup>**  
**SAVE \$2**

Haribo 140-150g or Swizzels 120g



**\$2<sup>50</sup>**  
**SAVE \$2.50**

\$2.08 per 100g  
Calbee Harvest Snaps Original Salted Baked Pea Crisps 120g



HEALTH STAR RATING 5

**\$3<sup>25</sup>**  
**SAVE \$3.25**

\$1.97 per 100g  
Tyrrell's Crinkly Crisps Lightly Sea Salted 165g



HEALTH STAR RATING 4

**\$1<sup>50</sup>**  
**SAVE \$1.50**

88¢ per 100g  
Fiveam Organic Yoghurt 170g - From the Fridge



**\$5<sup>25</sup>**  
**SAVE \$5.25**

\$1.31 per 100ml  
Bulla Murray St Ice Cream Sticks 400ml Pk 4 - From the Freezer



WC240725/NSW4

# Pantry Back

## 1/2 Price

**\$3<sup>ea</sup>**  
**SAVE \$3**

\$2.50 per 100g  
Goodness Me Fruit Packs 120g Pk 8



**\$2<sup>75</sup>**  
**SAVE \$2.75**

Nice & Natural Nut Bars 180-192g Pk 6



**\$3<sup>50</sup>**  
**SAVE \$3.50**

Kellogg's Coco Pops 375g or Kellogg's Just Right 460g



**\$2<sup>25</sup>**  
**SAVE \$2.25**

Kellogg's LCMs 100-110g Pk 5



**\$2<sup>75</sup>**  
**SAVE \$2.75**

\$1.49 per 100g  
Kellogg's K-Time Twists 185g Pk 5



**\$1<sup>40</sup>**  
**SAVE \$1.40**

Continental Cup Soup 40-75g Pk 2



**90<sup>¢</sup>**  
**SAVE 90<sup>¢</sup>**

Continental Easy Meals Varieties 30-50g



**\$2<sup>25</sup>**  
**SAVE \$2.25**

Campbell's Chunky or Country Ladle Soup 495-505g



HEALTH STAR RATING 3.5

**\$19<sup>ea</sup>**  
**SAVE \$19**

19¢ per 100g  
SunRice White Medium Grain Rice 10 kg



10 kg

WC240725/NSW4

Shop online and have your groceries delivered to your door, [woolworths.com.au](http://woolworths.com.au)

The fresh food people 

# 1/2 Price

## Vitamins<sup>†</sup>



- A** Caltrate Bone & Muscle 50+ Tablets Pk 100- **\$10.50 ea** [**\$10.50 per 100 ea**] **SAVE \$10.50**
- B** Inner Health Plus Double Strength Capsules Pk 20- **\$16.50 ea** [**\$82.50 per 100 ea**] **SAVE \$16.50**
- C** Nature's Own Magnesium + Sleep Effervescent Tablets Pk 20- **\$6 ea** [**30¢ per ea**] **SAVE \$6**
- D** Berocca Effervescent Tablets Pk 45- **\$13 ea** [**29¢ per ea**] **SAVE \$13**

# 1/2 Price

## Swisse & Voost<sup>†</sup>



- A** Swisse Ultiboost Magnesium Tablets Pk 200- **\$24.75 ea** [**\$12.38 per 100 ea**] **SAVE \$24.75**
- B** Swisse Ultiboost Vitamin D Capsules Pk 400- **\$19.75 ea** [**\$4.94 per 100 ea**] **SAVE \$19.75**
- C** Swisse Ultiboost Iron Tablets Pk 30- **\$7.50 ea** [**\$25 per 100 ea**] **SAVE \$7.50**
- D** Swisse Ultivite Men's Multivitamin Tablets Pk 100- **\$29.75 ea** [**\$29.75 per 100 ea**] **SAVE \$29.75**
- E** Swisse Ultivite Women's Multivitamin Tablets Pk 100- **\$29.75 ea** [**\$29.75 per 100 ea**] **SAVE \$29.75**
- F** Voost Effervescent Vitamin Tablets Pk 20- **\$5.50 ea** [**28¢ per ea**] **SAVE \$5.50**

W240725/NSV6

†Always read the label and follow directions for use. †Excludes JS Health, Vitadrop, Vital Proteins, Vital Greens 120g, Berocca Pk 15, Berocca Pk 30, Berocca Pk 20, Berocca Mind, Gola, Nature's Way Magnesium Rapid Direct Oral Powder 2 x 20g, Nature's Way Iron Daily Pk 120, Nature's Way Lifespan Multivitamins, Ostelin Calcium Vitamin D & Magnesium Pk 180, Ostelin Vitamin D & Calcium Pk 275, Ostelin Vitamin D Pk 275, Coco Earth Juggernaut MCT 500ml, Prices Dropped, Everyday Low Price and products marked in-store as clearance.

# 1/2 Price

## Cenovis, Nature's Own & Ostelin<sup>†</sup>



- A** Ostelin Vitamin D 1000iu D3 Capsules Pk 130- **\$13.92 ea** [**\$10.71 per 100 ea**] **SAVE \$13.93**
- B** Cenovis Sugarless C 500mg Chewable Tablets Pk 160- **\$7.25 ea** [**\$4.53 per 100 ea**] **SAVE \$7.25**
- C** Ostelin Calcium & Vitamin D3 Tablets Pk 130- **\$13.92 ea** [**\$10.71 per 100 ea**] **SAVE \$13.93**
- D** Cenovis Mega C 1000mg Chewable Tablets Pk 100- **\$9 ea** [**\$9 per 100 ea**] **SAVE \$9**
- E** Nature's Own Glucosamine Sulfate with Chondroitin Tablets Pk 200- **\$17 ea** [**\$8.50 per 100 ea**] **SAVE \$17**
- F** Nature's Own Vitamin B12 1000mg Tablets Pk 60- **\$9 ea** [**\$15 per 100 ea**] **SAVE \$9**

# 1/2 Price

## Blackmores & Centrum Vitamins<sup>†</sup>



- A** Blackmores Executive B Tablets Value Pk 125- **\$20 ea** [**\$16 per 100 ea**] **SAVE \$20**
- B** Blackmores Bio Magnesium Tablets Pk 150- **\$20 ea** [**\$13.33 per 100 ea**] **SAVE \$20**
- C** Blackmores Nails, Hair & Skin Tablets Pk 120- **\$17.50 ea** [**\$14.58 per 100 ea**] **SAVE \$17.50**
- D** Blackmores Probiotics+ Daily Health Capsules Pk 30- **\$17.50 ea** [**\$58.33 per 100 ea**] **SAVE \$17.50**
- E** Centrum For Men 50+ Tablets Pk 60- **\$10.95 ea** [**\$18.25 per 100 ea**] **SAVE \$11.04**
- F** Centrum For Women Tablets Pk 60- **\$10.95 ea** [**\$18.25 per 100 ea**] **SAVE \$11.04**

W240725/NSV6

\*See page 37 for details.

**1/2 Price**



- A** Oral-B 5 Way Clean Toothbrush Pk 3  
**\$5 ea** [~~\$1.67 per ea~~] **SAVE \$5**
- B** Oral-B Pro 300 Kids Electric Toothbrush  
**\$45 ea** [~~\$45 per ea~~] **SAVE \$45**
- C** Oral-B Pro 800 Electric Toothbrush  
**\$50 ea** [~~\$50 per ea~~] **SAVE \$50**
- D** Oral-B Pro Health All Around Protect Toothpaste 200g  
**\$4.50 ea** [~~\$2.25 per 100g~~] **SAVE \$4.50**

**1/2 Price**

**Glow Lab Body Wash & Hair Care\***



- A** Glow Lab Body Wash 900ml  
**\$9 ea** [~~\$1 per 100ml~~] **SAVE \$9**
- B** Glow Lab Body Wash 400ml  
**\$5 ea** [~~\$1.25 per 100ml~~] **SAVE \$5**
- C** Glow Lab Hair Mask 200ml  
**\$10 ea** [~~\$5 per 100ml~~] **SAVE \$10**
- D** Glow Lab Shampoo or Conditioner 600ml  
**\$10 ea** [~~\$1.67 per 100ml~~] **SAVE \$10**

**1/2 Price**

**\$4 ea**  
**SAVE \$4**

80¢ per 100ml  
Listerine Fresh Burst Mouthwash 500ml



**\$6 ea**  
**SAVE \$6**

86¢ per 100ml  
Sunsilk Shampoo or Conditioner 700ml



**\$8 ea**  
**SAVE \$8**

80¢ per 100ml  
Woodsman Body Wash 1 Litre



**\$9.50 ea**  
**SAVE \$9.50**

\$6.46 per 10ml  
Sally Hansen Miracle Gel 14.7ml



**\$10.50 ea**  
**SAVE \$10.50**

\$4.20 per 100ml  
John Frieda Premium Shampoo or Conditioner 250ml



**\$13 ea**  
**SAVE \$13**

\$1.53 per 100ml  
Head & Shoulders Dry Scalp Care or Itchy Scalp Care Anti Dandruff Shampoo 850ml



WC240725/NSW6

\*See page 37 for details.

YExcludes Travel Size, Prices Dropped, Everyday Low Price and products marked in store as clearance items.

**1/2 Price**

**Nature's Way & Life Space\***



- A** Nature's Way Kids Smart Multivitamin Vita Gummies Pk 120- **\$15 ea** [~~\$12.50 per 100 ea~~] **SAVE \$15**
- B** Nature's Way High Strength Magnesium Tablets Pk 150- **\$12 ea** [~~\$8 per 100 ea~~] **SAVE \$12**
- C** Nature's Way Kids Smart Vitamin C + Zinc Vita Gummies Pk 120- **\$15 ea** [~~\$12.50 per 100 ea~~] **SAVE \$15**
- D** Nature's Way Multivitamin Vita Gummies for Adults Pk 120- **\$12 ea** [~~\$10 per 100 ea~~] **SAVE \$12**
- E** Nature's Way Women's Multivitamin Vita Gummies Pk 100- **\$12 ea** [~~\$12 per 100 ea~~] **SAVE \$12**
- F** Life Space Probiotic 60+ Capsules Pk 40- **\$18 ea** [~~\$45 per 100 ea~~] **SAVE \$18**

**\$8 ea**  
**SAVE \$8**

\$2.67 per ea  
Bonds Ladies' Low Cut Socks Assorted Pk 3



**\$8 ea**  
**SAVE \$8**

Bonds Explorer Men's Socks Pk 1



**\$12 ea**  
**SAVE \$12**

\$6 per ea  
Bonds Ladies' Hipster Bikini Assorted Pk 2



**\$12.50 ea**  
**SAVE \$12.50**

Bonds Men's Guyfront Trunk Pk 1



ADVERTISER PROMOTION

**AS WORN BY US**

**1/2 Price**  
Bonds<sup>®</sup>



**BONDS<sup>®</sup>**

WC240725/NSW6

\*Always read the label and follow directions for use. †Excludes JS Health, Vitadrop, Vital Proteins, Vital Greens 120g, Berocca Pk 15, Berocca Pk 30, Berocca Pk 20, Berocca Mind, Goli, Nature's Way Magnesium Rapid Direct Oral Powder 2x20g, Nature's Way Iron Daily Pk 120, Nature's Way Lifespan Multivitamins, Ostelin Calcium Vitamin D & Magnesium Pk 180, Ostelin Vitamin D & Calcium Pk 275, Ostelin Vitamin D Pk 275, Coco Earth Juggernaut MCT 500ml, Prices Dropped, Everyday Low Price and products marked in store as clearance. ΔExcludes Bonds Baby Apparel, Period and continence care, Bonds Reusable Nappies, Bonds Everyday Range, Everyday Low Price, Prices Dropped and products marked in store as clearance items.

# 1/2 Price

**\$3<sup>50</sup>**  
ea

**SAVE \$3.50**

\$8.33 per 100g  
Bref Brilliant Gel Toilet Rim Block 42g



Collect 10x points\*

**\$5**  
ea

**SAVE \$5**

\$5.56 per litre  
Comfort Fragrance Collection Fabric Conditioner 900ml



**\$10**  
ea

**SAVE \$10**

Undo This Mess with Gold Standard Laundry Liquid 2 Litre or Laundry Capsules Pk 28



Only at Woolworths

**\$4**  
ea  
**SAVE \$4**

\$2.52 per 100g  
Air Wick Pure Air Freshener Spray 159g



**\$5<sup>75</sup>**  
ea  
**SAVE \$5.75**

\$1.53 per 100g  
Glen 20 Brand New Day Disinfectant Spray 375g



Collect 10x points\*

**\$7<sup>50</sup>**  
ea  
**SAVE \$7.50**

5¢ per ea  
Pine O Clean Disinfectant Wipes Pk 150



**\$13**  
ea  
**SAVE \$13**

\$6.50 per litre/kg  
Blazet Attack Plus Laundry Liquid 2 Litre or Powder 2 kg



**\$18**  
ea  
**SAVE \$18**

\$9 per kg  
Vanish Gold Pro Laundry Soaker 2 kg



Collect 10x points\*

**\$27**  
ea  
**SAVE \$27**

59¢ per ea  
Finish Ultimate Dishwasher Tablets Pk 46



Collect 10x points\*

WC240725/NSW10

Shop online and have your groceries delivered to your door, woolworths.com.au

# 1/2 Price

**\$12<sup>50</sup>**  
ea

**SAVE \$12.50**

Haven Luxe Signature Soy Blend Candle Pk 1



1/2 Price Haven Candles\*

**\$9<sup>50</sup>**  
ea

**SAVE \$9.50**

Inspire Premium Bath Towel Pk 1



1/2 Price all Inspire Bath Towels

**\$3<sup>50</sup>**  
ea  
**SAVE \$3.50**

Korbond Lint Roller Soft Grip Handle



**\$9<sup>75</sup>**  
ea  
**SAVE \$9.75**

61¢ per ea  
Eveready Gold Battery AA or AAA Pk 16



**\$7<sup>50</sup>**  
ea  
**SAVE \$7.50**

\$3.75 per ea  
Mirabella LED Globes Pk 2



**\$5<sup>50</sup>**  
ea  
**SAVE \$5.50**

Wiltshire Easybake Cookie Sheet 34cm



**\$21**  
ea  
**SAVE \$21**

Wiltshire Easycook Green Ceramic Frypan 26cm



**\$15**  
ea  
**SAVE \$15**

Tonthe Sweet Dreams High Firm Pillow Pk 2



WC240725/NSW10

All products on this page may not be available in all stores. Colours, sizes and styles may vary by store. While stocks last. \*Excludes Everyday Low Price and products marked in store as clearance items.

# Disney WORLDS OF WONDER

## Disney



## PIXAR



T&Cs and exclusions apply, see [woolworths.com.au/disneyworldsofwonder](http://woolworths.com.au/disneyworldsofwonder)

Shop online and have your groceries delivered to your door, [woolworths.com.au](http://woolworths.com.au)

WC240725/NSW1

108 cards to collect

## MARVEL



## STAR WARS



While stocks last. © Disney © Disney/Pixar © 2024 MARVEL & ™ Lucasfilm Ltd.

WC240725/NSW2

The fresh food people 



**Everyday Low Price**

**\$1.10** ea **\$11.58 per kg**  
Woolworths Tuna 95g

Responsibly caught  
**Tuna**  
in Springwater

HEALTH STAR RATING 4.5

**\$1.65** ea **\$1.10 per 100g**  
Woolworths Thin Corn Cakes with Brown Rice 150g

High in whole grains  
**THIN Corn Cakes**  
with BROWN RICE

HEALTH STAR RATING 4.5

**\$2.20** ea **\$4.40 per kg**  
Woolworths Fruit Salad In Juice Cups 500g Pk 4

Fruit Salad  
in Juice

HEALTH STAR RATING 3.5

**\$3.30** ea **\$18.33 per kg**  
Woolworths Trail Mix 180g Pk 6

Trail Mix

HEALTH STAR RATING 4

**\$9.50** ea **66¢ per litre**  
Woolworths Spring Water Pack 24 x 600ml

SPRING WATER

HEALTH STAR RATING 4

**\$2.80** ea **SAVE 70¢**  
**\$4.83 per 100g**  
Macro Mini Multigrain Rice Cakes 58g - From the Health Food Aisle

macro **MINI MULTIGRAIN RICE CAKES**

HEALTH STAR RATING 4.5

**\$3.75** ea **SAVE \$1.25**  
**\$4.41 per 100g**  
Macro Plantain Chips 85g - From the Health Food Aisle

macro **SEA SALT PLANTAIN CHIPS**

HEALTH STAR RATING 3.5

**\$4** ea **SAVE \$1**  
**\$4 per 100g**  
Macro Mighty Bites 100g Pk 5 - From the Health Food Aisle

macro **MIGHTY BITES**  
COCOA CRUNCH BALL TWIN PACKS

HEALTH STAR RATING 4

Shop online and have your groceries delivered to your door, [woolworths.com.au](http://woolworths.com.au)



**1/2 Price**

**\$2.30** ea **SAVE \$2.35**  
Spirax Kode A4 120 Page Note Book - Assorted Colours

**\$2.80** ea **SAVE \$2.80**  
Sharpie Permanent Fine Point Markers Pk 2 - Black

**\$3.80** ea **SAVE \$3.80**  
Crayola Doodle Scents Markers Pk 12

**\$4.10** ea **SAVE \$4.10**  
Artline Permanent Marker 90 Black Pk 2

**\$7.50** ea **SAVE \$7.50**  
Sharpie Gel Retractable 07mm Gel Pen Pk 4

**\$15** ea **SAVE \$15**  
Scholl GelActiv Work & Boot Insole

**\$3.15** ea **SAVE \$3.15**  
Sistema Snack To Go 400ml

**\$5.95** ea **SAVE \$5.95**  
Sistema Ultra Tritan Canister Square 920ml

**1/2 Price**  
all Sistema Lunch & Hydration & Ultra

BPA free Made in New Zealand

**\$6.62** ea **SAVE \$6.63**  
Sistema Bottle Quick Flip Assorted 800ml

**\$11.37** ea **SAVE \$11.38**  
Sistema Stainless Steel Bottle Double Walled Assorted 500ml

WC240725/NSW14

All products on this page may not be available in all stores. Colours, sizes and styles may vary by store. While stocks last.

# FRUIT & VEG

Race in for great weekly fresh specials



Joseph, apple grower, VIC



## Australian Cosmic Crisp® apples

Cosmic Crisp® apples are deliciously juicy and crunchy with a perfectly balanced sweet, tangy flavour that's out of this world. Incredibly slow to brown, they're ideal for lunch boxes, snacking and entertaining. Try them today.

**\$4.50** kg

Australian Cosmic Crisp® Apples



SMIC CRISP®



**\$4.90** pk (\$19.60 per kg)  
Australian Strawberries 250g Punnet



**\$3.90** kg  
Australian Phoenix Mandarins



**\$2.50** pk

Australian Kids Mini Apples, Bananas or Green Kiwi Fruit Pk 5



50¢ each

**\$4.50** pk

Australian Avocados Pk 5



90¢ each

WC240725/NSW16

Shop online and have your groceries delivered to your door, [woolworths.com.au](http://woolworths.com.au)

# FRUIT & VEG

Back ↩



**ANY 2 FOR \$4**

Australian Carrots 1 kg Pack, Brown Onions 1 kg Pack, Washed White Baby Potatoes 1 kg Pack, Spring Onions, Leek or Garlic Imported Pk 3



**\$3** ea  
\$3 per ea

Australian Cauliflower



**\$3.90** kg

Australian Red or Green Capsicums



**\$3** pk

**SAVE 50¢**

Woolworths COOK Str Fry Rainbow Vegetables 400g, COOK Str Fry Superfood Vegetables 250g or COOK Str Fry Super Greens 250g Pack



**\$4.50** pk

**SAVE 50¢**

\$15 per kg  
Woolworths Australian Baby Leaf Mix with Carrot 300g Pack



WC240725/NSW16

Proud Fresh Food Partner of the Australian Olympic & Paralympic Teams.





# Fresh fuels Jeff Dunne

Jeff fuels his best with a mix of fresh fruit and veggies, protein and carbohydrates. His go to meal? The 15 minute Thai Chicken Burger. Rich in protein and B vitamins, it's simple to make, tastes great and keeps him performing at his best all day.

[Discover the recipe >](#)



Jeff Dunne  
Breaking

Serving  
suggestion

**\$2<sup>85</sup>**  
pk

48¢ per ea  
Bread Roll  
Varieties Pk 6#  
- Excludes Jumbo &  
Brioche Roll Varieties



**Everyday  
Low Price**

**\$4<sup>90</sup>**  
kg

Australian Gourmet  
Tomatoes



**\$14**  
kg

Macro Free Range  
Australian Fresh RSPCA  
Approved Chicken Breast  
Fillet Skinless Bulk Tray  
- From the Meat Dept

**SAVE  
\$1**  
kg



**\$5**  
pk

**SAVE  
50¢**

\$15.87 per kg  
Woolworths  
Thai Style  
Salad Kit 315g



**\$2<sup>50</sup>**  
ea

**SAVE  
50¢**

\$10 per kg  
Woolworths  
Australian  
Whole Fresh  
Beetroot  
250g Pack



#Only available in stores with an in-store bakery.



## One-pot winter recipe wonders

Save time with recipes like pasta bake and chicken risotto, all in one pot for easy cleanup.

[Get inspired >](#)

App : Online : In store

WC240725/NSW18

WC240725/NSW17

# BAKERY



Serving suggestion

**\$5.75**  
ea

**WHILE STOCKS LAST**

\$1.44 per ea  
Woolworths Green & Gold Donuts Pk 4



**\$9**  
ea

**WHILE STOCKS LAST**

\$1 per ea  
Woolworths Green & Gold Cupcakes Pk 9



**\$38**  
ea

**WHILE STOCKS LAST**

\$3.17 per 100g  
Woolworths Green & Gold Soccer Ball Smash Cake 1.2 kg



WC240725/NS/W/9

Shop online and have your groceries delivered to your door, [woolworths.com.au](http://woolworths.com.au)

# BAKERY & DELI

Back ↩

**\$5**  
ea

**SAVE \$1.80**

91¢ per 100g  
Darl's Soups 550g - From the Fridge



**\$5.80**  
pk

**SAVE 70¢**

Cheese & Bacon Rolls Pk 6#



**97¢**  
per ea

**\$8.80**  
ea

**SAVE \$2.20**

Bertocchi Gold Bacon Varieties 300-400g - From the Fridge



**\$29**  
kg

**SAVE \$7**  
kg

D'Orsogna Premium Australian Ham off the Bone - Sliced or Shaved - From the Deli



**\$2.90**  
Per 100g

**\$29**  
kg

**SAVE \$8**  
kg

Bertocchi Sopressa Salami - Mild or Hot - Sliced - From the Deli



**\$2.90**  
Per 100g

**\$4**  
pk

**SAVE 50¢**

50¢ per ea  
Mini Pastry Varieties Pk 8#



**\$4.50**  
ea

**SAVE \$1**

\$1.17 per 100g  
Mission Mini Wraps 384g Pk 8



**\$6**  
pk

**SAVE 50¢**

25¢ per ea  
Anzac Biscuits, Funfetti or Choc Chip Cookies Pk 24#



**24**  
Pack

**PRICES DROPPED for Winter**

Was **\$14** 28/5/24

**\$12**  
ea

\$2.18 per 100g  
Woolworths Chocolate Cookie Pie 550g



Range was **\$6.40** 28/5/24

**\$4**  
ea

91¢ per 100g  
Tip Top Pizza Bases Pk 2 440g



WC240725/NS/W/0

#Only available in stores with an in-store bakery.



# 15 Minutes Quick Char Siu & Noodle Stir-Fry

[View full recipe >](#)  
Serving suggestion

**COOK**  
3 easy & delicious  
dinners with  
Chinese BBQ Pork



[View full recipe >](#)  
Serving suggestion

Quick Chinese BBQ Pork Fried Rice

**\$7<sup>50</sup>** ea  
**SAVE \$7.50**

**1/2 Price**

**\$13.39 per kg**  
Woolworths COOK  
Slow Cooked Chinese  
Style BBQ Pork with  
Char Siu Sauce 560g

**3.5**  
HEALTH STAR RATING



[View full recipe >](#)  
Serving suggestion

Cheat's Slow-cooked Chinese BBQ-style Pork & Rice

Shop online and have your groceries delivered to your door, [woolworths.com.au](http://woolworths.com.au)

## MEAT & SEAFOOD [Back <](#)

**\$10** kg  
**SAVE \$2** kg

Australian Lamb  
Leg Roast

**AUSTRALIAN LAMB**

**\$18** kg  
**WHILE STOCKS LAST**

Australian Beef Oyster  
Blade Steak Bulk Pack

**Bulk Pack**  
**AUSTRALIAN BEEF**

**\$7** ea  
**SAVE \$1**

~~\$8.67 per kg~~  
Marinated Kebabs  
with RSPCA  
Approved Chicken  
375g

**RSPCA APPROVED FARMING**

**\$8<sup>50</sup>** ea  
**SAVE \$1**

**\$12.14 per kg**  
Woolworths Boneless  
Kiyu Varieties with  
RSPCA Approved  
Chicken 700g

**RSPCA APPROVED FARMING**  
**3.5**  
HEALTH STAR RATING

**\$9<sup>50</sup>** ea  
**SAVE \$1**

**\$19 per kg**  
Woolworths COOK  
or BBQ Marinated  
Chicken Breast  
Steaks Varieties with  
RSPCA Approved  
Chicken 500g

**RSPCA APPROVED FARMING**  
**AUSTRALIAN CHICKEN**

**\$10** ea  
**SAVE \$2**

**\$16.67 per kg**  
Australian Pork Scotch  
Fillet Steak 600g

**AUSTRALIAN PORK**

**\$28** kg  
**SAVE \$8** kg

Thawed Extra Large  
Cooked Australian  
Tiger Prawns

**AUSTRALIAN SEAFOOD**

**\$42** kg  
**SAVE \$4** kg

Fresh Tasmanian  
Atlantic Salmon  
Filets Skin Off

**AUSTRALIAN FRESH SEAFOOD**

**Everyday Low Price**

**\$28** kg

Australian Fresh  
Barramundi Fillets  
Skin On

**AUSTRALIAN FRESH SEAFOOD**

[View full recipe >](#)  
Serving suggestion

WC240725/NS/WZ

Seafood may not be available in all stores.

# Budget Friendly Meals

**\$2<sup>80</sup>**  
per serve<sup>^</sup>



[View full recipe >](#)

Serving suggestion

## Meatball minestrone

**\$1<sup>85</sup>**  
ea

**SAVE 50¢**

37¢ per 100g  
Vetta Smart Fibre Spaghetti 500g



**\$2<sup>25</sup>**  
ea

**SAVE \$2.25**

\$2.01 per 100g  
Continental Stock Pots 112g Pk 4



**1/2 Price**

**\$8**  
ea

\$10 per kg  
Australian Pork Mince 800g



WC240725/NSW23

<sup>^</sup>Based on actual ingredient portion size used and standard shelf prices as at 21/3/24. Prices and product availability may vary by state and store. Prices may be rounded up to the nearest \$0.10.

# Budget Friendly Meals

**\$4<sup>40</sup>**  
per serve<sup>^</sup>



[View full recipe >](#)

Serving suggestion

## Lemon & herb beef schnitzel with braised beans

**Everyday Low Price**

**\$1<sup>50</sup>**  
ea

35¢ per 100g  
Macro Organic Cannellini Beans 425g

WC240725/NSW24



**Everyday Low Price**

**\$2<sup>30</sup>**  
ea

Woolworths Panko Crumbs 200-220g



**\$12**  
ea

\$30 per kg  
Australian Beef Sizzle Schnitzel 400g



<sup>^</sup>Based on actual ingredient portion size used and standard shelf prices as at 20/3/24. Prices and product availability may vary by state and store. Prices may be rounded up to the nearest \$0.10.

# Fridge

**\$6** ea

**SAVE \$1.50**

Bega Block, Grated or Sliced Cheese 250-300g  
- Excludes Lactose Free



**\$7.50** ea

**SAVE \$2**

\$16.67 per kg  
Perfect Italiano Cheese 450g



**\$3.50** ea

**SAVE \$1**

Primo Stackers or Trios 45-57g



**ANY 2 FOR \$6**

\$1.50 per 100g  
Yumi's Dips 200g

**SAVE \$3**



**\$4.25** ea

**SAVE \$1.10**

\$5.67 per litre  
Dare Iced Coffee 750ml



**\$4.80** ea

\$1.28 per 100g  
Western Star Spreadable 375g

**SAVE \$1.20**



**\$6.90** ea

\$29.36 per kg  
Mersey Valley 235g  
- From the Deli

**SAVE \$3**



**\$10.80** ea

**SAVE \$1.20**

\$1.44 per 100g  
Flora ProActive 750g



**PRICES DROPPED for Winter**

Range was ~~\$2.40~~ 28/5/24

**\$1.90** ea

\$1.46 per 100g  
Chobani Kids Yogurt Pouch 130g



Range was ~~\$4~~ 28/5/24

**\$2.90** ea

\$8.79 per litre  
Remedy Sodaly 330ml



WC240725/NSW25

NSW & ACT - On sale from Wednesday 24th July, 2024 until Tuesday 30th July, 2024, unless sold out earlier. Savings based on our Sydney metropolitan sell price. Advertised savings may vary in some stores, as some products may already be priced below the metropolitan sell price. Limits per customer may apply, trade not supplied. Products, Specials and Prices Dropped/Everyday Low Price may not be available at Woolworths Metro, Woolworths Online (including Everyday Market from Woolworths), Food for Less stores, at NSW Stores, Albion Park, Baulkham Hills, Belconnen, Bondi Junction, Calwell, Campbelltown Mall, Carlingford, Games Hill, Casula, Charlestown Square, Chester Hill, Conder, Dee Why, Double Bay, Dural, Emerton, Emu Plains, Fairfield, Fairy Meadow, Frenchs

# Fridge & Freezer

**Back** ↩

**\$3.50** ea

**SAVE \$1.15**

\$8.24 per litre  
Rokeby Farms Protein Smoothie 425ml  
- From the Fridge



**\$5.95** ea

**SAVE \$2.55**

Sara Lee Cheesecake 360-410g  
- From the Freezer



**\$8** ea

**SAVE \$2**

\$4.17 per 100g  
Little Moons Mochi Bites 192g Pk 6  
- From the Freezer



**\$6.30** ea

**SAVE \$1.60**

90¢ per 100g  
Gippsland Dairy Twist Yogurt 700g  
- From the Fridge



**\$6.50** ea

**SAVE \$3.50**

\$1.63 per 100ml  
Streets Golden Gaytime Ice Cream Sticks 400ml Pk 4  
- From the Freezer



**\$10** ea

**SAVE \$4.50**

Ben & Jerry's Ice Cream Tub 427-465ml  
- From the Freezer



## DISCOVER THE BENEFITS OF YOGHURT

ADVERTISER PROMOTION

### YoPRO HIGH PROTEIN

- Protein contributes to the growth and maintenance of muscle mass
- #1 Protein Yoghurt, ideal healthy snack or post-workout choice

\* Health effect must be considered in the context of a healthy diet involving the consumption of a variety of foods.  
\*\* 11 test dates, based on total YoPRO sales in AU, as at end of March.



**\$2.20** ea

**SAVE 80¢**

YoPRO High Protein Yoghurt Pot or Pouch 150-160g  
- From the Fridge



**\$1.85** ea

**SAVE \$1.85**

\$1.06 per 100g  
YoPRO Perform High Protein Yoghurt 175g  
- From the Fridge



WC240725/NSW25

Forest, Glenwood, Glenrose, Green Valley, Graysstones, Homsby, Killyville North, Kingsgrove, Kippax, Lake Munmorah, Lane Cove, Leeton, Leichhardt Marketplace, Macquarie Ryde, Marrickville, Manal, Mortdale, Mt Druitt, Neutral Bay, Newcastle West, Prospect, Rockdale, Roseblands, Salamander Bay, Sylvania, Thornleigh, Town Hall, Warriewood, West Ryde, Wetherill Park, or Woden and are not available through MILKRUN. Products, Specials and Prices Dropped/Everyday Low Price on beverages does not apply to ACT stores. Products and prices may not be available in all stores. While stocks last.

# Freezer & Drinks

**\$4<sup>60</sup>**  
ea

**SAVE \$1.20**

\$5.11 per kg  
Birds Eye Golden Crunch Chips 900g



**\$6<sup>30</sup>**  
ea

**SAVE \$2.70**

90¢ per 100g  
Four'N Twenty Traditional Pies 700g



**\$6**  
ea

\$2.14 per 100g  
Bibigo Mandu Dumplings 280g

**SAVE \$2.50**



**\$6<sup>30</sup>**  
ea

**SAVE \$2.70**

Dr. Oetker Ristorante Pizza 310-390g  
- Excludes Gluten Free



**\$6<sup>50</sup>**  
ea

**SAVE \$2**

\$1.63 per 100g  
McCain Pizza Pockets 400g Pk 4



**\$7<sup>50</sup>**  
ea

McCain Pub Size Frozen Meals 480-500g

**SAVE \$2**



**\$14<sup>40</sup>**  
ea

**SAVE \$3.60**

\$1.44 per 100g  
Patties Party Pack Mini Pies & Sausage Rolls 1 kg Pk 40



**\$11**  
ea

**SAVE \$2.50**

\$11 per kg  
Steggles Chicken Dino Snacks, Tenders, Nuggets, Fingers, Wings, Pops or Alphabites 1 kg



**PRICES DROPPED for Winter**

Range was ~~\$10~~  
**\$8<sup>50</sup>**  
ea

Mrs Mac's Pies or Sausage Rolls 700-760g Pk 4



Range was ~~\$9~~  
**\$6<sup>50</sup>**  
ea

\$3.94 per litre  
Pepsi Mini Cans 6 x 275ml



WC24075/NSWZ

Shop online and have your groceries delivered to your door, [woolworths.com.au](http://woolworths.com.au)



**Freezer to Table, Fries Made Simple**

**\$3<sup>90</sup>**  
ea

\$5.20 per kg  
Woolworths Australian Potato Wedges 750g - From the Freezer



**Everyday Low Price**

**\$4<sup>50</sup>**  
ea

\$5 per kg  
Woolworths Australian Crinkle Cut, Steakhouse or Shoestring Fries 900g - From the Freezer



**Everyday Low Price**

**\$5**  
ea

\$5.56 per kg  
Woolworths Australian Crispy Straight or Crinkle Cut Chips 900g - From the Freezer



**Everyday Low Price**

The fresh food people

# Pick up your greens before we pick up gold

Enjoy **\$20 Off\***

your first Direct to boot shop when you spend \$130 or more\*



[Find out more >](#)



PROUD FRESH FOOD PARTNER

\*Min spend \$130 (excludes bag fees). Ends 10/9/24. Order by 1pm for same day. Direct to boot includes Pick up. Select locations only. Exclusions & T&Cs apply.

WC240725/NSW29

Fridge & Pantry [Back](#)

**PRICES DROPPED** for Winter

Range was ~~\$3.95~~ 28/5/24  
**\$3.35** ea

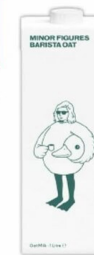
\$1.97 per 100g  
MooPRO High Protein Yoghurt and Muesli 170g  
- From the Fridge



**PRICES DROPPED** for Winter

Was ~~\$4.80~~ 28/5/24  
**\$3.90** ea

\$3.90 per litre  
Minor Figures Barista Oat Milk 1 Litre



**PRICES DROPPED** for Winter

Range was ~~\$6.50~~ 28/5/24  
**\$5** ea

50c per 100g  
Uncle Tobys Oats 1 kg



**PRICES DROPPED** for Winter

Range was ~~\$5.50~~ 28/5/24  
**\$4.50** ea

97c per 100g  
Stippy Peanut Butter 462g



**PRICES DROPPED** for Winter

Was ~~\$8.50~~ 28/5/24  
**\$6.60** ea

\$1.94 per 100g  
Capilano 100% Pure Australian Non-Active Manuka Honey 340g



**PRICES DROPPED** for Winter

Was ~~\$8.80~~ 28/5/24  
**\$7.90** ea

\$1.58 per 100g  
Organ Gluten Free Quinoa Porridge 500g





## Collect 5x points Member Week

Collect 5x points on your total shop when you boost, spend \$50 or more in one Woolworths shop and scan your Everyday Rewards Card.

[everyday rewards](#) [Boost now >](#)

\*When you boost and spend \$50 or more in a single transaction. Exclusions and T&Cs apply. Click the 'Boost now' button to boost or visit [everydayrewards.com.au/total-store](http://everydayrewards.com.au/total-store). Offer ends 23:59 06/08/2024.



WC240725/NSW30

The fresh food people 

# Pantry

**\$2<sup>30</sup>**  
ea

**SAVE 65¢**

\$24.21 per kg  
Sirena Tuna 95g



**\$2<sup>90</sup>**  
ea

**SAVE \$2**

Vege Chips or Rice Crackers 75-100g  
- From the Health Food Aisle



**40% Off**

**\$3**  
ea

**SAVE \$1.70**

75¢ per 100g  
La Zuppa Pouch Soup 400g



**\$5<sup>90</sup>**  
ea

**SAVE \$2.60**

Marion's Meal Kits 300-475g



**\$15**  
ea

**SAVE \$10**

\$1.50 per 100ml  
Red Island Extra Virgin Olive Oil 1 Litre



**40% Off**

**\$4<sup>80</sup>**  
ea

**SAVE \$3.20**

Nestle Milo Bars 210-270g Pk 10



**40% Off**

**3.5**  
HEALTH STAR RATING

**\$4**  
ea

**SAVE \$1**

Green's Temptations Cake Mixes 350-630g



**\$3<sup>90</sup>**  
ea

**SAVE \$2.60**

\$4.33 per 100g  
Primo Salami Sticks 90g Pk 5



**40% Off**

**Everyday Low Price**

**\$6**  
ea

50¢ per 100g  
Sanitarium Weet-Bix 1.2 kg



**5**  
HEALTH STAR RATING

**\$17<sup>50</sup>**  
ea

\$5.83 per litre  
Up & Go Protein Energy 12 x 250ml



**5**  
HEALTH STAR RATING

WC240725/NSW/32

^Offer available from 24/7/24 to 30/7/24 on all denominations of gift cards listed. Excludes Restaurant Choice \$50 & Variable, Accor Hotels \$100 and Luxury Escapes \$100 & \$250. Available in-store only at Woolworths Supermarkets and Woolworths Metro. Scan your Everyday Rewards Card to collect 20x points. Excludes Woolworths Online and MILKRUN. Standard points will not be earned on the amount spent on gift cards, but the relevant number of bonus points that you qualify for under this offer. Bonus points can take up to 14 business days to be loaded onto your Everyday Rewards Card from the date of purchase. Refer to individual cards for their terms and conditions. For Gift To Dine and Restaurant Choice, limit of 5 cards per day per Rewards Member (can be done

# Pantry & Gift Cards

**Back** ↩

**\$2<sup>60</sup>**  
ea

**SAVE 70¢**

\$27.37 per kg  
John West Salmon Tempters 95g



**4**  
HEALTH STAR RATING

**\$2<sup>80</sup>**  
ea

**SAVE 70¢**

56¢ per 100g  
Barilla Pasta 500g



**\$2<sup>75</sup>**  
ea

**SAVE \$1.85**

Dolmio Extra Pasta Sauce 490-500g



**40% Off**

**\$1<sup>90</sup>**  
ea

**SAVE 90¢**

63¢ per 100g  
Heinz Baked Beans or Spaghetti 300g



**4**  
HEALTH STAR RATING

**\$2**  
ea

**SAVE 75¢**

40¢ per 100ml  
Campbell's Real Stock 500ml



**\$4**  
ea

**SAVE \$1.50**

\$1.33 per 100g  
Kewpie Mayonnaise 300g



**\$1<sup>50</sup>**  
ea

**SAVE \$1.50**

Continental Pasta and Sauce Side Dish 85-105g



**1/2 Price**

**\$16**  
ea

**SAVE \$16**

32¢ per 100g  
Alishaan Super Basmati Rice 5 kg



**1/2 Price**

**5 kg**

**Collect 20x points<sup>A</sup>**



Earn 20x Everyday Rewards Points on Restaurant Choice, Gift To Dine, Luxury Escapes, Accor Hotels, HOYTS and RedBalloon Gift Cards. Some card exclusions apply. Refer to T&Cs<sup>A</sup>

WC240725/NSW/32

across multiple transactions). For HOYTS, RedBalloon, Luxury Escapes and Accor Hotels, limit of 10 cards per day per Rewards Member (can be done across multiple transactions) Rewards Points \$30 = 600, \$50 = 1000, \$100 = 2000, \$200 = 4000, Variable Gift Card \$1 spend = 20x Rewards Points. While stocks last. Card images shown may vary. \*When you boost and shop from participating brands. Offer ends 23:59 30/7/24. Exclusions apply. Scan the QR code now or visit everydayrewards.com.au/woolworths-boost-your-budget to boost and for full T&Cs.



# Drinks & Pantry

ADVERTISER PROMOTION

Enjoy  
PREMIUM INSTANT  
WITH SMOOTH CREMA



SERVING SUGGESTION

MADE WITH INSTANT & FINELY GROUND ROAST COFFEE FOR A FRESHLY BREWED TASTE

PLEASURE IS GOLD

**\$6.25**  
ea

**SAVE \$6.25**

\$6.58 per 100g  
L'or Coffee Artiste 95g



**1/2 Price**

**1/2 Price**

**\$6.75**  
ea

**SAVE \$6.75**

Twinings Tea Bags Pk 80-100



**\$22**  
ea

**SAVE \$22**

\$2.20 per 100g  
Vittoria Coffee Mountain Grown Beans or Ground Coffee 1kg



**\$5.75**  
ea

**SAVE \$5.75**

Nescafe Blend 43 Instant Coffee 140-150g



**\$4.25**  
ea

**SAVE \$4.25**

Twinings Live Well Tea Bags Pk 18-22



**\$2**  
ea

**SAVE \$2**



Cadbury Chocolate Biscuits 114-167g

**\$7.25**  
ea

**SAVE \$7.25**

\$7.55 per litre  
All Press Iced Coffee 4 x 240ml



**\$2.20**  
pk

**SAVE \$2.20**

37¢ per ea  
Golden Crumpet Rounds Pk 6



**\$3**  
pk

**SAVE \$3**

50¢ per ea  
Mr Kipling Cake Slices Pk 6



WC240725/NSW34

Shop online and have your groceries delivered to your door, woolworths.com.au

# Snacks & Drinks

Back ↩

**30% Off**

all Multipack Biscuits



A Oreo Mini Multipack 204g Pk 10  
**\$3.50 ea** [~~\$1.72 per 100g~~] **SAVE \$1.50**

B Arnott's Shapes Multipack 150-200g Pk 5-8  
**\$3.50 ea** **SAVE \$1.50**

C Arnott's Biscuits Multipack 175-200g Pk 7-8  
**\$3.50 ea** **SAVE \$1.50**

D Nutella B-ready Multipack 132g Pk 6  
**\$3.50 ea** [~~\$2.65 per 100g~~] **SAVE \$1.50**

E Sakata Stars Multipack 91g Pk 7  
**\$2.65 ea** [~~\$2.91 per 100g~~] **SAVE \$1.15**

**\$1.50**  
ea

**SAVE 50¢**

\$6 per litre  
Glee Flavoured Sparkling Fruit Juice 250ml



**\$7.20**  
ea

**SAVE \$4.80**

\$7.20 per litre  
Red Bull Energy Drink 4 x 250ml



**40% Off**

**\$28.30**  
ea

**SAVE \$18.90**

\$2.52 per litre  
Coca-Cola Classic, Diet or Zero Sugar Soft Drink Varieties 30 x 375ml



**40% Off**

**95¢ Per Can**

**\$3**  
ea

**SAVE \$1.80**

\$1.50 per litre  
Golden Circle Longlife Juice 2 Litre



**\$1.85**  
ea

**SAVE \$1.25**

\$1.48 per litre  
Mt Franklin Sparkling Water 1.25 Litre



**40% Off**

**\$11.40**  
ea

**SAVE \$7.60**

\$3.04 per litre  
Mt Franklin Sparkling Water 10 x 375ml



**40% Off**

WC240725/NSW34

The fresh food people

health&beauty Body & Hair Care

ADVERTISER PROMOTION

**Difflam<sup>®</sup> DURO-TUSS<sup>®</sup>**

**GET COUGH AND SORE THROAT RELIEF**

**30% Off**  
Difflam & Duro-Tuss<sup>®</sup>

**\$4<sup>55</sup> ea** 28¢ per ea  
Difflam Sore Throat Lozenges Pk 16-

**SAVE \$1.95**

**Difflam<sup>®</sup>**  
ANTI-INFLAMMATORY + Antibacterial  
DUAL ACTION  
FAST SOOTHING RELIEF of sore throats  
16 HONEY LEMON

**\$11<sup>90</sup> ea**  
**SAVE \$5.10**  
\$5.95 per 100ml  
Duro-Tuss Relief Dry Cough 200ml-



**40% Off**  
Dry Shampoo<sup>\$</sup>

Only at 



**A** Batiste Dry Shampoo 200ml  
**\$8.40 ea** [~~\$4.20 per 100ml~~] **SAVE \$5.60**

**B** Georgiame Dry Shampoo 30g  
**\$18 ea** [~~\$60 per 100g~~] **SAVE \$12**

**C** Got2b Fresh It Up Dry Shampoo 200ml  
**\$9 ea** [~~\$4.50 per 100ml~~] **SAVE \$6**

**D** Colab Dry Shampoo 200ml  
**\$6 ea** [~~\$3 per 100ml~~] **SAVE \$4**

**E** Thanks to Nature Dry Shampoo Powder 35g  
**\$12 ea** [~~\$34.29 per 100g~~] **SAVE \$8**

**40% Off**



**A** Garnier Fructis Shampoo or Conditioner 850ml  
**\$10.20 ea** [~~\$1.20 per 100ml~~] **SAVE \$6.80**

**B** Garnier Nutrisse Hair Colour  
**\$10.20 ea** [~~\$10.20 per ea~~] **SAVE \$6.80**

**C** Garnier Micellar Cleansing Water 400ml  
**\$10.20 ea** [~~\$2.55 per 100ml~~] **SAVE \$6.80**

**D** Garnier Vitamin C Brightening Serum 30ml  
**\$22.20 ea** [~~\$74 per 100ml~~] **SAVE \$14.80**

WC240725/NSW45

<sup>\$</sup>Excludes Prices Dropped, Everyday Low Price and products marked in store as clearance items. ~Always read the label and follow directions for use. Incorrect use could be harmful.

**baby & toddler event**

**A big range for your little loved ones**

To find more Baby & Toddler Specials [Click here >](#)

**\$11<sup>ea</sup>**  
**SAVE \$11**  
Huggies Ultra Dry Nappy Pants Pk 24-36  
**1/2 Price**  
Collect 10x points\*

**\$8<sup>40</sup> ea**  
**SAVE \$5.60**  
\$3.50 per 100 ea  
Huggies Baby Wipes Pk 240  
Collect 10x points\*

**ANY 4 FOR \$6**  
**SAVE \$2.60**  
\$1.25 per 100g  
Rafferty's Garden Baby Food Pouch 120g  
Collect 10x points\*

**\$24<sup>ea</sup>**  
**SAVE \$7**  
BabyLove Nappy Pants Pk 42-56

**\$3<sup>ea</sup>**  
**SAVE \$3**  
\$7.50 per 100g  
Whole Kids Organic Little Flowers Cereal 40g  
**1/2 Price**

**\$3<sup>ea</sup>**  
**SAVE \$3**  
\$4.69 per 100 ea  
Huggies Baby Wipes Pk 64  
Collect 10x points\*

**\$20<sup>ea</sup>**  
**SAVE \$5**  
\$2.50 per 100g  
Nestle NAN Optipro Stage 3 Baby Formula 800g

WC240725/NSW45

\*See page 37 for details.

The fresh food people 

# Boost your Budget

Collect **10x** points\*

Click to boost >

when you boost and shop participating products\*

- 1 Boost online
- 2 Shop participating products\*
- 3 Scan your Rewards card



**\$180** ea  
 SAVE **50¢**



Collect **10x** points\*

**\$425** ea  
 SAVE **\$4.25**

45¢ per 100ml  
 Palmolive Ultra Dishwashing Detergent 950ml



Collect **10x** points\*

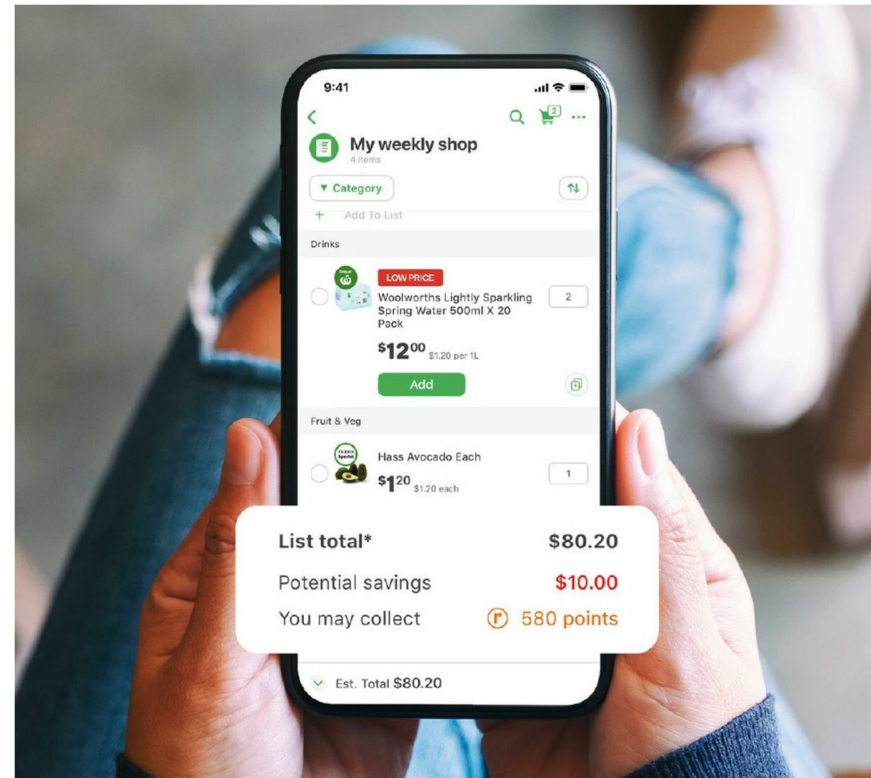
**\$475** ea  
 SAVE **\$4.75**

\$1.19 per 100ml  
 Nivea Rich Nourishing Body Lotion 400ml



Collect **10x** points\*

\*When you boost and shop from participating brands. Offer ends 23:59 30/7/24. Exclusions apply. Scan the QR code now or visit everydayrewards.com.au/woolworths-boost-your-budget to boost and for full T&Cs.



## Check your total spend before you shop with Lists

Pre-plan by checking your total spend, savings and Everyday Rewards points before you shop with Lists in-app so you can stay on top of your budget.

Try Lists >

App : Online : In store

# Household & Gardening

1/2 Price

**\$4<sup>25</sup>** ea

**SAVE \$4.25**

17¢ per litre  
Brunnings All Seasons Potting Mix 25 Litre



**\$3<sup>50</sup>** ea

**SAVE \$3.50**

Jelly Belly 3D Tutti-Fruitti Freshener

**1/2 Price all Jelly Belly**



**\$4<sup>25</sup>** ea

**SAVE \$4.25**

Grillworx Push Button Lighter Pk 1



**\$2<sup>50</sup>** ea

**SAVE \$2.50**

63¢ per ea  
Armada BBQ Foil Trays Small Pk 4



**\$6<sup>25</sup>** ea

**SAVE \$6.25**

63¢ per 100ml  
Armor All Wash & Wax 1 Litre



**\$11<sup>50</sup>** ea

**SAVE \$11.50**

Jackson Fast Charge USB Wall Adapter



**\$12<sup>50</sup>** ea

**SAVE \$12.50**

Decord Braided Extension Lead 3 Metre



**\$17** ea

**SAVE \$17**

Liquid Ears Wirefree On-Ear Headphones



Shop online and have your groceries delivered to your door, [woolworths.com.au](http://woolworths.com.au)

# Pet Back

**\$15<sup>90</sup>** ea

**SAVE \$10.60**

64¢ per 100g  
Fussy Cat Grain Free Dry Cat Food 2.5 kg



**\$14** ea

**SAVE \$6**

\$3.50 per 100g  
Vitapet Jerhigh Dog Treats 400g



**\$3** ea

**SAVE \$1.50**

Felix Party Mix Cat Treats 50-60g



**\$5** ea

**SAVE \$1.30**

Collect 10x points\*  
\$1.67 per 100g  
Fancy Feast Petite Delights Pk 6 x 50g



**\$14** ea

**SAVE \$4**

Collect 10x points\*  
Supercoat Dry Dog Food 2.6-2.8 kg



**\$12<sup>80</sup>** ea

**SAVE \$3.20**

\$1.25 per 100g  
Dine Wet Cat Food Pk 12 x 85g



**\$2** ea

**SAVE 90¢**

50¢ per 100g  
Ultimates Wet Dog Food 400g



**\$15<sup>40</sup>** ea

**SAVE \$6.60**

\$1.28 per 100g  
Vitapet Wet Dog Food Pk 12 x 100g



PRICES DROPPED for Winter

Range was ~~\$6.50~~ 28/5/24

**\$5<sup>80</sup>** ea

\$1.44 per 100g  
VIP Fussy Cat Mince 450g



From the Pet Food Chiller

Was ~~\$9~~ 28/5/24

**\$8** ea

\$1.33 per litre  
Catlux Cat Litter Light Clumping 6 Litre



\*See page 37 for details.

The fresh food people 

# Mobile

**\$59** ea

**SAVE \$40**

Optus X Sight 3<sup>†</sup>  
Features:  
- 6" display  
- 5MP camera  
- 3000mAh battery  
- Android 13 Go



**\$99** ea

**SAVE \$50**

Optus X Tap 3<sup>†</sup>  
Features:  
- 6.6" HD+ display  
- Triple AI 50MP camera  
- 5000mAh battery  
- Android U



**\$199** ea

**SAVE \$30**

Teitra Motorola G34<sup>†</sup>  
Features:  
- 6.5" HD+ display  
- Facial recognition  
- Front camera  
- 16MP sensor  
- Rear Camera  
- 50 MP sensor



**\$15** ea

**SAVE \$20**

Vodafone \$35 Starter Pack<sup>‡</sup>  
Includes:  
- 45GB for the first six recharges,  
25GB thereafter.  
- 5G enabled  
- 28-day expiry



**\$17** ea

**SAVE \$18**

Belong \$35 Voice SIM<sup>‡</sup>  
Includes:  
- Unlimited data banking  
- Month-month plan  
- Data gifting between Belong customers  
- Bonus 20GB every month for 12 months on \$35 and \$45 mobile plans



**\$150** ea

**SAVE \$100**

Vodafone \$250 SIM<sup>‡</sup>  
Includes:  
- 365-day expiry  
- 240GB data banking



**Treat yourself with double data this winter.**

**110 GB**

first 3 months\*  
**\$36** a month\*

**190 GB**

first 3 months\*  
**\$45** a month\*

**300 GB**

first 3 months\*  
**\$54** a month\*

[Find out more >](#)

T&Cs apply. \*Offer available to new SIM Only plan customers and existing customers who upgrade to a higher value SIM Only plan before 31/07/24 23:59 PM AEDT. †Offer only available to new SIM Only plan customers who link their Everyday Rewards card during sign up before 31/12/24 23:59 PM AEDT.

everyday mobile from Woolworths



WC240725/NSV42

†Optus X Sight 3 offer ends 6/8/24. Optus X Tap 3 offer ends 20/8/24. Activate within 30 days of purchase or by the date advertised on a promotion, whichever is earlier. Free \$35 Prepaid SIM. Includes \$35 SIM for activation on available \$35 plans only. New services only. Coverage varies, see optus.com.au/coverage. Devices are network locked. For unlocking fees see optus.com.au/unlock. All for use in AUS. Fair Go Policy applies. ‡Speed capping: 4G download speeds will be capped at 150Mbps on most plans. Your speed cap is the maximum potential download speed for data included in your recharge. Typical speeds will be lower and speeds may vary due to various factors like your location, device and network congestion. An unlocking fee may apply for use with a non-Teitra SIM card. Limit 1 per customer and no trades sales. SIM included. The Android Robot is reproduced or modified from work created and shared by Google and used according to terms described in the Creative Commons 3.0 Attribution License. Unlimited calls/texts exclude satellite and premium numbers (e.g., 19xx numbers), operator assisted calls (e.g., most 12xx numbers) and diverted calls. Blue Tick

# Mobile [Back](#)

ADVERTISER PROMOTION

**felix**  
Mobile plans that don't cost the earth

One tree planted for every month you're with us Carbon neutral



- No lock-in contracts
- Sign up in minutes
- BYO number

Ends 30.07.24. Limit 2 per customer, new customers only. For use in Aus. 5G available in selected areas at speeds up to 150Mbps in 25GB and 50GB plans; 20Mbps in the Unlimited data plan, using compatible devices. T-Cs apply.

**\$10** ea

**SAVE \$15**

Felix \$25 Starter Pack<sup>†</sup>  
Includes:  
- One tree planted for every month you are with us  
- Carbon neutral mobile plan  
- No lock-in contract or 28-day expiry  
- 5G & 4G compatible



**\$15** ea

**SAVE \$25**

Felix \$40 Starter Pack<sup>†</sup>  
Includes:  
- Unlimited mobile data at speeds up to 20Mbps  
- Unlimited talk & text  
- No lock-in contract or 28-day expiry  
- One tree planted for every month you are with us  
- Carbon neutral mobile plan



WC240725/NSV42

lets you know which phones are recommended for handheld coverage in rural areas. -Not for commercial or resale purposes. Available at Woolworths Supermarkets only until 30/7/24. Limit 3 per customer. Unlocking fee may apply. Voucher must be activated within 6 months of purchase to avoid expiry. While stocks last. Vodafone starter pack terms apply - see packaging. ‡For use in AUS. Unlimited calls and texts to standard landline and mobile numbers. Download speeds for included data are capped at 150Mbps on our 4G and 5G network. Limit: total of 3 Belong SIMs per customer. Bonus Data Offer: New connections only. Must sign up by 27/8/24. For use in AUS. Calls and texts to standard mobile and landline numbers. Download speeds capped at 150Mbps. 3 SIM limit per customer. †Not for commercial or resale purposes. Available at Woolworths Supermarkets only until 30/7/24. Limit 2 per customer, new customers only. For use in AUS. T&Cs apply. While stocks last. Felix starter pack terms apply - see packaging.

From our partner, BIG W

ONLY AT BIG W

Introducing the Huggies organic cotton clothing range.

**HUGGIES**  
babywear



**\$14 ea**  
Huggies Novelty Bodysuit  
Sizes 0000-1  
1660043, 1659538

ONLY AT BIG W



**HUGGIES**  
babywear

Huggies Novelty Bodysuit  
Sizes 0000-1  
1659538

**\$14**

ONLY AT BIG W



**HUGGIES**  
babywear

**\$20**  
Huggies Rib Coverall  
Sizes 0000-1  
1659833  
Also in: ○ ○

ONLY AT BIG W



**HUGGIES**  
babywear

Huggies 2-Pack Legging  
Sizes 0000-1  
1659847  
Also in: ○ ○

**\$22 pk**



Download the app or shop online to explore BIG W's full range today at [bigw.com](http://bigw.com).

Discover great value gifts, clothing, books and so much more.

Discover more >

WC240725/NSM43

Offers available Thursday 25th July to Wednesday 7th August 2024.

Back ↩

**60% OFF**

INFASECURE

InfSecure Advance Plus Iron Range (Suitable for 0-8 years)  
**\$199 SAVE \$300**  
247530



Add the adaptor for the Ultimate Travel System



Mother's Choice

**\$199 ea**  
SAVE \$100

Mother's Choice Haven II Stroller or Baby Capsule  
219293, 156701

SPECIAL

safe-n-sound



**\$249**  
SAVE \$70

Safe n Sound SafeFix II Isofix Convertible (Suitable for 0-4 years)  
616027

safe-n-sound



**\$129**  
SAVE \$20

Safe n Sound Weekender Stroller  
616028

Mother's Choice



**\$179**  
SAVE \$20

Mother's Choice Ruby Compact Stroller  
613539

BETTER THAN 1/2 PRICE

Tommy Tippee

Tommy Tippee Electric Single Breast Pump  
**\$117**  
SAVE \$122  
215761



Childcare



**\$105**  
SAVE \$14

Childcare Comfy Baby Bouncer  
672025

SPECIAL

Fisher-Price



**\$60**  
SAVE \$15

Fisher-Price Deluxe Kick & Play  
387072

ONLY AT BIG W

**30% OFF**



JJ Cole Luma Packable Carrier Leopard  
**\$34**  
SAVE \$35  
905323

Tommy Tippee Twist & Click Bin + 4 Refills  
**\$77** SAVE \$33  
494006

**30% OFF**

baby einstein



Baby Einstein Neighborhood Symphony Activity Jumper  
**\$121** SAVE \$53  
197835



Free Standard Delivery on orders over \$65

Exclusions and Terms & Conditions apply. Visit [bigw.com/delivery-pickup/delivery-offers](http://bigw.com/delivery-pickup/delivery-offers) for details.

WC240725/NSM44

Stock may vary by store. Please check your local store or online at [bigw.com.au](http://bigw.com.au) for availability.

Offers available Thursday 25th July to Wednesday 7th August 2024.

From our partner, BIG W

LOW PRICE

Dymples essentials for \$5 or less.



\$4<sup>50</sup>  
ea

Dymples Rib Tee or Legging  
Sizes 000-2  
1619068, 1619086,  
1619571, 1618620,  
1618632, 1620302



LOW PRICE



Dymples Rib Singlet  
Sizes 0000-1  
1617321  
Also In:

\$3

LOW PRICE



Dymples Printed Bodysuit  
Sizes 0000-1  
1617357

\$4

LOW PRICE



Dymples Cotton Coverall  
Sizes 0000-1  
1618356

\$5

LOW PRICE



Dymples Rib Bodysuit  
Sizes 0000-1  
1617435  
Also In:

\$3

LOW PRICE



Dymples Printed Bodysuit  
Sizes 0000-1  
1617369

\$4<sup>ea</sup>

LOW PRICE



Dymples Cotton Coverall  
Sizes 0000-1  
1618350

\$5

WC240725/NSM45

Offers available Thursday 25th July to Wednesday 7th August 2024.

Back ↩

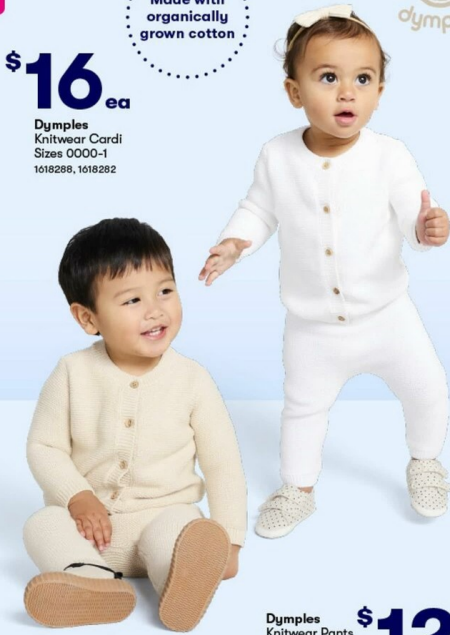
NEW

Made with organically grown cotton



\$16<sup>ea</sup>

Dymples Knitwear Cardi  
Sizes 0000-1  
1618288, 1618282



Dymples 3-Pack Tees  
Sizes 000-2  
1619268

\$12<sup>pk</sup>



\$12<sup>pk</sup>

Dymples 3-Pack Leggings  
Sizes 000-2  
1620456



Dymples 3-Pack Tees  
Sizes 000-2  
1619266

\$12<sup>pk</sup>



\$12<sup>pk</sup>

Dymples 3-Pack Leggings  
Sizes 000-2  
1618794



NEW

\$5<sup>50</sup>  
pk  
Dymples 3-Pack Rib Vest  
Sizes 0000-2  
8247251  
Also In:



\$18<sup>pk</sup>

Dymples 3-Pack Coverall  
Sizes 0000-1  
1618512

NEW

Disney Babywear range.

From \$8

BIGW

WC240725/NSM45

Offers available Thursday 25th July to Wednesday 7th August 2024.



# GO FOR GOLD WITH THESE WINNERS!

Bring it home Australia

**2 FOR \$35**

Coopers Pale Ale  
Cans | 6x375ml

**SAVE \$13**



**18 CANS \$40**

4 Pines Pacific Ale  
Cans | 18x375ml

**SAVE \$9**



**10 CANS \$60**

**SUPER SAVER**

Jim Beam Black Double Serve  
Cans | 10x375ml

**WAS \$69**  
30/04/24

**SAVE \$6**



**700ML \$46**

Grant's Scotch Whisky  
40% | 700ml

**SAVE \$6**



Back ↩

**Beer**

**2 CASES \$100**

**BUNDLES**



Great Northern Super Crisp Lager  
Bottles | 24x330ml

**CASE \$54**

**SAVE \$6**



Hahn Ultra  
Bottles | 24x330ml

**CASE \$58**

**SAVE \$2**



Better Beer Zero Carb Lager  
Cans | 24x355ml

**CASE \$83**

**SAVE \$4**



James Squire Ginger Beer  
Cans | 24x330ml

**Premix**

**2 FOR \$40**

**BUNDLES**

**SAVE \$8**



Hard Rated Alcoholic Lemon  
Cans | 4x375ml

**4 CANS \$25**

**SUPER SAVERS**

**WAS \$29**  
30/04/24



Kraken Spiced Rum & Cola  
Cans | 4x330ml

**4 CANS \$25**

**SUPER SAVERS**

**WAS \$30**  
30/04/24



Jack Daniel's Whiskey & No Sugar Cola  
Cans | 4x375ml

**10 CANS \$48**

**SAVE \$4**



Kirin Hyoketsu Lemon  
Cans | 10x330ml

**Spirits**

**700ML \$39**

**SAVE \$6**



Baileys Irish Cream  
700ml

**750ML \$59**

**SAVE \$11**



Cazadores Blanco Tequila  
750ml

**700ML \$65**

**SAVE \$12**



Roku Japanese Gin  
700ml

**1 LITRE \$96**

**SAVE \$9**



Grey Goose Vodka  
1 Litre

**Wine**

**750ML \$11**

**SUPER SAVERS**

**WAS \$18**  
30/04/24



Cow Bombie WA Cabernet Merlot  
750ml

**750ML \$10**

**LOW PRICES EVERYDAY**



Silver Moki Sauvignon Blanc  
750ml

**1 LITRE \$10**

**SAVE \$4**



Bailly & Bailly Adventure Prosecco  
1 Litre

**750ML \$22**

**SAVE \$10**



Chris Ringland CR Shiraz  
750ml

**Beer**

**6 PACK \$17**

**SAVE \$3**



Beck's Lager  
Bottles | 6x330ml

**6 CANS \$21**



Mountain GOAT Tasty Pale Ale  
Cans | 6x375ml

**Spirits**

**750ML \$55**

**SUPER SAVERS**

**WAS \$57**  
30/04/24



Ole Smoky Mango Habanero Liqueur  
750ml

**750ML \$55**

**SUPER SAVERS**

**WAS \$57**  
30/04/24



Ole Smoky Peach Liqueur  
750ml

WICAD0725NSWHP01

To see full terms and conditions, visit: [bws.com.au](http://bws.com.au)

Available in NSW from Wednesday 24 July until Tuesday 30 July 2024 unless sold out prior. Specials may not be available in all stores including Broken Hill.

Choose to Drink Wise.



**BWS App**  
Download the app and shop now!

**Pick up**  
Shop Online at [bws.com.au](http://bws.com.au)  
Collect in store.

**Delivery**  
Drinks delivered in 1 hour.<sup>A</sup>

**Boost Shop. Enjoy with Everyday Rewards at BWS.**





Back ←

Beer

2 CASES  
**\$100**



**BUNDLES**

Great Northern Super Crisp Lager  
Bottles | 24x330ml

CASE  
**\$54**



SAVE \$6

Hahn Ultra  
Bottles | 24x330ml

CASE  
**\$58**



SAVE \$2

Better Beer  
Zero Carb Lager  
Cans | 24x355ml

CASE  
**\$83**



SAVE \$4

James Squire  
Ginger Beer  
Cans | 24x330ml

Premix

2 FOR  
**\$40**



SAVE \$8

**BUNDLES**

Hard Rated  
Cans | 4x375ml

4 CANS  
**\$25**



WAS \$29  
30/03/24

**SAVERS**

Kraken  
Spiced Rum & Cola  
Cans | 4x330ml

4 CANS  
**\$25**



WAS \$30  
30/04/24

**SAVERS**

Jack Daniel's  
Whiskey & No Sugar Cola  
Cans | 4x375ml

10 CANS  
**\$48**



SAVE \$4

Kirin Hyoketsu  
Lemon  
Cans | 10x330ml

Spirits

700ML  
**\$39**



SAVE \$6

Baileys  
Irish Cream  
700ml

750ML  
**\$59**



SAVE \$11

Cazadores  
Blanco Tequila  
750ml

700ML  
**\$65**



SAVE \$12

Roku  
Japanese Gin  
700ml

1 LITRE  
**\$96**



SAVE \$9

Grey Goose  
Vodka  
1 Litre

WIC240725/NS/W/HP/PT

Choose to  
**Drink Wise.**



**BWS App**  
Download the app  
and shop now!

**Pick up**  
Shop Online at [bws.com.au](http://bws.com.au)  
Collect in store.

**Delivery**  
Drinks delivered  
in 1 hour<sup>A</sup>

**Boost. Shop. Enjoy.**  
with Everyday Rewards  
at BWS.

